WALK AND RIDE SAFE!
Walking and biking are fun, healthful, and sustainable ways to get to and from school.

HOW TO FIND THE SAFEST ROUTE FROM YOUR HOME TO SCHOOL

- Pick streets where there are sidewalks or paths separated from traffic, when possible.
- When you can, choose neighborhood streets instead of busy main streets.
- When biking, use trails, neighborhood streets, and protected bike lanes.
- Cross busy streets where there are traffic signals, stop signs, crossing beacons, school crosswalks, or crossing guards.

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**WALKING SAFETY TIPS**

- Pay attention. Don’t be distracted by your cell phone or headphones.
- If there’s no sidewalk, walk on the left side of the street, as far from traffic as possible.
- Look left, right, and left again at all intersections.
- Make eye contact with people driving before crossing.
- Walk, don’t run across the street.
- Follow the instructions of crossing guards and school patrol.

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**BIKING SAFETY TIPS**

- Gear up. Always wear a helmet and use bike lights.
- Pay attention. Don’t be distracted by your cell phone or headphones.
- Ride predictably and use hand signals when stopping and turning.
- Ride in the same direction as traffic when on the street.
- Walk your bike across busy streets.
- Obey all stop signs and red lights.
- If riding on a sidewalk, ride slowly and yield to people walking.
- Look left, right, and left again at all intersections.

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**DRIVING SAFETY TIPS**

- Slow down; 20 MPH is plenty.
- Pay attention and watch for other children and families.
- Stop for pedestrians (all intersections are legal crossings).

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Seattle Department of Transportation