

# MEDICAL SECOND OPINIONS FROM THE COMFORT OF HOME



## Feel confident about your medical decisions

You don't have to wait for months or travel long distances to speak with a leading specialist about a concerning diagnosis or alternate treatment options. 2nd.MD connects you to the experts for a second opinion from the comfort of your home.

## HOW IT WORKS

**1 ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT**

Call **1.866.841.2575**  
Visit **2nd.MD/activate**



*Scan to get started*

**2 SPEAK WITH A NURSE**

Talk to one of our experienced, compassionate nurses to see if a second opinion is right for you. We'll handle the rest, including gathering your medical records, finding the right specialist and setting up the video consultation.

**3 CONSULT WITH A LEADING SPECIALIST**

Get personalized advice about your diagnosis and treatment plan from a specialist in your condition. Video consultations are available when it's convenient for you, including nights and weekends!

**2nd.MD services are confidential and NO ADDITIONAL COST to you and eligible family members as part of your benefits.**

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

\*2nd.MD's book of business statistics 2022  
Copyright 2024. All rights reserved. 23-390c

## Our specialists can help you:

- ✓ Confirm a new or existing diagnosis
- ✓ Explore other treatment plans and medications
- ✓ Understand if a recommended surgery is right for you

## We have a wide network of expert doctors across hundreds of subspecialties and thousands of conditions, including:

- Muscle, joint and bone
- Cancer
- Heart disease and stroke
- Digestive and gastrointestinal
- Immunology
- Women's health
- Men's health
- Pediatrics
- Mental health
- Brain and nervous system
- Ear, nose and throat
- And many more

# 87%

of consultations with 2nd.MD lead to an improved treatment plan.\*