**WALK AND RIDE SAFE!**

Walking and biking are fun, healthful, and sustainable ways to get to and from school.

**HOW TO FIND THE SAFEST ROUTE FROM YOUR HOME TO SCHOOL**

- Pick streets where there are sidewalks or paths separated from traffic, when possible.
- When you can, choose neighborhood streets instead of busy main streets.
- When biking, use trails, neighborhood streets, and protected bike lanes.
- Cross busy streets where there are traffic signals, stop signs, crossing beacons, school crosswalks, or crossing guards.

### WALKING SAFETY TIPS

- **Pay attention.** Don’t be distracted by your cell phone or headphones.
- **If there’s no sidewalk,** walk on the left side of the street, as far from traffic as possible.
- **Look left, right, and left again at all intersections.**
- **Make eye contact with people driving before crossing.**
- **Walk, don’t run across the street.**
- **Follow the instructions of crossing guards and school patrol.**

### BIKING SAFETY TIPS

- **Gear up.** Always wear a helmet and use bike lights.
- **Pay attention.** Don’t be distracted by your cell phone or headphones.
- **Ride predictably and use hand signals when stopping and turning.**
- **Ride in the same direction as traffic when on the street.**
- **Walk your bike across busy streets.**
- **Obey all stop signs and red lights.**

### DRIVING SAFETY TIPS

- **Slow down; 20 MPH is plenty.**
- **Pay attention and watch for other children and families.**
- **Stop for pedestrians (all intersections are legal crossings).**

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**Seattle Department of Transportation**