

2023 League Information Sheet

Registration for new teams: Your team can be placed on a league's waiting list at any time by contacting Jayson Powell - adult sports program coordinator at 206-684-7092 or email at jayson.powell@seattle.gov. We will begin adding new teams to leagues on **Monday, March 3, 2023 (New teams can be added before this date if an opening is available.)**. Any league openings after returning team registration will be filled from the league waiting list. Teams will be placed on this list, in order of when the team's captain called or emailed Adult Sports.

Fields, league's start, end, and playoff dates are approximate and may change when schedules are finalized

North - Spring/Summer Leagues (Updated 1/31/2023)

#	League	2023 Team Fee	League Activity #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Game Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
1	Ballard Coed*	\$1,225.00		April 3, 2023	8	9 plus playoffs	Ballard 1 and 2	Wednesday	6:15 p.m. to 8:45 p.m.	May 17, 2023	TBA	TBA	July 19, 2023	
2	Green Lake/ Interbay Men's	\$1,325.00		April 3, 2023	12	11 plus playoffs	Interbay AC 2 Bitter Lake 1 Green Lake 1 and 2	Thursday Friday	6:15 p.m. to 10:30 p.m.	June 2, 2023	TBA	TBA	Aug 4, 2023	
3	Green Lake Men's Masters (40+ League)	\$1,225.00		April 3, 2023	8	9 plus playoffs	Green Lake 1 and 2	Monday	6:15 p.m. to 9:00 p.m.	May 1, 2023	TBA	TBA	Jul 17, 2023	
4	Green Lake Men's Thursday	\$1,225.00		April 3, 2023	8	9 plus playoffs	Green Lake 1 and 2	Thursday	6:15 p.m. to 9:00 p.m.	May 4, 2023	TBA	TBA	Jul 20, 2023	
5	Green Lake Men's Tuesday	\$1,225.00		April 3, 2023	8	9 plus playoffs	Green Lake 1 and 2	Tuesday	6:15 p.m. to 9:00 p.m.	May 2, 2023	TBA	TBA	Jul 11, 2023	
6	Lower Woodland Metro Women's	\$1,150.00		April 3, 2023	8	9 plus playoffs	L Woodland 3 and 6	Tuesday Thursday	6:15 p.m. to 10:15 p.m.	June 1, 2023	TBA	TBA	Jul 27, 2023	
7	Loyal Heights Coed Sunday	\$1,325.00		April 3, 2023	8	9 plus playoffs	Loyal Heights 1 and 2	Sunday	1:00 p.m. to 4:30 p.m.	May 21, 2023	TBA	TBA	Jul 16, 2023	
8	Cascade (Loyal Heights) Coed Weeknight	\$1,250.00		April 3, 2023	12	9 plus playoffs	L Woodland 3 and 6 Green Lake 1 and 2	T/W/TH	6:15 p.m. to 10:15 p.m.	May 31, 2023	TBA	TBA	Jul 27, 2023	
9	Magnolia Men's Div. I (Upper division)	\$1,325.00		April 3, 2023	8	10 Plus double elimination playoffs	Magnolia 3 and 4	Tuesday Thursday	6:15 p.m. to 9:00 p.m.	June 6, 2023	TBA	TBA	Aug 1, 2023	
10	Magnolia Men's Div. II (Mid division)	\$1,325.00		April 3, 2023	10	11 plus playoffs	Magnolia 3 and 4 Interbay AC 2	Monday Wednesday	6:15 p.m. to 9:00 p.m.	June 5, 2023	TBA	TBA	Aug 2, 2023	

North Spring/Summer Leagues Cont.

#	League	2023 Team Fee	League Activity #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Game Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
11	Montlake/View Ridge Men's Combined League	\$1275.00		April 3, 2023	10	9 Plus double elimination playoffs	Montlake 1 View Ridge 1 and 2	M/T/W/TH	6:15 p.m. to 9:00 p.m.	May 30, 2023	TBA	TBA	July 26, 2023	
12	Queen Anne Coed Tuesday	\$1,250.00		April 3, 2023	8	9 plus playoffs	Queen Anne 1 and 2	Tuesday	6:00 p.m. to 10:00 p.m.	May 31, 2023	TBA	TBA	Jul 26, 2023	
13	Queen Anne Coed Wednesday	\$1,250.00		April 3, 2023	8	9 plus playoffs	Queen Anne 1 and 2	Wednesday	6:00 p.m. to 10:00 p.m.	May 31, 2023	TBA	TBA	Jul 26, 2023	
14	View Ridge Coed	\$1,100.00		April 3, 2023	8	8 plus playoffs	View Ridge 1 and 2	Thursday	6:15 p.m. to 9:00 p.m.	June 1, 2023	TBA	TBA	Jul 20, 2023	

South/Central Spring/Summer Leagues

#	League	2023 Team Fee	League Activity #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Game Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
15	Delridge Coed	\$1,300.00		April 3, 2023	8	9 plus playoffs	Delridge 1 and 2	Thursday	6:15 p.m. to 9:00 p.m.	May 18, 2023	TBA	TBA	Jul 13, 2023	
16	Metro Men's Div. I and II Combined	\$1,150.00		April 3, 2023	16	9 plus playoffs	Riverview 1,2,3 and 4	Monday Thursday	6:15 p.m. to 9:00 p.m.	May 11, 2023	TBA	TBA	July 13, 2023	
17	Miller Coed*	\$1,300.00		April 3, 2023	8	9 plus playoffs	Miller 1 and 2	Tuesday	6:15 p.m. to 9:00 p.m.	May 16, 2023	TBA	TBA	Jul 18, 2023	
18	West Seattle Metro Coed	\$1,150.00		April 3, 2023	8	9 plus playoffs	Riverview 1,2,3 and 4	Thursday Tuesday	6:15 p.m. to 9:00 p.m.	May 9, 2023	TBA	TBA	July 11, 2023	

Fall Leagues - League registration opens in June.

Fields, league's start, end, and playoff dates are approximate and may change when schedules are finalized

#	League	2023 Team Fee	League Barcode #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
1	Summer/Fall Coed Friday Lower Woodland*	\$1,225.00		TBA	6	8 including playoffs	L Woodland 3 and 6	Friday	6:15 p.m. to 10:15 p.m.	Early August	TBA	TBA	Early October	
2	Rainier Coed Wednesday	\$1,225.00		TBA	6	8 including playoffs	Rainier Playfield	Wednesday	6:15 p.m. to 10:15 p.m.	Early August	TBA	TBA	Early October	
3	Summer/Fall Coed Tuesday Lower Woodland*	\$1,225.00		TBA	6	8 including playoffs	L Woodland 3 and 6	Tuesday	6:15 p.m. to 10:15 p.m.	Early August	TBA	TBA	Early October	
4	Fall Men's Metro (SW)	\$1100.00		TBA	6	8 including playoffs	Southwest Athletic Complex	Monday Tuesday Wednesday	8:00 p.m. to 10:30 p.m.	September	TBA	TBA	October	

***NOTE: The following leagues have a male batting restriction.** The reason for the rule is, the outfields in these leagues are shallow and back up to each other. For safety reasons we have a batting restriction for male batters, as their balls are likely to travel a bit further.

Ballard Coed Rules:

- Male Batting Rule/Restriction: Yes - Men must bat with a shorter *aluminum* bat (maximum 28" in length and 32 oz. in weight). This bat does not need to be ASA approved but cannot be a wooden bat. Aluminum only

Miller Coed Rules

- Male Batting Rule/Restriction: Yes - Men have the option of batting off-handed (weak side) using any size softball approved bat or batting strong handed with a shorter bat (maximum 30" in length/32 oz. in weight) *

Queen Anne Coed Rules:

- Male Batting Rule/Restriction: Yes - Men have the option of batting off-handed (weak side) using any size softball approved bat or batting strong handed with a shorter bat (maximum 30" in length/32 oz. in weight). This bat does not need to be ASA approved but cannot be a wooden bat. Aluminum only.

Summer/Fall Metro (Lower Woodland) Coed Rules:

- Male Batting Rule/Restriction: Yes - Men have the option to bat off-handed with any size softball approved bat, or bat strong-handed with a shorter bat (maximum 28" in length and 32 oz. in weight) or any regulation sized wooden bat*

*Restricted bats in length and/or weight do not have to be ASA approved. They can be little league baseball bats, but their dimensions must be clearly marked for the umpire and other team to verify.