

Summer 2026 Weekly Programming at
Meadowbrook Teen Life Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00 PM – 8:00 PM	12:00 PM – 8:00 PM	12:00 PM – 8:00 PM	12:00 PM – 8:00 PM	3:00 PM – 12:00 AM	5:00 PM – 12:00 AM
Open Gym 12:00 PM – 8:00 PM	Open Gym 12:00 PM – 8:00 PM	Open Gym 12:00 PM – 8:00 PM	Open Gym 12:00 PM – 8:00 PM	Open Gym 3:00 PM – 12:00 AM	Open Gym 5:00 PM – 12:00 AM
Game Room 12:00 PM – 8:00 PM	Game Room 12:00 PM – 8:00 PM	Game Room 12:00 PM – 8:00 PM	Game Room 12:00 PM – 8:00 PM	Game Room 3:00 PM – 12:00 AM	Game Room 5:00 PM – 12:00 AM
Summer of Safety 1:00 PM – 8:00 PM	Summer of Safety 1:00 PM – 8:00 PM	Summer of Safety 1:00 PM – 8:00 PM	Summer of Safety 1:00 PM – 8:00 PM	Arts & Crafts 4:00 PM – 5:30 PM	Arts & Crafts 6:00 PM – 7:30 PM
Drills & Skills / Basketball Conditioning 1:00 PM – 3:00 PM	Arts & Crafts 1:00 PM – 3:00 PM	Swimming at Meadowbrook Pool *** 1:30 PM – 3:00 PM	Field Trips / Beach Trips 1:00 PM – 6:00 PM	Open Studio Sessions 5:00 PM – 7:30 PM	Tennis at Meadowbrook Tennis Court 6:00 PM – 8:00 PM
Wellness Check-In 2:00 PM – 4:00 PM	Field & Court Sports 1:00 PM – 3:00 PM	Jewelry Making 1:00 PM – 3:00 PM	Table & Field Games 4:00 PM – 6:00 PM	5-on-5 Basketball at Rainier CC *** 6:30 PM – 10:30 PM	Karaoke 8:30 PM – 10:00 PM
	Table/Board Games 2:00 PM – 4:00 PM	Studio Sessions Sign-Ups 6:00 PM – 8:00 PM	Tennis at Meadowbrook Tennis Court 6:00 PM – 8:00 PM	Tennis at Meadowbrook Tennis Court 8:30 PM – 10:00 PM	Late Night 7:00 PM – 12:00 AM
	Bird & Balance 4:00 PM – 6:00 PM		Game Night 6:00 PM – 8:00 PM	Late Night 7:00 PM – 12:00 AM	

Facility Closures:

June 19th - Juneteenth Day

July 4th - Independence Day

August 1st – August 9th for Floor Closures

* Drop-in programs are subject to change with little to no notice.

Please call ahead to ensure your favorite programs are taking place.

** The Late Night program is open for teens ages 13-19.

*** This program requires an E-13 Form.