Benefits Events Calendar

Webinars are open to all City employees. Pre-register for new employee benefits orientation using the email address provided. **If there is no registration information, registration is not required**. Questions? Contact the Benefits Unit at Benefits.Unit@seattle.gov or 206-615-1340. If you have questions about the Deferred Compensation presentations; DeferredCompQuestions@seattle.gov or 206-447-1924.

July 2024			
Date	Event	Time	Location/Registration
7/10/24	Deferred Compensation: Deferred Comp	12:00 pm –	Register at https://bit.ly/3X5GyX0
Wednesday	Online Tools and Tips	12:30 pm	
7/10/24 Wednesday	Opening About Mental Health	12:00 pm – 1:00 pm	Register at https://bit.ly/open_mentalh
7/11/24	ComPsych EAP Orientation for	11:30 am –	Register at
Thursday	Employees	12:30 pm	https://bit.ly/4clpSiS
7/16/24	Deferred Compensation: Deferred Comp	12:00 am –	Register at
Tuesday	Funds and Fees	12:30 pm	https://bit.ly/fundsandfees
7/17/24	ComPsych EAP Orientation for People	12:00 am –	Register at https://bit.ly/45JgJxU
Wednesday	Leaders	1:00 pm	
7/19/24	Mental Fitness for Optimal Brain Power	12:30 pm –	Register at
Friday		1:30 pm	https://bit.ly/3XK05w9
7/24/24 Wednesday	Best Practices for Supporting Others	12:30 pm – 1:30 pm	Register at https://bit.ly/supt_other
7/25/24 Thursday	ComPsych EAP Orientation for Employees	12:30 pm – 1:30 pm	Register at https://bit.ly/3xOGP66
7/26/24	Deferred Compensation: Understanding	12:00 am –	Register at https://bit.ly/qtrlystmts
Friday	Your Deferred Compensation Statements	12:30 pm	
7/31/24	Planning for Your Child's Best School Year	10:00 am –	Register at https://bit.ly/4bsNLnu
Wednesday	Yet	11:00 am	