SPECIALIZED PROGRAMS ADULT SUMMER 2024

End of Summer BBQ on page 14







www.seattle.gov/parks

GENERAL INFORMATION

WHERE TO FIND US

Specialized Programs

Magnuson Building 30, 6310 NE 74th St. Seattle, WA 98115 206-684-4950 www.seattle.gov/parks/find/specialized-programs

PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent Brian Judd, Interim Recreation Division Director Kyle Bywater, OOC Manager

RECREATION STAFF

TBD, Recreation Program Coordinator Savannah Seiple, Adult Sr. Recreation Specialist Maiya Buettner-Johansen, Recreation Leader Hanna O'Donnell, Recreation Attendant

INCLEMENT WEATHER POLICY

We will cancel outdoor programs if continuous rain or thunderstorms are in the forecast, or if it is predicted to be above 90 degrees during program hours, or if the Air Quality Index (AQI) is predicted to be "Harmful for Sensitive Groups." For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.



GENERAL INFORMATION

NOTICES

- Please refer to the "Keep me home..." information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- Please only bring food to programs when asked to bring a sack lunch.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in-person programs since 2022, the PIF we have on file is still good. If there are updates staff should be aware of, please submit a new PIF. If you don't have a PIF on file, we can mail one to you or you can find it online here: http://www. seattle.gov/parks/find/specialized-programs

REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90%.

PAYMENT

Please make checks payable to "City of Seattle". Mail to: Specialized Programs, Magnuson Building 30, 6310 NE 74th St., Seattle WA 98115. Due Friday, June 14.



REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event or program that is cancelled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the class fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

PERSONS WITH DISABILITIES

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).



PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- · Head lice or nits: until no lice or nits are present
- · Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.

COVID-19 SYMPTOMS

- A cough
- · Shortness of breath or difficulty breathing
- A fever of 100.4 or higher or a sense of having fever
- A sore throat
- Chills
- · New loss of taste or smell
- · Muscle or body ache
- Nausea/vomiting/diarrhea
- Congestion/running nose not related to seasonal allergies
- Unusual fatigue
- If you have tested positive for Covid-19 in the past 5 days, please contact Specialized Programs staff before returning to program.



SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing the form, please call Kyle Bywater at 206-684-7548.

REGISTRATION INFORMATION

► ADULTS: Participants are limited to one program per location. Registration starts at 9 a.m. on the dates listed below by calling the Specialized Programs Office, 206-684-4950. When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50-90%.

ADULTS (Ages 21 and up)

Sunshine Social	Monday, June 3 - 9 a.m.	Can sign up for 1 of the 4 sessions.
Active Summer Club or Magnuson Movement Club	Tuesday, June 4 - 9 a.m.	Can sign up for one or the other, not both.
Golf	Tuesday, June 4 - 9 a.m.	
Summer Day Trips	Wednesday, June 5	Can sign up for 2 out of the 5 outings and can be on the waitlist for the others.
Allcomers Night Entertainment	Wednesday, June 5	Sign up for 1 date and waitlist for the other 2
Saturday at Camp Long	Friday, June 7 - 9 a.m.	Please give shirt size at registration

PAYMENT INFORMATION:

Payments due by **Friday, June 14** Payments for classes can be made by credit card OR check. Please made check payable to: **City of Seattle**

MAIL CHECKS TO:

SPECIALIZED PROGRAMS Magnuson Building 30 6310 NE 74th St Seattle WA 98115



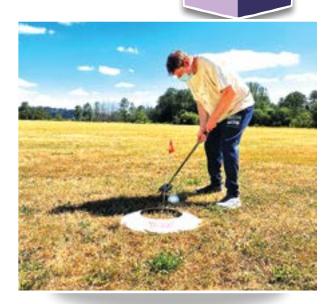
MAGNUSON MOVEMENT CLUB

LETS GET MOVING!

This weekly program takes place outside at beautiful Magnuson Park. We will all get our bodies moving by going on walks, playing games, and enjoying nature. Each session will start with group stretches and active movement and end with enjoying lunch at the shelter.

Bring: Sack lunch to this program, a water bottle, and dress for the weather.

Registration: Refer to page 5 for registration information.



ADULT

Ages 21 and Up

Dates	Times	Locations	Cost
Mondays June 17 - August 19	11 a.m 1:30 p.m.	Magnuson Park Shelter #3 7400 Sandpoint Way NE Seattle, 98115	▶\$10
Access Drop-Off Time		Access Pick-Up Window*	
Drop-Off Appointment Time: 11:15 a.m.		Pick-Up Window: 1:15 - 1:45 p.m.	





SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

Dates	Times	Locations	Cost
Tuesdays, June 18 - August 20	Session 1: 10 a.m noon OR Session 2: 1:30 - 3:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	►\$35 per session
Dates	Times	Locations	Cost
Fridays, June 21 - August 23	Session 1: 10 a.m noon OR Session 2: 1:30 - 3:30 p.m.	Van Asselt CC 2820 S Myrtle St. Seattle, 98108	►\$35 per session
Access Drop-Off Time		Access Pick-Up Window	
Session 1: Drop-Off Appointment Time: 10:15 a.m.		Pick-Up Window: 11:45 a.m 12:15 p.m.	
Session 2: Drop-Off Appointment Time: 1:45 p.m.		Pick-Up Window: 3:15 - 3:45 p.m.	







ACTIVE SUMMER CLUB

This weekly program takes place outside! Each session starts with group stretches followed by new activities such as disc golf, lawn games, and themed nature walks. Bring a water bottle and dress for the weather.

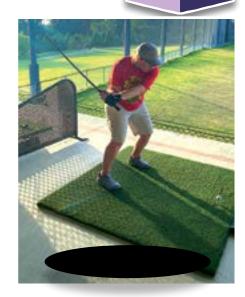
Dates	Times	Locations	Cost
Wednesdays, June 26 - August 21 No program June 19	Session 1: 10 a.m 12 p.m. OR Session 2: 1:30 - 3:30 p.m.	Seward Park, Audubon Center 5902 Lake Washington Blvd. S Seattle, 98118	▶\$10
Access Drop-Off Time		Access Pick-Up Window*	
Session 1: Drop-Off Appointment Time: 10:15 a.m.		Pick-Up Window: 11:45 a.m 12:15 p.m.	
Session 2: Drop-Off Appointment Time: 1:45 p.m.		Pick-Up Window: 3:15 - 3:45 p.m.	

GOLF

Learn to golf from the pros at Jackson Park Golf Course! Everyone can learn to golf whether you are a beginner or experienced. We encourage all levels to join us at this fun program. Special Olympics Washington will not be hosting a Regional or State Golf Tournament this summer. Their next planned Golf Competitions will be in Spring 2025.

Registration: Refer to page 5 for registration information.





ADULT

Ages 21 and Up

Dates	Times	Locations	Cost
Tuesdays, June 18 - August 20	6:30 - 8 p.m.	Jackson Park Golf Course 1000 NE 135th St. Seattle, 98125	▶\$10
Access Drop-Off Time		Access Pick-Up Window*	
Drop-Off Appointment Time: 6:30 p.m.		Pick-Up Window: 8 - 8:30 p.m.	





ALLCOMERS NIGHT ENTERTAINMENT

A blast from the past! We will head to Camp Long and join in for Youth Summer Camp Allcomers Night. We will have a fun time exploring Camp Long, eating our sack dinner in the park, and enjoying a concert from a Seattle local artist.

Bring: Please bring a sack dinner to this program.

Dates	Times	Locations	Cost
Thursdays, July 11, August 1, and August 22	5 - 8:45 p.m.	Camp Long 5200 35th Ave SW Dawson Seattle, 98126	►FREE
Access Drop-Off Time		Access Pick-Up Window*	
Drop-Off Appointment Time: 5 p.m.		Pick-Up Window: 8:30 - 9 p.m.	





SUMMER DAY TRIPS

Join us as we travel around the Seattle area to visit local sites, businesses, and parks. Dress in weather appropriate clothing. Bring cash day of to pay for the activities. Come with a sack lunch and drink, unless noted.

Dates	Times	Locations	Cost
Thursdays (see dates below)	10 a.m 3 p.m.	Densmore Building 8061 Densmore Ave. N. Seattle 98103	► Varies each week, see page 12
Access Drop-Off Time		Access Pick-Up Window	
Drop-Off Appointment Time: 10 a	.m.	Pick-Up Window: 3 - 3:30 p.m.	



ADULT

June 20: Northwest Trolls, Issaquah Edition

Come with us as we seek out several of the Northwest Trolls built by Thomas Dambo and his team. We will start our day up in Issaquah with a stop at Jakob Two Trees and then visit Frankie Feetsplinters in Ballard. We will be walking approximately ½ mile on paved surfaces. ► FREE

June 27: Tour the Seahawks Training Facility

Get a behind the scenes tour of the training facility. Note: If you signed up for this outing last summer, please consider signing up for something else so others can get a chance to see the facility. Thank you! FREE

July 25: Point Ruston Waterfront and Bike Ride

Today we will be heading down to Point Ruston in Tacoma. We will be renting 4-person bikes to ride on the paved pathways. Helmets will be provided, and a staff member will be on each bike. ►\$15

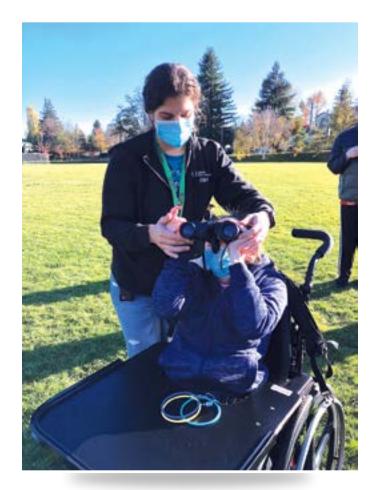


August 8: Beach and Lawn Games

Spend the day with friends at the beach! We will spend time playing games and other activities in the morning. Once the lifeguards come on duty we can go for a swim. Please bring a swim suit and towel if you want to go swimming. ► FREE

August 15: Out to Lunch

Let's have a fun day with friends and head to lunch together, if we have extra time we will visit some local parks! Lunch will be provided, do not need to bring a sack lunch. ►\$20



SATURDAY AT CAMP LONG



SATURDAY, JULY 20 10 a.m. - 4:30 p.m. **CAMP LONG** 5200 35th Ave. SW (Entrance at SW Dawson) **Seattle, 98126**

PROGRAM **IS FOR** PARTICIPANTS **AGES 21** AND UP.

Join us for a fun day at Camp Long and take part in some of our favorite activities from Adult Camp such as: group games, arts and crafts, learning about nature, and spending time with friends new and old! Please bring a sack lunch and drink. ▶\$35

Access: Drop-Off Appointment Time 10 a.m. Pick-Up Window: 4:15 - 4:45 p.m.

Registration begins 9 a.m. on Friday, June 7 by calling the Specialized Programs Office at 206-684-4950. Space is limited to 30 participants. Please provide your t-shirt size at time of registration.







END OF SUMMER BBQ

AT SEWARD PARK SHELTER #3 5900 Lake Washington Blvd. S
Seattle, 98118 SATURDAY, SEPTEMBER 7
4 - 6:30 pm

Everyone is welcome, plus friends and family \$12 per person Participants of all ages, families, and friends are all invited as we shift from Summer into Fall with an End of Summer Barbeque. Please register in advance to attend this special event. Hot dogs, hamburgers, beverages, plus sides, and all the fixin's will be provided. Stay for family friendly activities as the sun goes down.

Access: Drop-Off Appointment 4 p.m. Pick-Up Window 6:15-6:45 p.m.

Registration: You must register in advance by calling Specialized Programs at 206-684-4950.







JOIN US IN-PERSON AND VIRTUALLY

Virtual and In-Person Wellness Fairs Live Cultural Performances Fitness Demonstrations Activities for All Ages Live Entertainment Food Trucks

BIGDAY

Saturday August 17, 2024 12 - 5 p.m. Rainier Playfields 3700 S Alaska St | Seattle, WA 98118

More at Mt. Baker Rowing and Sailing Center

bigdayofplay.org | facebook.com/bigdayofplay

SPECIALIZED PROGRAMS

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