# **Aetna Medicare**

Former Employer/Union/Trust Name: **THE CITY OF SEATTLE** Group Agreement Effective Date: **01/01/2026** 

Master Plan ID: 0000653

This Schedule of Cost Sharing is part of the Evidence of Coverage for Aetna Medicare Plan (PPO). When the Evidence of Coverage refers to the document with information on health care benefits covered under our plan, it is referring to this Medical Benefits Chart. (Go to Chapter 4, Medical Benefits Chart (what's covered and what you pay).) If you have questions on how to access any of your benefits, you can call our general Member Services team at <u>1-888-267-2637</u>. (TTY users call <u>711</u>.) Hours are 8 AM to 9 PM ET, Monday through Friday. To locate a network provider visit <u>aet.na/search</u>. We have also included contact information for certain benefits, where applicable, in the chart below.

Annual Deductible	FOR SERVICES RECEIVED IN-NETWORK & OUT-OF-NETWORK COMBINED
This is the amount you have to pay out-of-pocket before the plan will pay its share for your covered Medicare Part A and B services.	No Deductible
Annual Maximum Out-of-Pocket Limit	FOR SERVICES RECEIVED IN-NETWORK & OUT-OF-NETWORK COMBINED
The maximum out-of-pocket limit is the most you will pay for covered Medicare Part A and B services, including any deductible (if applicable).	\$2,000

# Important information regarding the services listed below in the Schedule of Cost Sharing:

If you receive services from:	If your plan services include:	You will pay:
A primary care provider (PCP):	Copays only	One PCP copay.
<ul><li>Family Practitioner</li><li>Internal Medicine</li><li>General Practitioner</li></ul>	Copays and coinsurance	The PCP copay and the coinsurance amounts for each service.
<ul> <li>Geriat Fractitioner</li> <li>Geriatrician</li> <li>Physician Assistants (Not available in all states)</li> <li>Nurse Practitioners (Not available in all states)</li> </ul> If you receive more than one covered service during the single visit.	Coinsurance only	The coinsurance amounts for all services received.
An outpatient facility, specialist or doctor who is not a PCP and	Copays only	The highest single copay for all services received.
you receive more than one covered service during the single visit:	Copays and coinsurance	The highest single copay for all services and the coinsurance amounts for each service.
	Coinsurance only	The coinsurance amounts for all services received.



This apple shows preventive services in the Medical Benefits Chart.

# **Medical Benefits Chart**

Medical Benefits Chart	
Covered Service	What you pay in-network and out-of-network
Abdominal aortic aneurysm screening A one-time screening ultrasound for people at risk. Our plan only covers this screening if you have certain risk factors and if you get a referral for it from your physician, physician assistant, nurse practitioner, or clinical nurse specialist.	There is no coinsurance, copayment, or deductible for members eligible for this preventive screening.
Acupuncture for chronic low back pain Covered services include: Up to 12 visits in 90 days are covered under the following circumstances:	\$20 copay for each Medicare-covered acupuncture visit.
For the purpose of this benefit, chronic low back pain is defined as:	
<ul> <li>lasting 12 weeks or longer;</li> <li>nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious disease, etc.);</li> <li>not associated with surgery; and</li> <li>not associated with pregnancy.</li> </ul>	
An additional 8 sessions will be covered for patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually.	
Treatment must be discontinued if the patient is not improving or is regressing.	
Provider Requirements: Physicians (as defined in 1861(r)(1) of the Social Security Act (the Act)) may furnish acupuncture in accordance with applicable state requirements.	
Physician assistants (PAs), nurse practitioners (NPs)/clinical nurse specialists (CNSs) (as identified in 1861(aa)(5) of the Act), and auxiliary personnel may furnish acupuncture if they meet all applicable state requirements and have:	
<ul> <li>a master's or doctoral level degree in acupuncture or Oriental Medicine from a school accredited by the Accreditation Commission on Acupuncture and Oriental Medicine (ACAOM); and,</li> <li>a current, full, active, and unrestricted license to practice acupuncture in a State, Territory, or Commonwealth (i.e., Puerto Rico) of the United States, or District of Columbia.</li> </ul>	
This service is continued on the next page	

Covered Service	What you pay in-network and out-of-network
Acupuncture for chronic low back pain (continued) Auxiliary personnel furnishing acupuncture must be under the appropriate level of supervision of a physician, PA, or NP/CNS required by our regulations at 42 CFR §§ 410.26 and 410.27.	
Ambulance services Covered ambulance services, whether for an emergency or non-emergency situation, include fixed wing, rotary wing, and ground ambulance services, to the nearest appropriate facility that can provide care if they're furnished to a member whose medical condition is such that other means of transportation could endanger the person's health or if authorized by our plan. If the covered ambulance services aren't for an emergency situation, it should be documented that the member's condition is such that other means of transportation could endanger the person's health and that transportation by ambulance is medically required.	\$20 copay for each Medicare-covered one-way trip via ground or air ambulance.  Ground or air ambulance cost sharing is not waived if you are admitted to the hospital.
Prior authorization rules may apply for non-emergency transportation services received in-network. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of non-emergency transportation services when provided by an out-of-network provider.	
Annual routine physical The annual routine physical is an extensive physical exam including a medical history collection and it may also include any of the following: vital signs, observation of general appearance, a head and neck exam, a heart and lung exam, an abdominal exam, a neurological exam, a dermatological exam, and an extremities exam.	\$0 copay for an annual routine physical exam.
Coverage for this non-Medicare covered benefit is in addition to the Medicare-covered annual wellness visit and the Welcome to Medicare preventive visit. You may schedule your annual routine physical once each calendar year.	
Preventive labs, screenings, and/or diagnostic tests received during this visit are subject to your lab and diagnostic test coverage. (See <b>Outpatient diagnostic tests and therapeutic services and supplies</b> for more information.)	
Annual wellness visit  If you've had Part B for longer than 12 months, you can get an annual wellness visit to develop or update a personalized prevention plan based on your current health and risk factors. Our plan will cover the annual wellness visit once each calendar year.	There is no coinsurance, copayment, or deductible for the annual wellness visit.
<b>Note:</b> Your first annual wellness visit can't take place within 12 months of your Welcome to Medicare preventive visit. However, <i>This service is continued on the next page</i>	
This service is continued on the heat page	

	What you pay
Covered Service	in-network and out-of-network
Annual wellness visit (continued) you don't need to have had a Welcome to Medicare visit to be covered for annual wellness visits after you've had Part B for 12 months.	
Bone mass measurement For qualified people (generally, this means people at risk of losing bone mass or at risk of osteoporosis), the following services are covered every 24 months or more frequently if medically necessary: procedures to identify bone mass, detect bone loss, or determine bone quality, including a physician's interpretation of the results.	There is no coinsurance, copayment, or deductible for Medicare-covered bone mass measurement.
Breast cancer screening (mammograms) Covered services include:	There is no coinsurance, copayment, or deductible for covered screening mammograms.
<ul> <li>One baseline mammogram between the ages of 35 and 39</li> <li>One screening mammogram each calendar year for women aged 40 and older</li> <li>Clinical breast exams once every 24 months</li> </ul>	\$0 copay for each diagnostic mammogram.
Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	
Cardiac rehabilitation services Comprehensive programs of cardiac rehabilitation services that include exercise, education, and counseling are covered for members who meet certain conditions with a doctor's order. Our plan also covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs.	\$20 copay for each Medicare-covered cardiac rehabilitation service.  \$20 copay for each Medicare-covered intensive cardiac rehabilitation service.
Cardiovascular disease risk reduction visit (therapy for cardiovascular disease) We cover one visit per year with your primary care doctor to help lower your risk for cardiovascular disease. During this visit, your doctor may discuss aspirin use (if appropriate), check your blood pressure, and give you tips to make sure you're eating healthy.	There is no coinsurance, copayment, or deductible for the intensive behavioral therapy cardiovascular disease preventive benefit.
Cardiovascular disease screening tests Blood tests for the detection of cardiovascular disease (or abnormalities associated with an elevated risk of cardiovascular disease) once every 5 years (60 months).	There is no coinsurance, copayment, or deductible for cardiovascular disease testing that is covered once every 5 years.
Cervical and vaginal cancer screening Covered services include:	There is no coinsurance, copayment, or deductible for Medicare-covered preventive Pap and pelvic exams.
This service is continued on the next page	,

Covered Service	What you pay in-network
<ul> <li>Cervical and vaginal cancer screening (continued)</li> <li>For all women: Pap tests and pelvic exams are covered once every 24 months</li> <li>If you're at high risk of cervical or vaginal cancer or you're of childbearing age and have had an abnormal Pap test within the past 3 years: one Pap test every 12 months</li> </ul>	
Chiropractic services Covered services include:  • We cover only manual manipulation of the spine to correct subluxation  Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	\$15 copay for each Medicare-covered chiropractic visit.
Chronic pain management and treatment services Covered monthly services for people living with chronic pain (persistent or recurring pain lasting longer than 3 months). Services may include pain assessment, medication management, and care coordination and planning.  Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	Cost sharing for this service will vary depending on individual services provided under the course of treatment.
<ul> <li>Colorectal cancer screening         The following tests are covered:     </li> <li>Colonoscopy has no minimum or maximum age limitation and is covered once every 120 months (10 years) for patients not at high risk, or 48 months after a previous flexible sigmoidoscopy for patients who aren't at high risk for colorectal cancer, and once every 24 months for high risk patients after a previous screening colonoscopy.</li> <li>Computed tomography colonography for patients 45 year and older who are not at high risk of colorectal cancer and is covered when at least 59 months have passed following the month in which the last screening computed tomography colonography was performed or 47 months have passed following the month in which the last screening flexible sigmoidoscopy or screening colonoscopy was performed. For patients at high risk for colorectal cancer, payment may be made for a screening computed tomography colonography performed after at least 23 months have passed following the month in</li> </ul>	There is no coinsurance, copayment, or deductible for a Medicare-covered colorectal cancer screening exam. This is also known as a preventive colonoscopy.  Diagnostic colonoscopy: \$0 copay  Note: If a polyp is removed or a biopsy is performed during a Medicare-covered screening or diagnostic colonoscopy, the polyp removal and associated pathology will be covered at \$0 copay.

must be done in a primary care setting that can provide

follow-up treatment and/or referrals.

# What you pay in-network and out-of-network **Covered Service Colorectal cancer screening** (continued) which the last screening computed tomography colonography or the last screening colonoscopy was performed. Flexible sigmoidoscopy for patients 45 years and older. Once every 120 months for patients not at high risk after the patient received a screening colonoscopy. Once every 48 months for high risk patients from the last flexible sigmoidoscopy or computed tomography colonography. Screening fecal-occult blood tests for patients 45 years and older. Twice per calendar year. Screening Guaiac-based fecal occult blood test (gFOBT) for patients 45 years and older. Twice per calendar year. Multitarget stool DNA for patients 45 to 85 years of age and not meeting high risk criteria. Once every 3 years. Blood-based Biomarker Tests for patients 45 to 85 years of age and not meeting high risk criteria. Once every 3 vears. Colorectal cancer screening tests include a follow-on screening colonoscopy after a Medicare covered non-invasive stool-based colorectal cancer screening test returns a positive result. Colorectal cancer screening tests include a planned screening flexible sigmoidoscopy or screening colonoscopy that involves the removal of tissue or other matter, or other procedure furnished in connection with, as a result of, and in the same clinical encounter as the screening test. \$20 copay for each Medicare-covered **Dental services** In general, preventive dental services (such as cleaning, routine dental care service. dental exams, and dental x-rays) aren't covered by Original Medicare. However, Medicare pays for dental services in a limited number of circumstances, specifically when that service is an integral part of specific treatment of a person's primary medical condition. Examples include reconstruction of the jaw after a fracture or injury, tooth extractions done in preparation for radiation treatment for cancer involving the jaw, or oral exams prior to organ transplantation. Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider. There is no coinsurance, copayment, or **Depression screening** deductible for an annual depression We cover one screening for depression per year. The screening

screening visit.

# **Diabetes screening**

We cover this screening (includes fasting glucose tests) if you have any of these risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes.

You may be eligible for up to 2 diabetes screenings every 12 months following the date of your most recent diabetes screening test.

# Diabetes self-management training, diabetic services and \$0 copay for each Medicare-covered supplies

For all people who have diabetes (insulin and non-insulin users). Covered services include:

- Supplies to monitor your blood glucose: blood glucose meter, blood glucose test strips, lancet devices and lancets, and glucose-control solutions for checking the accuracy of test strips and meters.
- · For people with diabetes who have severe diabetic foot disease: one pair per calendar year of therapeutic custom-molded shoes (including inserts provided with such shoes) and 2 additional pairs of inserts, or one pair of depth shoes and 3 pairs of inserts (not including the non-customized removable inserts provided with such shoes). Coverage includes fitting.
- Diabetes self-management training is covered under certain conditions.
- · Continuous glucose monitors (CGMs) are considered durable medical equipment (DME) and are subject to applicable DME cost sharing.

## Important Blood Glucose Monitoring Information:

- We exclusively cover Accu-Chek/Roche and TRUE/Trividia blood glucose meters and test strips as our preferred diabetic supplies. Non-Accu-Chek/Roche and non-TRUE/Trividia meters, and test strips may be covered medical exception that is not approved, if medically necessary, such as large font or talking meters for the visually impaired. You or your provider can request a medical exception, as a prior authorization is required.
- You must obtain your Accu-Chek/Roche and TRUE/Trividia blood glucose meter and other testing supplies (lancing devices, lancets and test strips) directly from a network pharmacy which requires a prescription from your provider.

What you pay

# in-network and out-of-network

There is no coinsurance, copayment, or deductible for the Medicare-covered diabetes screening tests.

supply to monitor blood glucose from Accu-Chek/Roche and TRUE/Trividia, or from a non-preferred provider when a prior authorization is received.

\$0 copay for each pair of Medicare-covered diabetic shoes and inserts.

\$0 copay for Medicare-covered diabetes self-management training.

We cover diabetic supplies made by Accu-Chek/Roche and TRUE/Trividia. We exclusively cover Accu-Chek/Roche and TRUE/Trividia glucose meters and test strips. We also cover Accu-Chek/Roche and TRUE/Trividia lancets, solutions, and lancing devices. We do not cover other brands of meters and test strips unless you or your provider requests a medical exception and it is approved. Non-Accu-Chek/Roche and

non-TRUE/Trividia meters and test strips without a medical exception, or a will not be covered.

exception requests if exceeding quantity limits that align to

This service is continued on the next page

# What you pay in-network and out-of-network **Covered Service** Diabetes self-management training, diabetic services and supplies (continued) Accu-Chek/Roche and TRUE/Trividia diabetic supplies covered under your medical coverage such as meters and test strips are available at network pharmacies for \$0 cost share. Diabetic supplies covered under your prescription drug coverage (alcohol swabs, lancets, 2x2 gauze, needles and syringes) can be found on your plan's formulary guide. Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider. Durable medical equipment (DME) and related supplies 20% of the total cost for each Covered items include, but aren't limited to: wheelchairs, Medicare-covered durable medical crutches, powered mattress systems, diabetic supplies, hospital equipment (DME) item. beds ordered by a provider for use in the home, IV infusion pumps, speech generating devices, oxygen equipment, \$0 copay for continuous glucose nebulizers, and walkers. monitors. We cover all medically necessary DME covered by Original Medicare. Your provider must provide a prescription for covered DME and obtain prior authorization if required. Our plan recommends preauthorization of the service when provided by an out-of-network provider. In Original Medicare, there is a rental policy up to the purchase price for certain types of DME after making copayments for the rental period. The rental period typically lasts between 10 to 13 months. Once the purchase price is met, you can use the equipment as long as it is needed. Once it is no longer needed. the issuing provider will need to pick it up. Under certain limited circumstances we will transfer ownership of the DME item to you. The most recent list of participating network pharmacies and suppliers is available on our website at AetnaRetireePlans.com Continuous glucose monitors (CGMs) and supplies are available through participating DME providers. Dexcom and FreeStyle Libre continuous alucose monitors and sensors are available without a prior authorization at network pharmacies with a history of insulin usage in the past 6 months. For those not using insulin as part of their treatment plan, prior authorization will be required for monitors and sensors. Prior authorization for monitors and sensors may apply as well as

	What you pay
Covered Service	in-network and out-of-network
Durable medical equipment (DME) and related supplies (continued)	
Medicare coverage guidance.	
For a list of DME providers, visit <u>Aetna.com/dsepublicContent/assets/pdf/en/DME_National</u> <u>Provider_Listing.pdf</u> .	
Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	
Emergency care	\$90 copay for emergency care. Cost
Emergency care refers to services that are:	sharing <u>is</u> waived if you are immediately admitted to the hospital.
<ul> <li>Furnished by a provider qualified to furnish emergency services, and</li> </ul>	
Needed to evaluate or stabilize an emergency medical condition.	\$90 copay for emergency care worldwide (i.e., outside the United States). Cost sharing is waived if you are
A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine,	admitted to the hospital.
believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse.	\$20 copay for each one-way trip via ground or air ambulance worldwide (i.e., outside the United States). Cost sharing is not waived if you are admitted to the hospital.
Cost sharing for necessary emergency services you get out-of-network is the same as when you get these services in-network.	
This coverage is available worldwide (i.e., outside of the United States).	
In addition to Medicare-covered benefits, we also offer:	
<ul><li>Emergency care (worldwide)</li><li>Emergency ambulance services (worldwide)</li></ul>	
You may have to pay the provider at the time of service and submit for reimbursement.	
Health and wellness education programs 24-Hour Nurse Line: You can talk to a registered nurse 24 hours a day, 7 days a week on the 24/7 Nurse Line. They can	There is no coinsurance, copayment, or deductible for the 24-Hour Nurse Line benefit.
help with health-related questions when your doctor is not available. Call <u>1-855-493-7019</u> ( <b>TTY:</b> <u>711</u> ). The registered nurse staff cannot diagnose, prescribe or give medical advice. If you	\$0 copay for Health education.
This service is continued on the next page	

Covered Service	What you pay in-network and out-of-network
Health and wellness education programs (continued) need urgent or emergency care, call 911 and/or your doctor immediately.	
* While only your doctor can diagnose, prescribe or give medical advice, the 24-Hour Nurse Line can provide information on a variety of health topics.	
Health education: You can meet with a certified health educator or other qualified health professional to learn about health and wellness topics like: diabetes management, nutrition counseling, asthma education, and more. You have the option to meet one-on-one, in a group, or virtually. Ask your provider for information on how these services may help you.	
Hearing services Diagnostic hearing and balance evaluations performed by your provider to determine if you need medical treatment are covered as outpatient care when you get them from a physician, audiologist, or other qualified provider.	\$20 copay for each Medicare-covered hearing exam.  \$0 copay for each non-Medicare covered routine hearing exam.
In addition to Medicare-covered benefits, we also offer:  • Routine hearing exams: one exam every twelve months	
<ul> <li>HIV screening</li> <li>For people who ask for an HIV screening test or are at increased risk for HIV infection, we cover:</li> <li>One screening exam every 12 months</li> </ul>	There's no coinsurance, copayment, or deductible for members eligible for Medicare-covered preventive HIV screening.
If you are pregnant, we cover:	
Up to 3 screening exams during a pregnancy	
Home health agency care Before you get home health services, a doctor must certify that you need home health services and will order home health services to be provided by a home health agency. You must be homebound, which means leaving home is a major effort.  Covered services include, but aren't limited to:	\$0 copay for each Medicare-covered home health service.  20% of the total cost for each Medicare-covered durable medical equipment (DME) item.
<ul> <li>Part-time or intermittent skilled nursing and home health aide services (to be covered under the home health care benefit, your skilled nursing and home health aide services combined must total fewer than 8 hours per day and 35 hours per week.)</li> </ul>	
This service is continued on the next page	

### What you pay in-network and out-of-network **Covered Service Home health agency care** (continued) Physical therapy, occupational therapy, and speech therapy Medical and social services Medical equipment and supplies Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider. Home infusion therapy You will pay the cost sharing that applies Home infusion therapy involves the intravenous or to primary care provider services, subcutaneous administration of drugs or biologicals to a person specialist physician services (including at home. The components needed to perform home infusion certified home infusion providers), or include the drug (for example, antivirals, immune globulin), home health services depending on equipment (for example, a pump), and supplies (for example, where you received administration or tubing and catheters). monitoring services. Prior to receiving home infusion services, they must be ordered (See Physician/Practitioner services, by a doctor and included in your care plan. including doctor's office visits or Home health agency care for any Covered services include, but aren't limited to: applicable cost sharing.) Professional services, including nursing services, Note: Home infusion drugs, pumps, and furnished in accordance with our plan of care devices provided during a home infusion Patient training and education not otherwise covered therapy visit are covered separately under the durable medical equipment benefit under your **Durable medical equipment** Remote monitoring (DME) and related supplies benefit. Monitoring services for the provision of home infusion therapy and home infusion drugs furnished by a qualified home infusion therapy supplier **Hospice care** When you enroll in a Medicare-certified You're eligible for the hospice benefit when your doctor and the hospice program, your hospice services hospice medical director have given you a terminal prognosis and your Part A and Part B services certifying that you're terminally ill and have 6 months or less to related to your terminal prognosis are live if your illness runs its normal course. You can get care from paid for by Original Medicare, not our any Medicare-certified hospice program. Our plan is obligated plan. to help you find Medicare-certified hospice programs in our plan's service area, including programs we own, control, or Hospice consultations are included as have a financial interest in. Your hospice doctor can be a part of inpatient hospital care. network provider or an out-of-network provider. Physician service cost sharing may Covered services include: apply for outpatient consultations. Drugs for symptom control and pain relief This service is continued on the next page

# What you pay Covered Service in-network and out-of-network

**Hospice care** (continued)

- Short-term respite care
- · Home care

When you're admitted to a hospice, you have the right to stay in our plan; if you stay in our plan you must continue to pay plan premiums.

For hospice services and services covered by Medicare Part A or B that are related to your terminal prognosis: Original Medicare (rather than our plan) will pay your hospice provider for your hospice services and any Part A and Part B services related to your terminal prognosis. While you're in the hospice program, your hospice provider will bill Original Medicare for the services Original Medicare pays for. You'll be billed Original Medicare cost sharing.

For services covered by Medicare Part A or B not related to your terminal prognosis: If you need non-emergency, non-urgently needed services covered under Medicare Part A or B and aren't related to your terminal prognosis, you pay your plan cost-sharing amount for these services and you must follow plan rules (like there's a requirement to get prior authorization).

For services covered by Aetna Medicare Plan (PPO) but not covered by Medicare Part A or B: Aetna Medicare Plan (PPO) will continue to cover plan-covered services that aren't covered under Part A or B whether or not they're related to your terminal prognosis. You pay our plan cost-sharing amount for these services.

For drugs that may be covered by our plan's Part D benefit: If these drugs are unrelated to your terminal hospice condition, you pay cost sharing. If they're related to your terminal hospice condition, you pay Original Medicare cost sharing. Drugs are never covered by both hospice and our plan at the same time. For more information, go to Chapter 5, Section 9.4 of your Evidence of Coverage.

**Note:** If you need non-hospice care (care that is not related to your terminal prognosis), you should contact us to arrange the services.

Our plan covers hospice consultation services (one time only) for a terminally ill person who hasn't elected the hospice benefit.

# **Immunizations**

Covered Medicare Part B services include:

- · Pneumonia vaccines
- Flu/influenza shots (or vaccines), once each flu/influenza season in the fall and winter, with additional flu/influenza shots (or vaccines) if medically necessary
- · Hepatitis B vaccines if you're at high or intermediate risk of getting Hepatitis B
- COVID-19 vaccines
- · Other vaccines if you're at risk and they meet Medicare Part B coverage rules

We also cover most other adult vaccines under our Part D drug benefit. Go to Chapter 6, Section 7 of the Evidence of Coverage for more information.

# Inpatient hospital care

Includes inpatient acute, inpatient rehabilitation, long-term care \$250 per stay. hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged medically necessary covered inpatient is your last inpatient day.

Days covered: There is no limit to the number of days covered by our plan. Cost sharing is not charged on the day of discharae.

Covered services include but aren't limited to:

- Semi-private room (or a private room if medically necessary)
- Meals including special diets
- Regular nursing services
- · Costs of special care units (such as intensive care or coronary care units)
- Drugs and medications
- Lab tests
- X-rays and other radiology services
- Necessary surgical and medical supplies
- Use of appliances, such as wheelchairs
- · Operating and recovery room costs
- · Physical, occupational, and speech language therapy
- Inpatient substance abuse services
- · Under certain conditions, the following types of transplants are covered: corneal, kidney, kidney-pancreatic, heart, liver, lung, heart/lung, bone marrow, stem cell, and intestinal/multivisceral. If you

This service is continued on the next page

# What you pay in-network and out-of-network

There is no coinsurance, copayment, or deductible for the pneumonia, flu/influenza, Hepatitis B, and COVID-19 vaccines.

\$0 copay for all other vaccines covered under Medicare Part B.

You may have to pay an office visit cost share if you get other services at the same time that you get vaccinated.

For each inpatient hospital stay, you pay:

Cost sharing is charged for each stav.

service when provided by an out-of-network provider.

# What you pay in-network and out-of-network **Covered Service Inpatient hospital care** (continued) need a transplant, we'll arrange to have your case reviewed by a Medicare-approved transplant center that will decide whether you're a candidate for a transplant. Transplant providers may be local or outside of the service area. If our in-network transplant services are outside the community pattern of care, you may choose to go locally as long as the local transplant providers are willing to accept the Original Medicare rate. If our plan provides transplant services at a location outside the pattern of care for transplants in your community and you choose to get transplants at this distant location, we'll arrange or pay for appropriate lodging and transportation costs for you and a companion. Blood - including storage and administration. Coverage of whole blood and packed red cells starts with the first pint of blood you need. All components of blood are covered starting with the first pint. Physician services **Note:** To be an inpatient, your provider must write an order to admit you formally as an inpatient of the hospital. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you're not sure if you're an inpatient or an outpatient, ask the hospital staff. Get more information in the Medicare fact sheet Medicare Hospital Benefits. This fact sheet is available at www.Medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call **1-877-486-2048**. Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider. Inpatient services in a psychiatric hospital For each inpatient stay, you pay: \$250 Covered services include mental health care services that per stay. require a hospital stay. Cost sharing is charged for each Days covered: There is no limit to the number of days covered medically necessary covered inpatient by our plan. Cost sharing is not charged on the day of stay. discharge. Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the

# Inpatient stay: Covered services you get in a hospital or SNF during a non-covered inpatient stay

If you've used up your skilled nursing facility benefits or if the skilled nursing facility or inpatient stay isn't reasonable and necessary, we won't cover your inpatient stay. In some cases, we'll cover certain services you get while you're in the hospital or the skilled nursing facility (SNF). Covered services include, but aren't limited to:

- Physician services
- Diagnostic tests (like lab tests)
- X-ray, radium, and isotope therapy including technician materials and services
- Surgical dressings
- Splints, casts and other devices used to reduce fractures and dislocations
- Prosthetics and orthotics devices (other than dental) that replace all or part of an internal body organ (including contiguous tissue), or all or part of the function of a permanently inoperative or malfunctioning internal body organ, including replacement or repairs of such devices
- Leg, arm, back, and neck braces; trusses, and artificial legs, arms, and eyes including adjustments, repairs, and replacements required because of breakage, wear, loss, or a change in the patient's physical condition
- Physical therapy, speech therapy, and occupational therapy

Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.

# What you pay in-network and out-of-network

\$20 copay for Medicare-covered primary care provider (PCP) services.

\$20 copay for Medicare-covered specialist services.

\$20 copay for each Medicare-covered diagnostic procedure and test.

\$0 copay for each Medicare-covered retinal fundus service, spirometry, and peripheral arterial disease (PAD) test.

\$20 copay for each Medicare-covered lab service.

\$0 copay for certain Medicare-covered lab services including hemoglobin A1c, urine protein, prothrombin (protime), urine albumin, fecal immunochemical test (FIT), Kidney Health Evaluation for members with Diabetes (KED), and COVID-19 testing.

\$20 copay for each Medicare-covered diagnostic radiology and complex imaging service.

\$20 copay for each Medicare-covered x-ray.

\$20 copay for each Medicare-covered therapeutic radiology service.

Your cost share for medical supplies is based upon the provider of services.

\$0 copay for continuous glucose monitor supplies.

20% of the total cost for each Medicare-covered prosthetic and orthotic device.

\$20 copay for each Medicare-covered physical or speech therapy visit.

\$20 copay for each Medicare-covered occupational therapy visit.

# **Medical nutrition therapy**

This benefit is for people with diabetes, renal (kidney) disease (but not on dialysis), or after a kidney transplant when ordered by your doctor.

We cover 3 hours of one-on-one counseling services during the first year you get medical nutrition therapy services under Medicare (this includes our plan, any other Medicare Advantage plan, or Original Medicare), and 2 hours each year after that. If your condition, treatment, or diagnosis changes, you may be able to get more hours of treatment with a physician's order. A physician must prescribe these services and renew their order yearly if your treatment is needed into the next calendar year.

# What you pay in-network and out-of-network

There is no coinsurance, copayment, or deductible for members eligible for Medicare-covered medical nutrition therapy services.

Medicare Diabetes Prevention Program (MDPP)
MDPP services are covered for eligible people under all
Medicare health plans.

MDPP is a structured health behavior change intervention that provides practical training in long-term dietary change, increased physical activity, and problem-solving strategies for overcoming challenges to sustaining weight loss and a healthy lifestyle.

There is no coinsurance, copayment, or deductible for the MDPP benefit.

# **Medicare Part B drugs**

These drugs are covered under Part B of Original Medicare. Members of our plan receive coverage for these drugs through our plan. Covered drugs include:

- Drugs that usually aren't self-administered by the patient and are injected or infused while you get physician, hospital outpatient, or ambulatory surgical center services infusion therapy.
- Insulin furnished through an item of durable medical equipment (such as a medically necessary insulin pump)
- Other drugs you take using durable medical equipment (such as nebulizers) that were authorized by our plan
- The Alzheimer's drug, Leqembi®, (generic name lecanemab), which is administered intravenously. In addition to medication costs, you may need additional scans and tests before and/or during treatment that could add to your overall costs. Talk to your doctor about what scans and tests you may need as part of your treatment
- Clotting factors you give yourself by injection if you have hemophilia
- Transplant/immunosuppressive drugs: Medicare covers transplant drug therapy if Medicare paid for your organ transplant. You must have Part A at the time of the covered transplant, and you must have Part B at the time you get immunosuppressive drugs. Medicare Part D drug coverage covers immunosuppressive drugs if Part B

\$0 copay per prescription or refill.

\$0 copay for each chemotherapy or infusion therapy Part B drug.

\$20 copay for the administration of the chemotherapy drug as well as for infusion therapy.

\$0 copay for each allergy shot. You may have to pay an office visit cost share if you get other services at the same time that you get the allergy shot.

\$0 copay for each insulin Part B drug.

Part B drugs may be subject to Step Therapy requirements.

# What you pay in-network and out-of-network **Covered Service Medicare Part B drugs** (continued) doesn't cover them. Injectable osteoporosis drugs, if you're homebound, have a bone fracture that a doctor certifies was related to post-menopausal osteoporosis, and can't self-administer the drug Some antigens: Medicare covers antigens if a doctor prepares them and a properly instructed person (who could be you, the patient) gives them under appropriate supervision • Certain oral anti-cancer drugs: Medicare covers some oral cancer drugs you take by mouth if the same drug is available in injectable form or the drug is a prodrug (an oral form of a drug that, when ingested, breaks down into the same active ingredient found in the injectable drug) of the injectable drug. As new oral cancer drugs become available, Part B may cover them. If Part B doesn't cover them, Part D does. Oral anti-nausea drugs: Medicare covers oral anti-nausea drugs you use as part of an anti-cancer chemotherapeutic regimen if they're administered before, at, or within 48 hours of chemotherapy or are used as a full therapeutic replacement for an intravenous anti-nausea drug Certain oral End-Stage Renal Disease (ESRD) drugs covered under Medicare Part B Calcimimetic and phosphate binder medications under the ESRD payment system, including the intravenous medication Parsabiv® and the oral medication Sensipar® · Certain drugs for home dialysis, including heparin, the antidote for heparin when medically necessary and topical anesthetics Erythropoiesis-stimulating agents: Medicare covers erythropoietin by injection if you have End-Stage Renal Disease (ESRD) or you need this drug to treat anemia related to certain other conditions (such as Epogen®, Procrit®, Retacrit®, Epoetin Alfa, Aranesp®, Darbepoetin Alfa, Mircera®, or Methoxy polyethylene glycol-epoetin beta) · Intravenous Immune Globulin for the home treatment of primary immune deficiency diseases · Parenteral and enteral nutrition (intravenous and tube feeding) · Allergy shots

This link will take you to a list of Part B drugs that may be subject to Step Therapy: **Aetna.com/partb-step**.

We also cover some vaccines under our Part B and Part D drug
This service is continued on the next page

Covered Service	What you pay in-network and out-of-network
Medicare Part B drugs (continued)	
benefit.	
Chapter 5 of the <i>Evidence of Coverage</i> explains our Part D drug benefit, including rules you must follow to have prescriptions covered. What you pay for your Part D drugs through our plan is explained in Chapter 6 of the <i>Evidence of Coverage</i> .	
Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	
Obesity screening and therapy to promote sustained	There is no coinsurance, copayment, or deductible for preventive obesity
weight loss If you have a body mass index of 30 or more, we cover intensive counseling to help you lose weight. This counseling is covered if you get it in a primary care setting, where it can be coordinated with your comprehensive prevention plan. Talk to your primary care doctor or practitioner to find out more.	screening and therapy.
Opioid treatment program services	\$20 copay for each Medicare-covered
Members of our plan with opioid use disorder (OUD) can get coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services:	opioid use disorder treatment service.
<ul> <li>U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications</li> <li>Dispensing and administration of MAT medications (if applicable)</li> <li>Substance use counseling</li> </ul>	
Individual and group therapy	
Toxicology testing	
Intake activities	
Periodic assessments	
Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	
Outpatient diagnostic tests and therapeutic services and	Your cost share is based on:
<ul> <li>supplies</li> <li>Covered services include, but aren't limited to:</li> <li>X-rays</li> <li>Radiation (radium and isotope) therapy including technician materials and supplies</li> </ul>	<ul> <li>the tests, services, and supplies you receive</li> <li>the provider of the tests, services, and supplies</li> <li>the setting where the tests, services,</li> </ul>
Surgical supplies, such as dressings	and supplies are performed/provided
This service is continued on the next page	

# What you pay in-network and out-of-network **Covered Service** Outpatient diagnostic tests and therapeutic services and supplies (continued) \$20 copay for each Medicare-covered Splints, casts and other devices used to reduce fractures x-rav. and dislocations Laboratory tests \$20 copay for each Medicare-covered lab service. Blood - including storage and administration. Coverage of whole blood and packed red cells starts with the first pint \$0 copay for certain Medicare-covered of blood you need. All components of blood are covered lab services including hemoglobin A1c. starting with the first pint. urine protein, prothrombin (protime), Diagnostic non-laboratory tests such as CT scans, MRIs, EKĞs, and PET scans when your doctor or other health urine albumin, fecal immunochemical test (FIT), Kidney Health Evaluation for care provider orders them to treat a medical problem. members with Diabetes (KED), and Other outpatient diagnostic tests COVID-19 testing. Prior authorization rules may apply for network services. \$0 copay for Medicare-covered blood Your network provider is responsible for requesting prior services. authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider. \$20 copay for each Medicare-covered diagnostic procedure and test. \$20 copay for each Medicare-covered diagnostic radiology and complex imaging service. \$20 copay for each Medicare-covered CT scan. \$20 copay for each Medicare-covered diagnostic radiology service other than CT scan. \$0 copay for each Medicare-covered retinal fundus service, spirometry, and peripheral arterial disease (PAD) test. \$20 copay for each Medicare-covered therapeutic radiology service. Your cost share for medical supplies is based upon the provider of services. \$0 copay for continuous glucose monitor supplies. Outpatient hospital observation Your cost share for Observation Care is Observation services are hospital outpatient services given to based upon the services you receive. determine if you need to be admitted as an inpatient or can be discharged.

# **Outpatient hospital observation** (continued)

For outpatient hospital observation services to be covered, they must meet Medicare criteria and be considered reasonable and necessary. Observation services are covered only when provided by the order of a physician or another person authorized by state licensure law and hospital staff bylaws to admit patients to the hospital or order outpatient tests.

**Note:** Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you aren't sure if you're an outpatient, ask the hospital staff.

Get more information in the Medicare fact sheet Medicare Hospital Benefits. This fact sheet is available at Medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call **1-877-486-2048**.

# Outpatient hospital services

We cover medically necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.

Covered services include, but aren't limited to:

- · Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery
- Laboratory and diagnostic tests billed by the hospital
- · Mental health care, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be required without it
- X-rays and other radiology services billed by the hospital
- Medical supplies such as splints and casts
- Certain drugs and biologicals you can't give yourself

**Note:** Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you aren't sure if you're an outpatient, ask the hospital staff.

Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.

This service is continued on the next page

What you pay

in-network and out-of-network

\$0 copay per facility visit.

Your cost share is based on:

- the tests, services, and supplies you receive
- the provider of the tests, services, and supplies
- the setting where the tests, services. and supplies are performed/provided

\$90 copay for emergency care. Cost sharing is waived if you are immediately admitted to the hospital.

\$20 copay for each Medicare-covered diagnostic procedure and test.

\$0 copay for each Medicare-covered retinal fundus service, spirometry, and peripheral arterial disease (PAD) test.

\$20 copay for each Medicare-covered lab service.

\$0 copay for certain Medicare-covered lab services including hemoglobin A1c. urine protein, prothrombin (protime), urine albumin, fecal immunochemical

Covered Service	What you pay in-network
Outpatient hospital services (continued)	
Outpatient nospital services (Commueu)	test (FIT), Kidney Health Evaluation for members with Diabetes (KED), and COVID-19 testing.
	\$20 copay for each Medicare-covered diagnostic radiology and complex imaging service.
	\$20 copay for each Medicare-covered x-ray.
	\$20 copay for each Medicare-covered therapeutic radiology service.
	\$20 copay for each Medicare-covered individual session for outpatient psychiatrist service.
	\$20 copay for each Medicare-covered group session for outpatient psychiatrist service.
	\$20 copay for each Medicare-covered individual session for outpatient mental health service.
	\$20 copay for each Medicare-covered group session for outpatient mental health service.
	\$20 copay for each Medicare-covered partial hospitalization visit.
	\$20 copay for each Medicare-covered intensive outpatient visit.
	Your cost share for medical supplies is based upon the provider of services.
	\$0 copay for continuous glucose monitor supplies.
	\$0 copay per prescription or refill for certain drugs and biologicals that you can't give yourself.
Outpatient mental health care Covered services include: Mental health services provided by a state-licensed psychiatrist	\$20 copay for each Medicare-covered individual session for outpatient psychiatrist service.
or doctor, clinical psychologist, clinical social worker, clinical	
This service is continued on the next page	
<u> </u>	

service when provided by an out-of-network provider.

### What you pay in-network and out-of-network **Covered Service Outpatient mental health care** (continued) nurse specialist licensed professional counselor (LPC), licensed \$20 copay for each Medicare-covered marriage and family therapist (LMFT), nurse practitioner (NP), group session for outpatient psychiatrist physician assistant (PA), or other Medicare-qualified mental service. health care professional as allowed under applicable state laws. \$20 copay for each Medicare-covered individual session for outpatient mental We also cover some telehealth visits with psychiatric and mental health professionals. See Physician/Practitioner health service. services, including doctor's office visits for information about \$20 copay for each Medicare-covered telehealth outpatient mental health care. group session for outpatient mental health service. Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider. Outpatient rehabilitation services \$20 copay for each Medicare-covered Covered services include physical therapy, occupational physical or speech therapy visit. therapy, and speech language therapy. \$20 copay for each Medicare-covered Outpatient rehabilitation services are provided in various occupational therapy visit. outpatient settings, such as hospital outpatient departments. independent therapist offices, and Comprehensive Outpatient Rehabilitation Facilities (CORFs). Outpatient substance use disorder services \$20 copay for each Medicare-covered Our coverage is the same as Original Medicare, which is individual session for outpatient coverage for services that are provided in the outpatient substance use disorder service. department of a hospital to patients who, for example, have been discharged from an inpatient stay for the treatment of \$20 copay for each Medicare-covered substance use disorder or who require treatment but do not group session for outpatient substance require the availability and intensity of services found only in the use disorder service. inpatient hospital setting. The coverage available for these services is subject to the same rules generally applicable to the coverage of outpatient hospital services. Covered services include: Assessment, evaluation, and treatment for substance use related disorders by a Medicare-eligible provider to quickly determine the severity of substance use and identify the appropriate level of treatment Brief interventions or advice focusing on increasing insight and awareness regarding substance use and motivation toward behavioral change Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the

# Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers

**Note:** If you're having surgery in a hospital facility, you should check with your provider about whether you'll be an inpatient or outpatient. Unless the provider writes an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient surgery. Even if you stay in the hospital overnight, you might still be considered an outpatient.

Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the \$0 copay for each Medicare-covered service when provided by an out-of-network provider.

# Partial hospitalization services and Intensive outpatient services

Partial hospitalization is a structured program of active psychiatric treatment provided as a hospital outpatient service or by a community mental health center that's more intense than care you get in your doctor's, therapist's, licensed marriage and family therapist's (LMFT), or licensed professional counselor's office and is an alternative to inpatient hospitalization.

Intensive outpatient service is a structured program of active behavioral (mental) health therapy treatment provided in a hospital outpatient department, a community mental health center, a federally qualified health center, or a rural health clinic that's more intense than care you get in your doctor's, therapist's, licensed marriage and family therapist's (LMFT), or licensed professional counselor's office but less intense than partial hospitalization.

Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.

# Physician/Practitioner services, including doctor's office visits

Covered services include:

- Medically necessary medical care or surgery services you get in a physician's office, certified ambulatory surgical center, hospital outpatient department, or any other location
- Consultation, diagnosis, and treatment by a specialist

# What you pay in-network and out-of-network

Your cost share is based on:

- the tests, services, and supplies you receive
- the provider of the tests, services. and supplies
- the setting where the tests, services. and supplies are performed/provided

\$0 copay for each Medicare-covered outpatient surgery at a hospital outpatient facility.

outpatient surgery at an ambulatory surgical center.

\$20 copay for each Medicare-covered partial hospitalization visit.

\$20 copay for each Medicare-covered intensive outpatient visit.

Your cost share is based on:

- the tests, services, and supplies you receive
- the provider of the tests, services, and supplies
- the setting where the tests, services, and supplies are performed/provided

# Physician/Practitioner services, including doctor's office visits (continued)

- Basic hearing and balance exams performed by your specialist, if your doctor orders it to see if you need medical treatment
- · Certain telehealth services, including:
  - Primary care provider services
  - Physician specialist services
  - Mental health services (individual sessions)
  - Mental health services (group sessions)
  - Psychiatric services (individual sessions)
  - Psychiatric services (group sessions)
  - Urgently needed services
  - Occupational therapy services
  - Physical and speech therapy services
  - Opioid treatment services
  - Outpatient substance use disorder services (individual sessions)
  - Outpatient substance use disorder services (group sessions)
  - Kidney disease education services
  - Diabetes self-management services
- For more details on your additional telehealth coverage, please review the Aetna Medicare Telehealth Coverage Policy at <u>AetnaMedicare.com/Telehealth</u>.
  - You have the option of getting these services through an in-person visit or by telehealth. If you choose to get one of these services by telehealth, you must use a provider who offers the service by telehealth. Not all providers offer telehealth services.
  - You should contact your doctor for information on what telehealth services they offer and how to schedule a telehealth visit. Depending on location, members may also have the option to schedule a telehealth visit 24 hours a day, 7 days a week via Teladoc™, MinuteClinic Video Visit, or other provider that offers telehealth services covered under your plan. Members can access Teladoc at Teladoc.com/Aetna or by calling 1-855-TELADOC (1-855-835-2362) (TTY: 711), available 24/7. Note: Teladoc is not currently available outside of the United States and its territories (Guam, Puerto Rico, and the U.S. Virgin Islands). You can find out if MinuteClinic Video Visits are available in your area at CVS.com/MinuteClinic/virtual-care/videovisit.

# What you pay in-network and out-of-network

\$20 copay for Medicare-covered primary care provider (PCP) services (including urgently needed services).

\$20 copay for Medicare-covered physician specialist services (including surgery second opinion, home infusion professional services, and urgently needed services).

Your cost share for cancer-related treatment is based upon the services you receive.

\$20 copay for each Medicare-covered hearing exam.

Certain additional telehealth services, including:

- \$20 copay for each primary care provider service
- \$20 copay for each physician specialist service
- \$20 copay for each individual session for mental health service
- \$20 copay for each group session for mental health service
- \$20 copay for each individual session for psychiatric service
- \$20 copay for each group session for psychiatric service
- \$20 copay for each urgently needed service
- \$20 copay for each occupational therapy visit
- \$20 copay for each physical or speech therapy visit

# Physician/Practitioner services, including doctor's office visits (continued)

- Some telehealth services including consultation, diagnosis, and treatment by a physician or practitioner, for patients in certain rural areas or other places approved by Medicare
- Telehealth services for monthly end-stage renal disease-related visits for home dialysis members in a hospital-based or critical access hospital-based renal dialysis center, renal dialysis facility, or the member's home
- Telehealth services to diagnose, evaluate, or treat symptoms of a stroke, regardless of your location
- Telehealth services for members with a substance use disorder or co-occurring mental health disorder, regardless of their location
- Telehealth services for diagnosis, evaluation, and treatment of mental health disorders if:
  - You have an in-person visit within 6 months prior to your first telehealth visit
  - You have an in-person visit every 12 months while receiving these telehealth services
  - Exceptions can be made to the above for certain circumstances
- Telehealth services for mental health visits provided by Rural Health Clinics and Federally Qualified Health Centers
- Virtual check-ins (for example, by phone or video chat) with your doctor for 5-10 minutes **if**:
  - You're not a new patient and
  - The check-in isn't related to an office visit in the past 7 days and
  - The check-in doesn't lead to an office visit within 24 hours or the soonest available appointment
- Evaluation of video and/or images you send to your doctor, and interpretation and follow-up by your doctor within 24 hours if:
  - You're not a new patient and
  - The evaluation isn't related to an office visit in the past7 days and
  - The evaluation doesn't lead to an office visit within 24 hours or the soonest available appointment
- Consultation your doctor has with other doctors by phone, internet, or electronic health record
- Second opinion by another network provider prior to surgery
- Allergy testing
- Diagnosis, consultation and the treatment of cancer

# What you pay in-network and out-of-network

- \$20 copay for each opioid treatment program service
- \$20 copay for each individual outpatient substance use disorder service
- \$20 copay for each group outpatient substance use disorder service
- \$0 copay for each kidney disease education service
- \$0 copay for each diabetes self-management training service

\$0 copay for each Teladoc telehealth service.

\$20 copay for Medicare-covered allergy testing.

\$20 copay for nationally contracted walk-in clinics.

Covered Service	What you pay in-network and out-of-network
Physician/Practitioner services, including doctor's office visits (continued) Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	
Podiatry services Covered services include:  Diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs) Routine foot care for members with certain medical conditions affecting the lower limbs	\$20 copay for each Medicare-covered podiatry visit.
Pre-exposure prophylaxis (PrEP) for HIV prevention If you don't have HIV, but your doctor or other health care practitioner determines you're at an increased risk for HIV, we cover pre-exposure prophylaxis (PrEP) medication and related services.	There is no coinsurance, copayment, or deductible for each Medicare-covered PrEP service.
If you qualify, covered services include:	
<ul> <li>FDA-approved oral or injectable PrEP medication. If you're getting an injectable drug, we also cover the fee for injecting the drug.</li> <li>Up to 8 individual counseling sessions (including HIV risk assessment, HIV risk reduction, and medication adherence) every 12 months.</li> <li>Up to 8 HIV screenings every 12 months.</li> <li>A one-time hepatitis B virus screening.</li> </ul>	
Prostate cancer screening exams For men aged 50 and older, covered services include the	\$0 copay for each Medicare-covered digital rectal exam.
following once every 12 months:  • Digital rectal exam  • Prostate Specific Antigen (PSA) test	There is no coinsurance, copayment, or deductible for an annual PSA test.
Prosthetic and orthotic devices and related supplies Devices (other than dental) that replace all or part of a body part or function. These include but aren't limited to testing, fitting, or training in the use of prosthetic and orthotic devices; as well as colostomy bags and supplies directly related to colostomy care, pacemakers, braces, prosthetic shoes, artificial limbs, and breast prostheses (including a surgical brassiere after a mastectomy). Includes certain supplies related to prosthetic and orthotic devices, and repair and/or replacement of This service is continued on the next page	20% of the total cost for each Medicare-covered prosthetic and orthotic device.  Your cost share for medical supplies is based upon the provider of services.

Prosthetic and orthotic devices and related supplies (continued) prosthetic and orthotic devices. Also includes some coverage following cataract removal or cataract surgery – go to Vision care later in this table.	in-network and out-of-network
Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.	
	\$20 copay for each Medicare-covered oulmonary rehabilitation service.
	There is no coinsurance, copayment, or deductible for Resources For Living.
We cover one alcohol misuse screening for adults (including pregnant women) who misuse alcohol but aren't alcohol	There is no coinsurance, copayment, or deductible for the Medicare-covered screening and counseling to reduce alcohol misuse preventive benefit.
primary care doctor or practitioner in a primary care setting.  Screening for Hepatitis C Virus infection  We cover one Hepatitis C screening if your primary care doctor.	There is no coinsurance, copayment, or deductible for each Medicare-covered screening for the Hepatitis C Virus.
You were born between 1945-1965.  This service is continued on the next page	

	What you now
Covered Service	What you pay in-network and out-of-network
Screening for Hepatitis C Virus infection (continued)  If you were born between 1945-1965 and aren't considered high risk, we pay for a screening once. If you're at high risk (for example, you've continued to use illicit injection drugs since your previous negative Hepatitis C screening test), we cover yearly screenings.	
Screening for lung cancer with low dose computed tomography (LDCT) For qualified people, a LDCT is covered every 12 months.	There is no coinsurance, copayment, or deductible for the Medicare-covered counseling and shared decision making visit or for the LDCT.
Eligible members are people age 50–77 who have no signs or symptoms of lung cancer, but who have a history of tobacco smoking of at least 20 pack-years and who currently smoke or have quit smoking within the last 15 years, who get an order for LDCT during a lung cancer screening counseling and shared decision-making visit that meets the Medicare criteria for such visits and be furnished by a physician or qualified non-physician practitioner.	
For LDCT lung cancer screenings after the initial LDCT screening: the members must get an order for LDCT lung cancer screening, which may be furnished during any appropriate visit with a physician or qualified non-physician practitioner. If a physician or qualified non-physician practitioner elects to provide a lung cancer screening counseling and shared decision-making visit for later lung cancer screenings with LDCT, the visit must meet the Medicare criteria for such visits.	
Screening for sexually transmitted infections (STIs) and counseling to prevent STIs  We cover sexually transmitted infection (STI) screenings for chlamydia, gonorrhea, syphilis, and Hepatitis B. These screenings are covered for pregnant women and for certain people who are at increased risk for an STI when the tests are ordered by a primary care provider. We cover these tests once every 12 months or at certain times during pregnancy.	There is no coinsurance, copayment, or deductible for the Medicare-covered screening for STIs and counseling for STIs preventive benefit.
We also cover up to 2 individual 20 to 30 minute, face-to-face high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. We only cover these counseling sessions as a preventive service if they are provided by a primary care provider and take place in a primary care setting, such as a doctor's office.	
Services to treat kidney disease Covered services include:  This service is continued on the next page	\$0 copay for self-dialysis training.  \$0 copay for each Medicare-covered kidney disease education session.
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# Services to treat kidney disease (continued)

- Kidney disease education services to teach kidney care and help members make informed decisions about their care. For members with stage IV chronic kidney disease when referred by their doctor, we cover up to 6 sessions of kidney disease education services per lifetime
- · Outpatient dialysis treatments (including dialysis treatments when temporarily out of the service area, as explained in Chapter 3 of the Evidence of Coverage, or when your provider for this service is temporarily unavailable or inaccessible)
- Inpatient dialysis treatments (if you're admitted as an inpatient to a hospital for special care)
- Self-dialysis training (includes training for you and anyone \$0 copay for Medicare-covered home helping you with your home dialysis treatments)
- Home dialysis equipment and supplies
- Certain home support services (such as, when necessary, visits by trained dialysis workers to check on your home dialysis, to help in emergencies, and check your dialysis equipment and water supply)

Certain drugs for dialysis are covered under Medicare Part B. For information about coverage for Part B Drugs, go to **Medicare Part B drugs** in this table.

Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider.

## Skilled nursing facility (SNF) care

(For a definition of skilled nursing facility care, go to Chapter 12 of the Evidence of Coverage. Skilled nursing facilities are sometimes called SNFs.)

Days covered: up to 100 days per benefit period. A prior hospital into a hospital or skilled nursing facility. stay is not required.

Covered services include but aren't limited to:

- Semiprivate room (or a private room if medically necessary)
- Meals, including special diets
- · Skilled nursing services
- Physical therapy, occupational therapy and speech
- Drugs administered to you as part of our plan of care (this includes substances that are naturally present in the body, such as blood clotting factors.)

What you pay in-network and out-of-network

\$20 copay for in- and out-of-area outpatient dialysis.

For each inpatient hospital stay, you pay: \$250 per stay.

Cost sharing is charged for each medically necessary covered inpatient stay.

20% of the total cost for home dialysis equipment and supplies.

support services.

\$0 per day, days 1-20; \$75 per day, days 21-100 for each Medicare-covered SNF stav.

A benefit period begins the day you go The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row, including your day of discharge. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods you can have.

# What you pay in-network and out-of-network **Covered Service Skilled nursing facility (SNF) care** (continued) Blood – including storage and administration. Coverage of whole blood and packed red cells starts with the first pint of blood you need. All components of blood are covered starting with the first pint. Medical and surgical supplies ordinarily provided by SNFs Laboratory tests ordinarily provided by SNFs X-rays and other radiology services ordinarily provided by **SNFs** Use of appliances such as wheelchairs ordinarily provided by SNFs Physician/Practitioner services Prior authorization rules may apply for network services. Your network provider is responsible for requesting prior authorization. Our plan recommends pre-authorization of the service when provided by an out-of-network provider. There is no coinsurance, copayment, or Smoking and tobacco use cessation (counseling to stop deductible for the Medicare-covered smoking or tobacco use) smoking and tobacco use cessation Smoking and tobacco use cessation counseling is covered for preventive benefits. outpatient and hospitalized patients who meet these criteria: \$0 copay for each additional Use tobacco, regardless of whether they exhibit signs or non-Medicare covered smoking and symptoms of tobacco-related disease tobacco use cessation visit. Are competent and alert during counseling A qualified physician or other Medicare-recognized practitioner provides counseling We cover 2 cessation attempts per year (each attempt may include a maximum of 4 intermediate or intensive sessions, with the patient getting up to 8 sessions per year.) In addition to Medicare-covered benefits, we also offer: Additional (non-Medicare covered) individual and group face-to-face intermediate and intensive counseling sessions: unlimited visits every year Supervised Exercise Therapy (SET) \$20 copay for each Medicare-covered SET is covered for members who have symptomatic peripheral Supervised Exercise Therapy service. artery disease (PAD) and a referral for PAD from the physician responsible for PAD treatment. Up to 36 sessions over a 12-week period are covered if the SET program requirements are met. The SET program must: This service is continued on the next page

### What you pay in-network and out-of-network **Covered Service Supervised Exercise Therapy (SET)** (continued) Consist of sessions lasting 30-60 minutes, comprising a therapeutic exercise-training program for PAD in patients with claudication Be conducted in a hospital outpatient setting or a physician's office • Be delivered by qualified auxiliary personnel necessary to ensure benefits exceed harms and who are trained in exercise therapy for PAD Be under the direct supervision of a physician, physician assistant, or nurse practitioner/clinical nurse specialist who must be trained in both basic and advanced life support techniques SET may be covered beyond 36 sessions over 12 weeks for an additional 36 sessions over an extended period of time if deemed medically necessary by a health care provider. **Urgently needed services** \$20 copay for each Medicare-covered A plan-covered service requiring immediate medical attention urgent care facility visit. Cost sharing is that's not an emergency is an urgently needed service if either not waived if you are admitted to the you're temporarily outside our plan's service area, or, even if hospital. you're inside our plan's service area, it's unreasonable given (See Physician/Practitioner services. your time, place, and circumstances to get this service from network providers. Our plan must cover urgently needed including doctor's office visits for services and only charge you in-network cost sharing. information about urgently needed Examples of urgently needed services are unforeseen medical services provided in a physician's illnesses and injuries, or unexpected flare-ups of existing office.) conditions. Medically necessary routine provider visits (like annual checkups) aren't considered urgently needed even if \$20 copay for each urgent care facility visit worldwide (i.e., outside the United you're outside our plan's service area or our plan network is temporarily unavailable. States). Cost sharing is <u>not</u> waived if you are admitted to the hospital. In addition to Medicare-covered benefits, we also offer: Urgent care (worldwide) You may have to pay the provider at the time of service and submit for reimbursement. \$20 copay for each Medicare-covered Vision care eve exam. If you receive additional Covered services include: services during the eye exam, such as but not limited to lab, diagnostic testing, Outpatient physician services for the diagnosis and and/or specialist treatment, you may treatment of diseases and injuries of the eye, including also be responsible for a cost share for treatment for age-related macular degeneration. Original those additional services received. Medicare doesn't cover routine eye exams (eye refractions) for eyeglasses/contacts. \$0 copay for each Medicare-covered glaucoma screening. This service is continued on the next page

you choose to use a supplier that is not in the DME network, you

will need to pay out-of-pocket and submit a claim for reimbursement along with the receipt. You will only be reimbursed up to the benefit amount. You can find the reimbursement form at **AetnaMedicare.com/forms**.

### What you pay in-network and out-of-network **Covered Service** Vision care (continued) For people who are at high risk for glaucoma, we cover \$0 copay for one diabetic retinopathy one glaucoma screening every 12 months. People at high screening. risk of glaucoma include people with a family history of glaucoma, people with diabetes, African Americans who \$0 copay for each follow-up diabetic are age 50 and older and Hispanic Americans who are 65 eye exam. or older. For people with diabetes, screening for diabetic \$0 copay for one pair of eyeglasses or retinopathy is covered once per year. contact lenses after each cataract One pair of eyeglasses or contact lenses after each surgery. Coverage includes cataract surgery that includes insertion of an intraocular conventional eyeglasses, traditional lens. If you have 2 separate cataract operations, you can't lenses, bifocals, trifocals, progressive reserve the benefit after the first surgery and purchase 2 lenses, or contact lenses. Designer eyeglasses after the second surgery. frames are excluded. \$0 copay for each non-Medicare In addition to Medicare-covered benefits, we also offer: covered routine eye exam. If you receive additional services during the eye exam, Non-Medicare covered eye exams: one exam every year such as but not limited to lab, diagnostic • Follow-up diabetic eye exam testing, and/or specialist treatment, you may also be responsible for a cost share for those additional services received. There is no coinsurance, copayment, or **Welcome to Medicare preventive visit** deductible for the Welcome to Medicare The plan covers the one-time Welcome to Medicare preventive preventive visit. visit. The visit includes a review of your health, as well as education and counseling about the preventive services you \$0 copay for a Medicare-covered EKG need (including certain screenings and shots (or vaccines)), and screening following the Welcome to referrals for other care if needed. Medicare preventive visit. **Important:** We cover the Welcome to Medicare preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you want to schedule your Welcome to Medicare preventive visit. \$0 copay for a wig. This benefit is offered for hair loss as a result of chemotherapy. You can purchase wigs through a durable medical equipment (DME) supplier or supplier of your choice. Plan pays up to \$400 every year. You are responsible for any costs over the benefit amount. To find a DME supplier you can call the phone number on your Member ID card or visit our online directory at aet.na/search. If

Note: See Chapter 4, Section 2 of the Evidence of Coverage for information on prior authorization rules.

Due to legislation in Arkansas, effective January 1, 2026, you may not be able to utilize the following services within the state of Arkansas, unless a court takes action: CVS Retail, CVS Caremark Mail Service, CVS Specialty, and OMNI Care long term pharmacies.

# **Prescription Drug Schedule of Cost Sharing**

Former Employer/Union/Trust Name: THE CITY OF SEATTLE

Group Agreement Effective Date: 01/01/2026

Master Plan ID: 0000653

This Prescription Drug Schedule of Cost Sharing is part of the Evidence of Coverage (EOC) for our plan. When the EOC refers to the document with information on Medicare Part D prescription drug benefits covered under our plan, it is referring to this Prescription Drug Benefits Chart. (See Chapter 5, Using plan coverage for Part D drugs and Chapter 6, What you pay for Part D drugs.)

Annual Deductible Amount:	<b>\$</b> O
Formulary Type:	Classic
Number of Cost-Share Tiers:	5 Tier
Annual Out-of-Pocket Limit:	\$2,100
Retail Pharmacy Network:	P1

The name of your pharmacy network is listed above. The Aetna Medicare pharmacy network includes pharmacies that offer standard cost-sharing and pharmacies that offer preferred cost-sharing. Your cost-sharing may be less at pharmacies with preferred cost-sharing. You may go to either type of network pharmacy to receive your covered prescription drugs.

For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, please call the number on your ID card, or consult the online pharmacy directory at <u>AetnaRetireePlans.com</u>.

# Every drug on our plan's Drug List is in one of the cost-sharing tiers described below:

- Tier One Preferred generic drugs: Includes low-cost generic drugs
- Tier Two Generic drugs: Includes generic drugs
- Tier Three Preferred brand drugs: Includes preferred brand drugs and some high-cost generic drugs
- Tier Four Non-preferred drugs: Includes non-preferred brand drugs and some higher-cost generic drugs
- Tier Five Specialty drugs: Includes high-cost/unique brand and generic drugs

To find out which cost-sharing tier your drug is in, look it up in our plan's Drug List. If your covered drug costs less than the copayment amount listed in the chart, you will pay that lower price for the drug. You pay *either* the full price of the drug *or* the copayment amount, *whichever is lower*.

**Important Message About What You Pay for Vaccines** — Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.

**Initial Coverage Stage:** In this stage, you pay your share of covered Part D drug costs until you reach the \$2,100 annual out-of-pocket limit.

**Standard Cost Share**: The chart below lists the amount that you pay at a pharmacy that offers standard cost sharing:

	One-Month Supply		Extended Supply		
Initial Coverage	Standard retail cost sharing (in-network) (up to a 30-day supply)	Long-term care (LTC) cost sharing (up to a 31-day supply)	Out-of- network cost sharing* (up to a 30-day supply)	Standard retail or standard mail order cost sharing (up to a 90-day supply)	Preferred mail order cost sharing (up to a 90-day supply)
Tier 1 Preferred Generic drugs - Includes low-cost generic drugs	You pay \$5	You pay \$5	You pay \$5	You pay \$12.50	You pay \$2.50
Tier 2 Generic drugs - Includes generic drugs	You pay \$20	You pay \$20	You pay \$20	You pay \$50	You pay \$50
Tier 3 Preferred Brand drugs - Includes preferred brand drugs and some high-cost generic drugs	You pay \$40	You pay \$40	You pay \$40	You pay \$100	You pay \$100
Tier 4 Non-Preferred drugs - Includes non-preferred brand drugs and some higher-cost generic drugs	You pay \$65	You pay \$65	You pay \$65	You pay \$162.50	You pay \$162.50
Tier 5 Specialty drugs - Includes high-cost/ unique brand and generic drugs	You pay 25% for your drug	You pay 25% for your drug	You pay 25% for your drug	Limited to one-month supply	Limited to one-month supply

You won't pay more than \$35 for a one-month supply or \$105 for up to a 90-day supply of each covered insulin product regardless of the cost-sharing tier.

\*Out-of-network coverage is limited to certain situations. Go to the *Evidence of Coverage* Chapter 5, Section 2.4 (*Using a pharmacy that's not in our plan's network*) for more information.

**Preferred Cost Share**: The chart below lists the amount that you pay at a pharmacy that offers preferred cost sharing:

	One-Month Supply			Extended Supply		
Initial Coverage		Long-term care (LTC) cost sharing (up to a 31-day supply)	Out-of- network cost sharing* (up to a 30-day supply)	Preferred retail cost sharing (up to a 90-day supply)	Preferred mail order cost sharing (up to a 90-day supply)	
Tier 1 Preferred Generic drugs - Includes low-cost generic drugs	You pay \$1	You pay \$5	You pay \$5	You pay \$2.50	You pay \$2.50	
Tier 2 Generic drugs - Includes generic drugs	You pay \$20	You pay \$20	You pay \$20	You pay \$50	You pay \$50	
Tier 3 Preferred Brand drugs - Includes preferred brand drugs and some high-cost generic drugs	You pay \$40	You pay \$40	You pay \$40	You pay \$100	You pay \$100	
Tier 4 Non-Preferred drugs - Includes non-preferred brand drugs and some higher-cost generic drugs	You pay \$65	You pay \$65	You pay \$65	You pay \$162.50	You pay \$162.50	
Tier 5 Specialty drugs - Includes high-cost/ unique brand and generic drugs	You pay 25% for your drug	You pay 25% for your drug	You pay 25% for your drug	Limited to one-month supply	Limited to one-month supply	

You won't pay more than \$35 for a one-month supply or \$105 for up to a 90-day supply of each covered insulin product regardless of the cost-sharing tier.

<sup>\*</sup>Out-of-network coverage is limited to certain situations. Go to the *Evidence of Coverage* Chapter 5, Section 2.4 (*Using a pharmacy that's not in our plan's network*) for more information.

**Catastrophic Coverage Stage:** You enter the Catastrophic Coverage Stage when you reach the \$2,100 annual out-of-pocket limit and you will remain in this stage for the rest of the plan year.

During this payment stage, you pay nothing for your covered Part D drugs.

## **Step Therapy**

Your plan includes step therapy. This requirement encourages you to try less costly but just as effective drugs before our plan covers another drug. For example, if Drug A and Drug B treat the same medical condition, our plan may require you to try Drug A first. If Drug A doesn't work for you, the plan will then cover Drug B. Our plan's step therapy criteria can be obtained by calling Member Services at <a href="1-888-267-2637">1-888-267-2637</a> (TTY users call <a href="711">711</a>) or on our website (<a href="#AetnaRetireePlans.com">AetnaRetireePlans.com</a>) with your formulary information.

## This Plan Uses the Classic Formulary:

Your plan uses the Classic formulary, which means that only drugs on Aetna's Drug List will be covered under your plan as long as the drug is medically necessary, and the plan rules are followed. Tiers labeled as brand, preferred brand, and non-preferred drug will also include some high-cost generic drugs. Non-preferred copayment levels may apply to some drugs on the Drug List. If it is medically necessary for you to use a prescription drug that is eligible for coverage under the Medicare drug benefit, but is not on our formulary, you can contact Aetna to request a coverage exception. Your doctor must submit a statement supporting your exception request. Review the Aetna Medicare 2026 Group Formulary (List of Covered Drugs) for more information.

Due to legislation in Arkansas, effective January 1, 2026, you may not be able to utilize the following services within the state of Arkansas, unless a court takes action: CVS Retail, CVS Caremark Mail Service, CVS Specialty, and OMNI Care long term pharmacies.

# **Notice of Availability (NOA)**

# TTY: 711

To access language services at no cost to you, call the number on your ID card. (English)

እርስዎ ወጪ ሳያወጡ የቋንቋ አ*ገልግ*ሎቶችን ለ<mark></mark>ድረስ በሞታወቂያ ካርድዎ (ID) ላይ ወዳለው ቁጥር ይደውሉ። (Amharic)

如欲使用免費語言服務,請致電您 ID 卡上的電話號碼。 (Chinese)

Tajaajila afaanii bilisaan argachuuf, lakkoofsa Waraqaa Eenyummeessaa (ID) keessan irra jiru irratti bilbilaa. (Cushite)

Pour accéder gratuitement aux services linguistiques, appelez le numéro figurant sur votre carte d'identité. (French)

Pou w jwenn aksè ak sèvis lang gratis pou ou, rele nimewo ki sou kat idantite w la. (French Creole)

Um kostenlos auf Sprachdienste zuzugreifen, rufen Sie die Nummer auf Ihrem Ausweis an. (German)

Inā ake 'oe e ili mai no ke kōkua manuahi me ka unuhi, e kelepona 'oe i ka helu ma kou kāleka ID. (Hawaiian)

Kom tau txais cov kev pab cuam txhais lus yam tsis sau nqi ntawm koj, thov hu rau tus xov tooj nyob ntawm koj daim npav ID. (Hmong)

Per accedere gratuitamente ai servizi linguistici, chiama il numero riportato sul tuo tesserino identificativo. (Italian)

無料の言語サービスをご利用いただくには、ご自身のIDカードに記載されている番号 にお電話ください。 (Japanese)

လၢကမၤန့်၊ ကျာ်တာ မၤစာၤတာ မၤ လၢတလိဉ်လာ်ဘူဉ်လာ်စ္၊ လၢနဂီ၊ အဂီ၊, ကိးနီဉ်ဂံ၊ လၢအအိဉ် ဖဲန ID အဖီခိဉ်န ဉ် တက္၍. (Karen)

무료로 언어 서비스를 이용하려면 ID 카드에 적힌 전화번호로 전화하세요. (Korean)

ເ ືພ່ ອເ ົ້ຂາເ ິຖງການບິລການພາສາໂດຍບ ເສຍຄ່າໃ ້ຊຈ່າຍໃດໆແກ່ ທ່ານ, ໃຫ້ໂທຫາເ ີບ ີທູ່່ຢໃນ ັບດປະ ໍຈາ ົຕວຂອງທ. (Laotian)

ដើមីទទួល នេស ផែ ក យេមិនគិតៃថ ពីអ កសូមទូរសព េលខែដល នេ លើ តស ល់ខ នរបស់អ ក។ (Mon-Khmer, Cambodian)

(Persian farsi) برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید

Aby uzyskać bezpłatny dostęp do usług językowych, zadzwoń pod numer podany na karcie ID. (Polish)

Ligue para o número que está no seu cartão de identificação para receber assistência linguística gratuita. (Portuguese)

Чтобы получить бесплатные языковые услуги, позвоните по номеру телефона, указанному на вашей идентификационной карте. (Russian)

Para acceder a servicios de idiomas sin costo alguno, llame al número que figura en su tarjeta de identificación. (Spanish)

Upang ma-access ang mga serbisyo sa wika nang wala kang babayaran, tawagan ang numero sa iyong ID card. (Tagalog)

Để truy cập dịch vụ ngôn ngữ miễn phí, hãy gọi đến số điện thoại trên thẻ ID của quý vị. (Vietnamese)

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**Aetna Medicare Plan (PPO) Member Services** 

Method	Member Services – Contact Information
Call	The number on your member ID card or <u>1-888-267-2637</u> Calls to this number are free. Hours of operation are 8 AM to 9 PM ET, Monday through Friday. Member Services <u>1-888-267-2637</u> (TTY users call <u>711</u> ) also has free language interpreter services available for non-English speakers.
ТТҮ	711 Calls to this number are free. Hours of operation are 8 AM to 9 PM ET, Monday through Friday
Write	Aetna Medicare PO Box 14089 Lexington, KY 40512
Website	AetnaRetireePlans.com

# **State Health Insurance Assistance Program (SHIP)**

SHIP is a state program that gets money from the federal government to give free local health insurance counseling to people with Medicare. Contact information for your state's SHIP is in **Appendix A** at the back of your *Evidence of Coverage* booklet.

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