



## WALK THE WATERFRONT WEB OF LIFE

There's no mystery to how Salmon Bay got its name: hundreds of thousands of salmon swim through here every year. From the rare and beautiful steelhead to the largest run of sock-eye in the lower 48 states, from the threatened chinook (also called king) to the silvery coho, you can witness this amazing migration from March through October.

Salmon Bay is a rich estuary where fresh water merges with salt water. Despite human intervention that has highly altered the estuary, Salmon Bay shelters a multitude of birds, mammals, and insects in addition to salmon and other fish.

Look around - you might see bald eagles and sea lions feasting on salmon, great blue herons stalking fish, and, if you look very closely, juvenile salmon hiding, feeding and growing in the shallow tidelands. Witness the waterfront web of life here at Salmon Bay.



## SALMON BAY VOLUNTEER NETWORK Sponsors of this map



**Groundswell NW**  
Join your neighborhood non-profit to help create and protect parks and habitat in Ballard and beyond.

Jim Jensen: 206-297-0698  
[www.groundswellnw.org](http://www.groundswellnw.org)  
[volunteer@groundswellnw.org](mailto:volunteer@groundswellnw.org)



**Heron Habitat Helpers**  
Everyone loves the herons! Enjoy, learn about and protect the heronry in Kiwanis Ravine with HHH.

Heidi Carpine: 206-284-6489  
[www.heronhelpers.org](http://www.heronhelpers.org)  
[volunteer@heronhelpers.org](mailto:volunteer@heronhelpers.org)



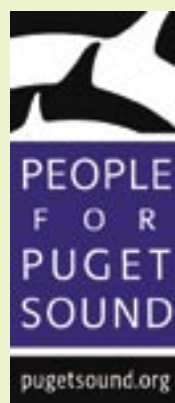
**Discovery Park**  
Volunteer for rewarding tasks ranging from habitat restoration to serving on the advisory council.

Environmental Learning Center:  
206-386-4236  
[www.discoverypark.org](http://www.discoverypark.org)  
[discovery@seattle.gov](mailto:discovery@seattle.gov)

### Seattle Parks and Recreation

Your parks offer volunteer opportunities throughout the city, including Golden Gardens.

Volunteer Program Coordinator: 206-615-0691  
[www.cityofseattle.net/parks/volunteers/index.htm](http://www.cityofseattle.net/parks/volunteers/index.htm)  
[Theresa.McEwen@seattle.gov](mailto:Theresa.McEwen@seattle.gov)



**People For Puget Sound:**  
Puget Sound extends far beyond the reaches of Salmon Bay. Learn how you can become actively involved in shoreline protection.

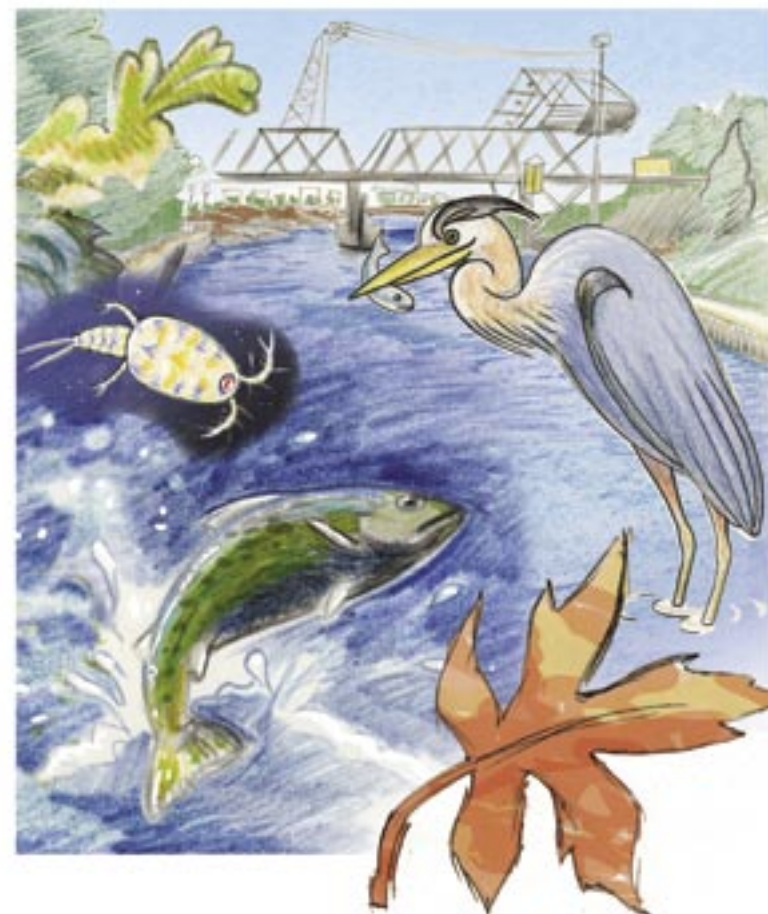
Volunteer Coordinator: 206-382-7007  
[www.pugetsound.org](http://www.pugetsound.org)  
[people@pugetsound.org](mailto:people@pugetsound.org)



**Seattle Public Utilities**  
The printing of this map was made possible by a grant from Seattle Public Utilities, as part of its commitment to a healthy Salmon Bay. SPU provides grants to help build qualified community projects in Seattle.

SPU contact:  
Anthony Matlock (206) 386-9746

# Salmon Bay Wildlife Corridor



## Take a Walk on Seattle's Wild Side



## STROLL THE SHORELINE OF SALMON BAY, WHERE THE CITY MEETS THE SOUND

Roads, paths, and bridges take you on a journey of discovery along this captivating urban wildlife corridor—the shores of Salmon Bay and beyond.

Even though bulkheads, boat locks, and urban growth crowd the waterfront, your walk will take you through inspiring community projects which are underway to protect and enhance the last remnants of healthy habitat around Salmon Bay.

Interested? You are invited to join your neighbors who volunteer with local groups to keep this corridor wildlife-friendly.



Puget Sound



eelgrass



## Golden Gardens Bathhouse

### Golden Gardens Park

Here you can walk along one of the few original shorelines left in Seattle. Listen to the sea lions as you picnic on the sandy beach. The park offers diverse wildlife habitat including a restored wetland. Stroll the nature trail behind the renovated Bathhouse and learn all about the creatures and native plants that live in this special park.



sea lions

### Salmon Bay Natural Area

Pause a minute at this overlook above the shore. Between the Locks on your left and the RR bridge on your right lies the Salmon Bay Natural Area. In the shallow tidelands below, juvenile salmon feed under the overhanging brush. This last wooded stretch along the estuary was recently acquired by the city for protection. You can help restore this important salmon habitat—volunteer today!



juvenile chinook salmon



copepod

### Salmon Bay Natural Area

eelgrass

### Ballard Locks

Built for boat passage, the Locks and the Ship Canal greatly altered the natural conditions of the estuary, creating an abrupt transition from fresh water to salt water. As you walk across the Locks, you can see the modifications made to help salmon navigate this barrier. Watch adult salmon fighting their way up the fish ladder. Enter the viewing room where you can almost touch the fish. Study the special water slides which allow young salmon smolts to pass through the dam on their way downstream.

Fish Ladder

### Hiram M. Chittenden Locks Visitor Center

### Copepods

At the bottom of the estuary's food pyramid are millions upon millions of tiny crustaceans called copepods. These one-eyed creatures live among eelgrass fronds and form an all-you-can-eat buffet for juvenile salmon and other small fish. Watch for waterfowl hunting a tasty fish dinner which was, just moments before hunting copepods.



heron nests

### Kiwanis Ravine

### Pedestrian Bridge Overlook

### Kiwanis Ravine

While there is no access into Kiwanis Ravine itself, you can follow the "Bike Path" signs to the hidden pedestrian bridge over the RR tracks. This pedestrian bridge has the best views of the heronry. If approaching from the Locks, hunt for the street sign on Commodore Way marking 33rd Ave. and Harley St. Head up the hill on 33rd Ave. If approaching from Gov't Way, follow 32nd Ave. as it becomes a secluded path to the bridge.

### Hérons

Salmon Bay is home to Seattle's largest heronry. In a typical year more than 100 great blue heron chicks hatch from nests in Kiwanis Ravine. Winter is the best time to see nests in the leafless trees. From May to July you can listen to the raucous noise of hungry chicks begging for food. Look for these magnificent birds fishing along the shore from Golden Gardens to Discovery Park. By the end of summer, most of the herons have left for winter foraging grounds. Now's the time to join the many volunteers who help restore heron habitat.



great blue heron



Lighthouse

Discovery Park

Environmental Learning Center

W. Emerson St.

### Discovery Park

Start at the Environmental Learning Center where displays and maps are available. Miles of trails wind through 500+ acres, offering dramatic vistas and quiet refuge from the city. Walk along the driftwood-strewn beach to the historic West Point Lighthouse and look for seals, crabs, and seastars. In the meadows, you might see raptors hunting for voles. Owls, woodpeckers, and mountain beavers might surprise you in the forest. Volunteers find working in this diverse urban park immensely satisfying.

Distances on this map are wildly out of scale!

Your walk will be about 3 miles.