

# Take Brightline's Pediatric Mental Health Quiz

Don't wait for your child's behaviors to get worse before you try to understand what they're going through.



Are you wondering if it's more than just tantrums or why your child seems withdrawn? Little behavioral health issues can escalate quickly, and knowing whether it's a phase or a deeper concern is crucial.

Take our Pediatric Mental Health Quiz to find answers fast. You'll receive immediate results with tips and resources, learn ways to help at home, and get guidance on when it's time to surround your child with support from Brightline..

## Start with one of these areas of concern:

- ✓ **Attention and focus:** Learn about your child's attention span, concentration levels, and ability to complete tasks.
- ✓ **Mood and worry:** Become more aware of what your child's sadness, worry, self-esteem, and overall enjoyment levels can mean.
- ✓ **Disruptive behaviors:** Discover insights into how your child handles sharing, conflict management, and rules.



Start the quiz today. Scan the QR code or visit [hellobrightline.com/mental-health-quiz](https://hellobrightline.com/mental-health-quiz).

The information provided in this quiz is for informational purposes only. Nothing shared in this form is intended to be a substitute for professional medical advice, diagnosis, or treatment. It is important to consult with a qualified healthcare provider or medical professional for personalized medical advice or treatment.