

Fall 2026 Weekly Programming at
Meadowbrook Teen Life Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:30 PM – 8:00 PM	3:30 PM – 8:00 PM	2:30 PM – 8:00 PM	3:30 PM – 8:00 PM	3:30 PM – 12:00 AM	5:00 PM – 12:00 AM
Open Gym 3:45 PM – 8:00 PM	Open Gym 3:45 PM – 8:00 PM	Open Gym 3:45 PM – 8:00 PM	Open Gym 3:45 PM – 8:00 PM	Open Gym 3:45 PM – 6:00 PM	Open Gym 5:30 PM – 12:00 AM
Game Room 3:45 PM – 8:00 PM	Game Room 3:45 PM – 8:00 PM	Game Room 3:45 PM – 8:00 PM	Game Room 3:45 PM – 8:00 PM	Game Room 3:45 PM – 6:00 PM	Game Room 5:30 PM – 12:00 AM
Homework Support 3:40 PM – 5:00 PM	Homework Support 3:40 PM – 5:00 PM	Homework Support 2:40 PM – 5:00 PM	Homework Support 3:40 PM – 5:00 PM	Real Talk Program 5:00 PM – 7:00 PM	Late Night 5:00 PM – 12:00 AM
Film Noir 4:00 PM – 6:00 PM	Inside Out: Art, Identity & Becoming Time TBD	The Nest: Birds & Balance 3:00 PM – 5:00 PM	Bloom: Young Ladies Group 4:00 PM – 6:00 PM	Game Night 6:00 PM – 8:00 PM	Cooking from Scratch 5:00 PM – 8:00 PM
			Young Men's Group 4:00 PM – 6:00 PM	TC Studio 6:00 PM – 8:00 PM Or by appointment	Jewelry Making Time TBD
			Game Night 6:00 PM – 8:00 PM	Hoop League 3-on-3 6:00 PM – 10:30 PM	
				Late Night 7:00 PM – 12:00 AM	

Facility Closures:

September 7th - Labor Day
September 24th - Recreation Staff In-Service Day
October 12th - Indigenous Peoples' Day
November 11th - Veterans Day
November 26th - Thanksgiving Day
November 27th - Day After Thanksgiving
December 10th - Recreation Staff In-Service Day
December 25th - Christmas Day

*Drop-in programs are subject to change with little to no notice.
Please call ahead to ensure your favorite programs are taking place.*

The Late Night program is open for teens ages 13-19.

Times and days for Nation of Poets Snowboarding are still being determined.