

2024 Time Stamp – New Employee Benefits Orientation Recording

00	Introduction
1:48	Making the Most of Your Employee Benefits
2:22	Employee Initial Responsibilities
5:30	Medical Premium Payments
7:59	Aetna Plans
13:50	Accolade Advocacy Services
14:54	Kaiser Permanente Plan
18:45	Dental Plan Options
25:40	VSP Plan Options
31:35	Employee Well-Being Programs
36:30	Hinge Health
37:56	2nd.MD
38:58	Reach Well-Being Program
39:55	Flexible Spending Accounts
45:19	Long-Term Disability Insurance
47:19	Group Term Life Insurance
52:58	Accidental Death and Dismemberment Insurance
53:33	Ongoing Employee Responsibilities
56:55	Things to Remember