

TYPES OF HARASSMENT

Verbal



Includes threats, jokes, or comments about a person's body, clothing, or physical features.

Visual



Includes sharing or drawing offensive visuals, messages, photos, or videos.

Physical with Contact



Unwanted or inappropriate touching.

Physical without Contact



Includes stalking, standing too close, making derogatory gestures, or staring offensively.

Quid Pro Quo



When someone in a position of authority (e.g. manager) directly or indirectly demands sexual favors in exchange for some benefit (e.g. promotion) or to avoid harm in the workplace (e.g. demotion).