

Fall 2026 Weekly Programming at
Southwest Teen Life Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2:30 PM – 8:00 PM	2:30 PM – 8:00 PM	1:30 PM – 8:00 PM	2:30 PM – 8:00 PM	3:30 PM – 12:00 AM	5:00 PM – 12:00 AM
Open Gym 2:30 PM – 8:00 PM	Open Gym (Half Court) 2:30 PM – 8:00 PM	Open Gym 1:30 PM – 4:30 PM	Open Gym (Half Court) 2:30 PM – 8:00 PM	Open Gym 3:30 PM – 12:00 AM	Open Gym 5:00 PM – 12:00 AM
Game Room 2:30 PM – 8:00 PM	Game Room 2:30 PM – 8:00 PM	Game Room 2:30 PM – 8:00 PM	Game Room 2:30 PM – 8:00 PM	Game Room 3:30 PM – 12:00 AM	Game Room 5:00 PM – 12:00 AM
	On-Site Counseling (Intake) 4:00 PM – 6:00 PM	Stretch & Strength Yoga 3:30 PM – 5:30 PM	On-Site Counseling 3:00 PM – 7:00 PM	Stretch & Strength Yoga 6:00 PM – 8:00 PM	Late Night 5:00 PM – 12:00 AM
	Basketball Skills & Drills 4:00 PM – 6:00 PM	Teen Wellness & Empowerment Group 4:00 PM – 6:00 PM	Basketball Skills & Drills 4:00 PM – 6:00 PM	Late Night 7:00 PM – 12:00 AM	
	Healing Through Arts 4:00 PM – 6:00 PM	On-Site Counseling 4:30 PM – 7:30 PM	Cooking Class 4:30 PM – 7:00 PM		
	Jewelry Making 5:00 PM – 7:00 PM	Study Hall 5:00 PM – 6:00 PM	Lyricist Lounge 6:00 PM – 8:00 PM		
		Young Kings in the Making 5:00 PM – 7:00 PM			

Facility Closures:

September 7th - Labor Day
September 24th - Recreation Staff In-Service Day
October 12th - Indigenous Peoples' Day
November 11th - Veterans Day
November 26th - Thanksgiving Day
November 27th - Day After Thanksgiving
December 10th - Recreation Staff In-Service Day
December 25th - Christmas Day

*Drop-in programs are subject to change with little to no notice.
Please call ahead to ensure your favorite programs are taking place.*

The Late Night program is open for teens ages 13-19.