Fall 2026 Weekly Programming at

Meadowbrook Teen Life Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:30 PM – 8:00 PM	3:30 PM – 8:00 PM	2:30 PM – 8:00 PM	3:30 PM – 8:00 PM	3:30 PM – 12:00 AM	5:00 PM – 12:00 AM
Open Gym 3:45 PM – 8:00 PM	**Open Gym** 3:45 PM – 8:00 PM	**Open Gym** 3:45 PM – 8:00 PM	**Open Gym** 3:45 PM – 8:00 PM	**Open Gym** 3:45 PM – 6:00 PM	**Open Gym** 5:30 PM – 12:00 AM
Game Room 3:45 PM – 8:00 PM	**Game Room** 3:45 PM – 8:00 PM	**Game Room** 3:45 PM – 8:00 PM	**Game Room** 3:45 PM – 8:00 PM	**Game Room** 3:45 PM – 6:00 PM	**Game Room** 5:30 PM – 12:00 AM
Homework Support 3:40 PM – 5:00 PM	**Homework Support** 3:40 PM – 5:00 PM	**Homework Support** 2:40 PM – 5:00 PM	**Homework Support** 3:40 PM – 5:00 PM	**Real Talk Program** 5:00 PM – 7:00 PM	**Late Night** 5:00 PM – 12:00 AM
Film Noir 4:00 PM – 6:00 PM	**Inside Out: Art, Identity & Becoming** Time TBD	**The Nest: Birds & Balance** 3:00 PM – 5:00 PM	**Bloom: Young Ladies Group** 4:00 PM – 6:00 PM	**Game Night** 6:00 PM – 8:00 PM	**Cooking from Scratch** 5:00 PM – 8:00 PM
			Young Men's Group 4:00 PM – 6:00 PM	**TC Studio** 6:00 PM – 8:00 PM Or by appointment	**Jewelry Making** Time TBD
			Game Night 6:00 PM – 8:00 PM	**Hoop League 3-on-3** 6:00 PM – 10:30 PM	
				Late Night 7:00 PM – 12:00 AM	

Facility Closures:

September 7th - Labor Day
September 24th - Recreation Staff In-Service Day
October 12th - Indigenous Peoples' Day
November 11th - Veterans Day
November 26th - Thanksgiving Day
November 27th - Day After Thanksgiving
December 10th - Recreation Staff In-Service Day
December 25th - Christmas Day

Drop-in programs are subject to change with little to no notice.
Please call ahead to ensure your favorite programs are taking place.

The Late Night program is open for teens ages 13-19.

Times and days for Nation of Poets Snowboarding are still being determined.