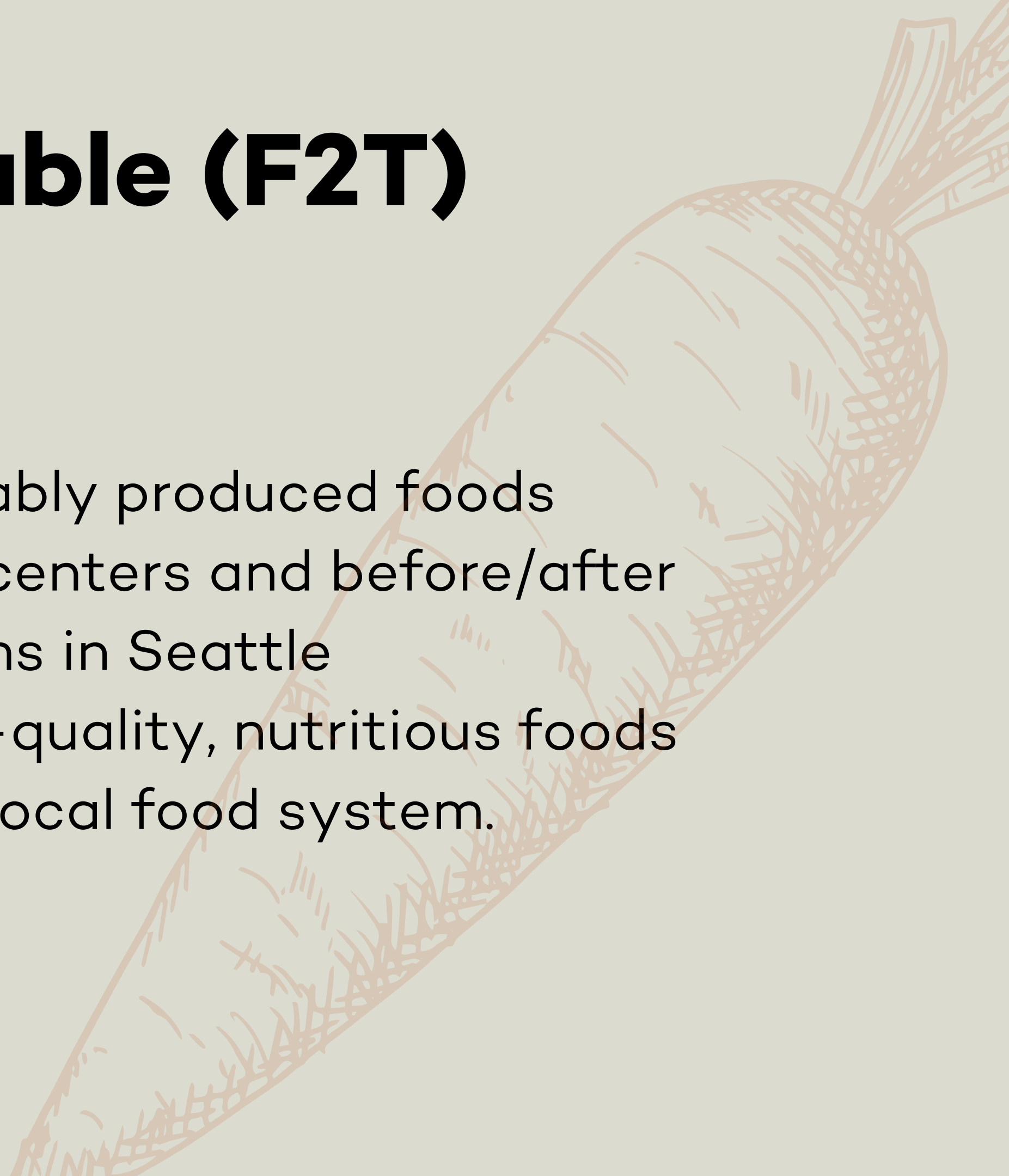




# farm to TABLE

# Farm to Table (F2T)

Provides local, sustainably produced foods to participating childcare centers and before/after school programs in Seattle to increase access to high-quality, nutritious foods and strengthen our local food system.



# F2T Team

To support this work,  
F2T's team offers nutrition and gardening  
education, staff training, and technical  
assistance through a collaborative  
partnership of organizations.



**FARMSTAND  
LOCAL FOODS**

**NOURISHIAN  
FOR LIFE**



# Program Logistics



# How it works



# Program Elements

- Food Procurement
- Education
- Staff Training

# Our History

- Launched in 2010 with a federal grant in response to a childcare site cook asking for resources to get locally produced food
- Began with 8 pilot sites
- Funded through a patchwork of private and public support between 2010 - 2018
- Funded by SBT beginning in 2018



# F2T Goals

- Increase access to fresh local produce
- Support the local farm economy and build connections between farmers and consumers
- Improve the health of children and families



# Core Values

Access to quality food

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Honor for the land

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Community connection

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Respect for culture & tradition

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Health equity

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Enjoyment & celebration of food

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Appreciation for farm workers

Resilient & regenerative practices



# F2T Reach

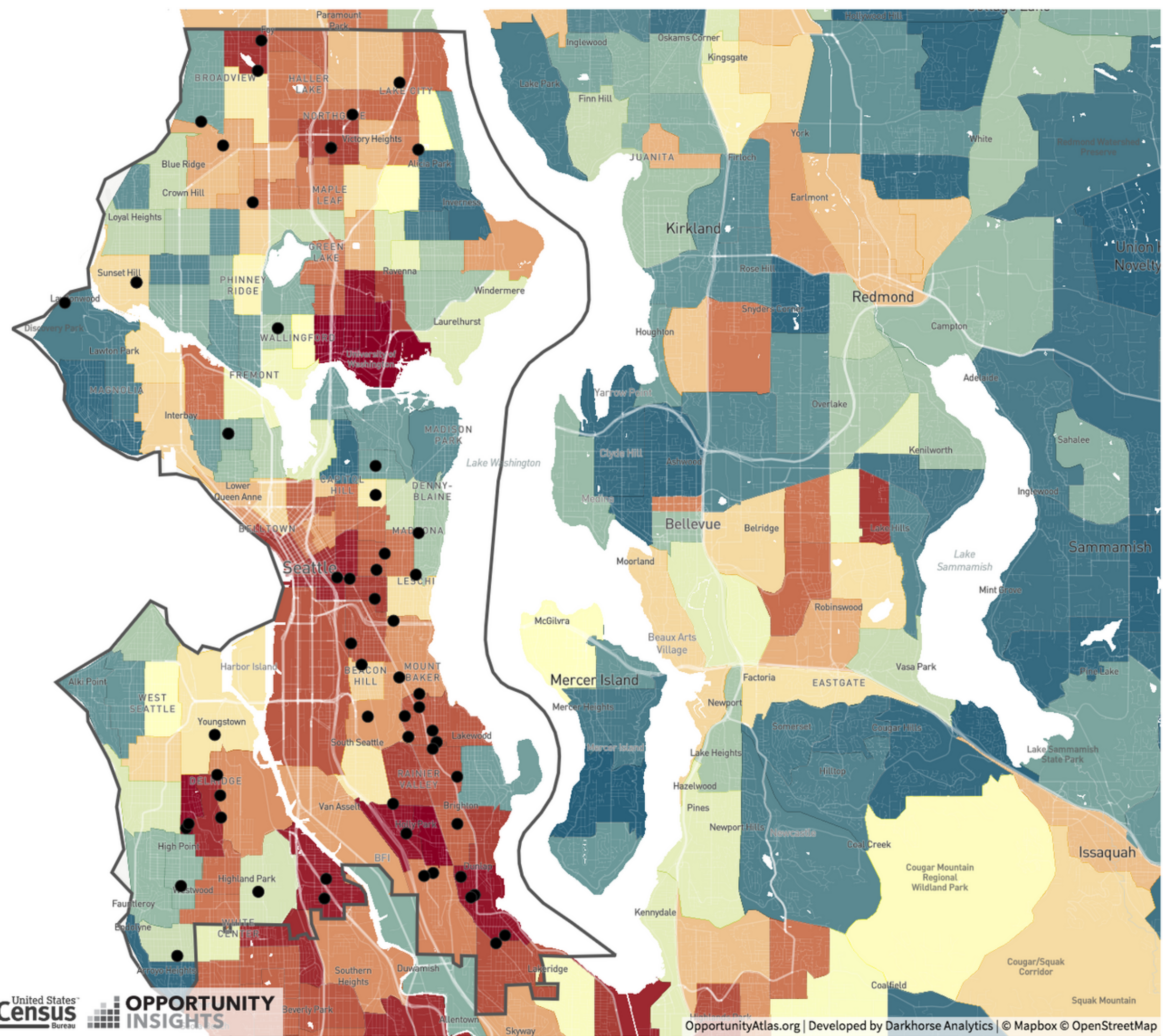
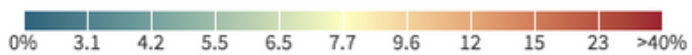


# Participants in 2020

- 64 childcare and before/after school sites
  - 3,400 students served
- \$100,000 into local farm economy
- 60+ farms in Washington state
  - 14 farmers of Color
  - 26 women led farms



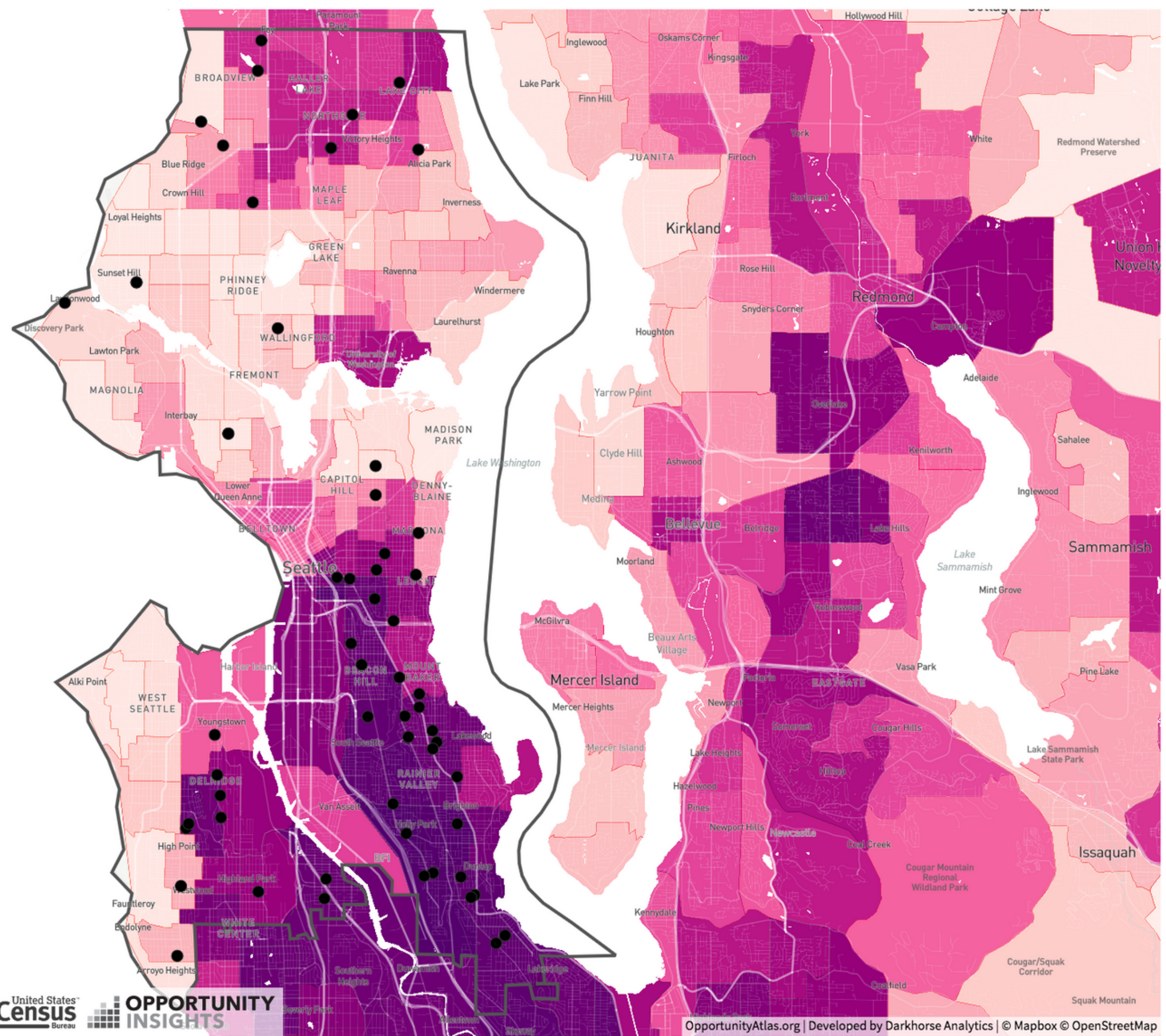
# Poverty Rate in 2012-16



# Priority Communities

- Families with low incomes

Fraction Non-White in 2010



# Priority Communities

- Communities of Color

# Benefits



# Race and Social Justice Impacts



- Improving access to quality food in childcare settings
- Supporting local farmers and local economy
- Educating children about the food system through nutrition, gardening, and cooking lessons based in STEM

# Alignment with CAB Priorities

- Improved food in childcare
- Increases access to local fruits/veg and meat products
- Reaches priority populations
- Brings together the food access and early education priorities



# Crisis Response

- Pivoting food procurement to be more flexible for childcare sites to support kids and families
- Adapting our nutrition education to virtual classes, staff trainings, and education kits
- Maintaining sales for farmers when markets and restaurants are closing
- Balancing prevention and intervention





# Participant Identified Benefits

- Opportunities to try new foods
- Share food cultures
- Connecting farmers with families and staff
- Improved child behavior



# Long-Term Benefits

- Teach life skills to impact long-term habits and lifestyles
- Improve diet-related health outcomes for children—decrease diabetes and heart disease
- Develop a more environmentally sustainable, economically viable and community-driven local food system

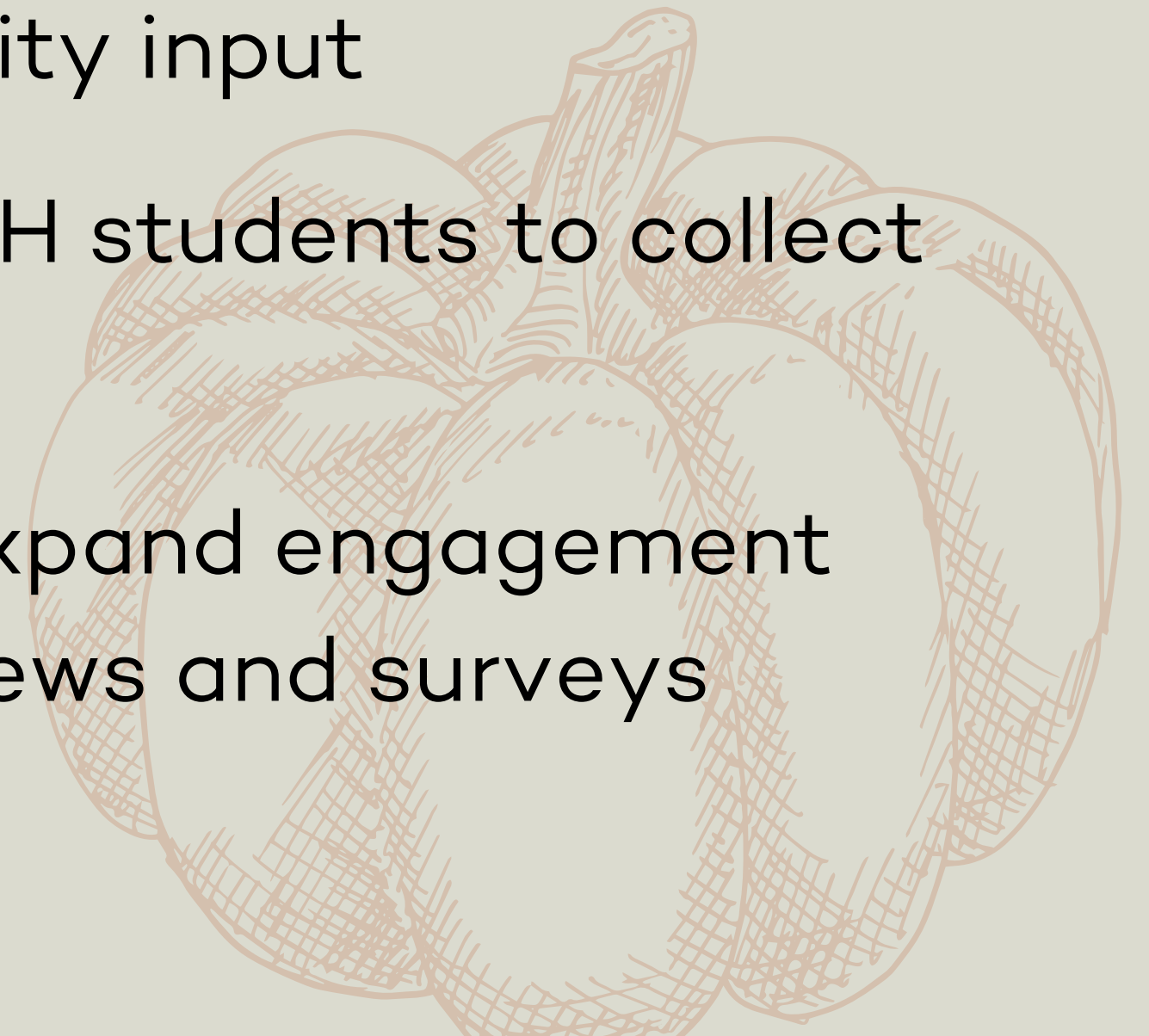


# What's Ahead



# Community Redesign Process

- Driven by a commitment to social justice and racial equity from the City of Seattle and F2T partners
- Realign the program design with community input
- Phase I - Partnered with UW Nutrition MPH students to collect feedback from participants
- Phase II - Partnering with consultant to expand engagement through stakeholder focus groups, interviews and surveys



# Looking Ahead

- Connect with complementary programs to enhance local food system
- Harvest Festival – Fall 2021
- Increase staff capacity for F2T educators to deepen relationships with sites
- 2022 RFP for F2T contracts to extend to be more inclusive of BIPOC educators



# Questions

