

2023 Multicultural Registered Dietitian Nutritionist (RDN) Services RFP

	Theory of Change Term	
Population Accountability	Population HSD Population Priority Population	All 60+ older adults living in King County Defined by the Older American's Act: <ul style="list-style-type: none"> • Residing in rural areas; • With greatest economic need; • With greatest social need; • With severe disabilities; • With limited English proficiency; • With Alzheimer's disease and related disorders; • At risk for institutional placement
	Desired Result	All older adults experience stable health and are able to age in place
	Indicator(s) HSD Indicator(s)--REQUIRED Additional Indicator(s)--OPTIONAL	% of older adults reporting fair or poor health % of older adults experiencing food insecurity
Racial Equity Population Accountability	Racial Disparity Indicator Data	<ul style="list-style-type: none"> • % of adults reporting fair or poor health in King County:¹ <ul style="list-style-type: none"> ○ 25% of American Indian/Alaska Native People ○ 9% of Asian People ○ 18% of Black/African American People ○ 20% of Hispanic/Latinx People ○ 8% of Native Hawaiian/Pacific Islander People ○ 12% of People who Identify as Two or More Races ○ 11% White People • % of older adults experiencing food insecurity in King County² <ul style="list-style-type: none"> ○ 52% of American Indian/Alaska Native People (Alone or in combination with other race/ethnicity) ○ 6% of Asian People ○ 24% of Black/African American People ○ 24% of Hispanic/Latinx People ○ 17% of Native Hawaiian/Pacific Islander People (alone or in combination with other race/ethnicity) ○ 24% of People who identify as Two or More Races ○ 7% of White People

¹ Public Health Seattle-King County BRFSS, Avg. 2015-2019

² Public Health Seattle-King County BRFSS, 2008-2020 For all race categories except White interpret with caution because of small response rates.

	Focus Population	<ul style="list-style-type: none"> American Indian/Alaska Native Asian Black/African American/African Descent Hispanic/Latinx Native Hawaiian/Pacific Islander
	Population-Level Racial Equity Goal(s)	<ul style="list-style-type: none"> % of BIPOC older adults reporting fair or poor health % of BIPOC older adults experiencing food insecurity
Program Accountability	Strategies	Multicultural Registered Dietician Nutritionist to provide technical assistance and support for ADS funded multicultural congregate meal sites to meet nutrition service standards.
	Activities of RFQ	<ul style="list-style-type: none"> Meal site monitoring by RDN Nutrition education by RDN Food safety training by RDN Menu development and reviews by RDN
	Performance Measure	<p>Quantity:</p> <ul style="list-style-type: none"> # of nutrition education lessons # of site visits <p>Quality:</p> <ul style="list-style-type: none"> Materials or information are relevant to meal site participants RDN menu changes are culturally relevant to the congregate meal sites based on population served <p>Impact:</p> <ul style="list-style-type: none"> Congregate meal programs value and use the Multicultural RDN services to improve the quality and cultural relevance of their meals.
	Racial Equity Performance Measures	<p>Quantity:</p> <ul style="list-style-type: none"> # of nutrition education lessons given to BIPOC older adults # of site visits to meal sites serving BIPOC older adults <p>Quality:</p> <ul style="list-style-type: none"> Materials or information are relevant to BIPOC older adults RDN menu changes are culturally relevant to BIPOC older adults <p>Impact:</p> <ul style="list-style-type: none"> BIPOC congregate meal programs value and use the Multicultural RDN services to improve the quality and cultural relevance of their meals.