Schedule of benefits

Prepared for:

Employer: The City of Seattle Control numbers: 0187729, 0187730

Contract number: ASC-0100290

Plan name: Choice POS II Most City Preventive Plan

Most City Employees

Fire Chiefs

Police Management

Seattle Housing Authority

Schedule of benefits: 1A

Plan effective date: January 1, 2023 Plan issue date: August 24, 2023

Third Party Administrative Services provided by Aetna Life Insurance Company

Schedule of benefits

This schedule of benefits (schedule) lists the **deductibles**, **copayments** or **payment percentage**, if any apply to the **covered services** you receive under the plan. You should review this schedule to become aware of these and any limits that apply to these services.

How your cost share works

- The **deductibles** and **copayments**, if any, listed in the schedule below are the amounts that you pay for **covered services**.
 - For the **covered services** under your medical plan, you will be responsible for the dollar amount
 - For pharmacy benefits where a percentage cost share acts like a copayment, you will be responsible for the percentage amount
- Payment percentage amounts, if any, listed in the schedule below are what the plan will pay for covered services.
- Sometimes your cost share shows a combination of your dollar amount **copayment** that you will be responsible for and the **payment percentage** that your plan will pay.
- You are responsible to pay any **deductibles**, **copayments** and remaining **payment percentage**, if they apply and before the plan will pay for any **covered services**.
- This plan doesn't cover every health care service. You pay the full amount of any health care service you get that is not a **covered service**.
- This plan has limits for some **covered services**. For example, these could be visit, day or dollar limits. They may be:
 - Combined limits between in-network and out-of-network providers
 - Separate limits for in-network and out-of-network providers
 - Based on a rolling, 12 month period starting with the date of your most recent visit under this plan
 See the schedule for more information about limits.
- Your cost share may vary if the **covered service** is preventive or not. Ask your **physician** or contact us if you have a question about what your cost share will be.

For examples of how cost share and **deductible** work, go to the *Using your Aetna benefits* section under Individuals & Families at https://www.aetna.com/

Important note:

Covered services are subject to the **deductible**, **maximum out-of-pocket**, limits, **copayment** or **payment percentage** unless otherwise stated in this schedule. The *Surprise bill* section in the booklet explains your protections from a surprise bill.

Under this plan, you will:

- 1. Pay your copayment
- 2. Then pay any remaining **deductible**
- 3. Then pay your payment percentage

Your **copayment** does not apply to any **deductible**.

How your deductible works

The **deductible** is the amount you pay for **covered services** each year before the plan starts to pay. This is in addition to any **copayment** or **payment percentage** you pay when you get **covered services** from an in-network, **out-of-network provider**. This schedule shows the **deductible** amounts that apply to your plan. Once you have met your **deductible**, we will start sharing the cost when you get **covered services**. You will continue to pay **copayments** or **payment percentage**, if any, for **covered services** after you meet your **deductible**.

How your PCP or physician office visit cost share works

You will pay the PCP cost share when you get covered services from any PCP.

How your maximum out-of-pocket works

This schedule shows the **maximum out-of-pocket limits** that apply to your plan. Once you reach your **maximum out-of-pocket limit**, your plan will pay for **covered services** for the remainder of that year.

Contact us

We are here to answer questions. See the *Contact us* section in your booklet.

This schedule replaces any schedule of benefits previously in use. Keep it with your booklet.

Plan features

Deductible

You have to meet your **deductible** before this plan pays for benefits.

Deductible type	In-network	Out-of-network	
Individual	\$100 per year	\$450 per year	
Family	\$300 per year	\$1,350 per year	

Common Accident Deductible		
Deductible type	In-network	Out-of-network
Common Accident	\$100 per year	\$450 per year
Deductible		

Deductible waiver

There is no in-network **deductible** for the following **covered services**:

- Preventive care
- Family planning services female contraceptives

Deductible and cost share waiver for contraceptives (birth control)

The **prescription** drug **deductible** and per **prescription** cost share will not apply to female contraceptive methods when obtained at a network pharmacy. This means they will be paid at 100%. This includes certain OTC and generic contraceptive **prescription** drugs and devices for each of the methods identified by the FDA. If a **generic prescription drug** is not available, the **brand-name prescription drug** for that method will be paid at 100%.

The **prescription** drug **deductible** and cost share will apply to **prescription** drugs that have a generic equivalent or alternative available within the same therapeutic drug class obtained at a network pharmacy unless we approve a medical exception. A therapeutic drug class is a group of drugs or medications that have a similar or identical mode of action or are used for the treatment of the same or similar disease or injury.

Maximum out-of-pocket limit

Includes the deductible.

Maximum out-of-	In-network	Out-of-network
pocket type		
Individual	\$2,000 per year	\$3,000 per year

Maximum	In-network	Out-of-network
out-of-		
pocket type		
Family	\$4,000 per year	\$6,000per year

Outpatient prescription drug maximum out-of-pocket limit

Individual	\$1,200 per year
Family	\$3,600 per year

General coverage provisions

This section explains the **deductible**, **maximum out-of-pocket limit** and limitations listed in this schedule.

Deductible provisions

Covered services apply to the in-network and out-of-network deductibles

The **deductible** may not apply to some **covered services**. You still pay the **copayment** or **payment percentage**, if any, for these **covered services**.

Individual deductible

You pay for **covered services** each year before the plan begins to pay. This individual **deductible** applies separately to you and each covered dependent. After the amount paid reaches the individual **deductible**, this plan starts to pay for **covered services** for the rest of the year.

Family deductible

You pay for **covered services** each year before the plan begins to pay. After the amount paid for **covered services** reaches this family **deductible**, this plan starts to pay for **covered services** for the rest of the year. To satisfy this family **deductible** for the rest of the year, the combined **covered services** that you and each of your covered dependents incur toward the individual **deductible** must reach this family **deductible** in a year. When this happens in a year, the individual **deductibles** for you and your covered dependents are met for the rest of the year.

Common Accident Deductible

This limit applies when two or more family members are injured in the same accident. The common accident deductible limit places a limit on your **deductible** expenses when covered expenses are applied toward the separate Calendar Year **deductibles**. When this occurs, and all covered expenses related to the accident in that Calendar Year exceed the common accident deductible limit, your plan will then pay the excess amount based on the plan **payment percentage**. The added benefit will be reduced by any family deductible limit benefit amount paid for the same covered expenses.

Deductible carryover

Any amounts that you paid for **covered services** in the last 90 days of a year that apply toward that year's **deductible** will also count toward the following year's **deductible**.

Copayment

This is the dollar amount you pay for **covered services**. In most plans, you pay this after you meet your **deductible** limit. In **prescription** drug plans, it is the amount you pay for covered drugs.

Per admission copayment

This is the amount you are required to pay when you or a covered dependent have a stay in an inpatient facility.

Payment Percentage

This is the percentage of the bill you pay after you meet your **deductible**.

Per admission cost share or deductible

A separate cost share or **deductible** may apply per facility. This is in addition to any other cost share or **deductible** applicable under this plan. It may apply to each **stay** or on a per day basis up to a per admission maximum amount. If you are in the same type of facility more than once, and your **stays** are separated by less than 10 days (regardless of cause), only one per admission cost share or **deductible** will apply. Not more than three per admission cost shares or **deductibles** will apply for a facility type during the year. **Covered services** applied to the per admission **deductible** can't be applied to any other **deductible** required under the plan. **Covered services** applied to the plan's other **deductible** will not apply to the per admission **deductible**.

Maximum out-of-pocket limit

The maximum out-of-pocket limit is the most you will pay per year in copayments, payment percentage and deductible, if any, for covered services.

Covered services apply to the in-network and out-of-network maximum out-of-pocket limit.

Individual maximum out-of-pocket limit

- This plan may have an individual and family maximum out-of-pocket limit. As to the individual maximum out-of-pocket limit, each of you must meet your maximum out-of-pocket limit separately.
- After you or your covered dependents meet the individual maximum out-of-pocket limit, this plan will
 pay 100% of the eligible charge for covered services that would apply toward the limit for the rest of the
 year for that person.

Family maximum out-of-pocket limit

After you or your covered dependents meet the family **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered services** that would apply toward the limit for the remainder of the year for all covered family members. The family **maximum out-of-pocket limit** is a cumulative **maximum out-of-pocket limit** for all family members.

To satisfy this **maximum out-of-pocket limit** for the rest of the year, the following must happen:

- The family maximum out-of-pocket limit is met by a combination of family members
- No one person within a family will contribute more than the individual maximum out-of-pocket limit amount in a year

If the **maximum out-of-pocket limit** does not apply to a **covered service**, your cost share for that service will not count toward satisfying the **maximum out-of-pocket limit** amount.

Certain costs that you have do not apply toward the maximum out-of-pocket limit. These include:

- Amounts paid toward the **deductible**
- Copayments and coinsurance
- All costs for non-covered services which are identified in the booklet and the schedule
- Charges, expenses or costs in excess of the recognized charge

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Limit provisions

Covered services will apply to the in-network and out-of-network limits.

Your financial responsibility and decisions regarding benefits

We base your financial responsibility for the cost of **covered services** on when the service or supply is provided, not when payment is made. Benefits will be pro-rated to account for treatment or portions of **stays** that occur in more than one year. Decisions regarding when benefits are covered are subject to the terms and conditions of the booklet.

Outpatient prescription drug maximum out-of-pocket limit provisions

Covered services that are subject to the **maximum out-of-pocket limit** include **covered services** provided under the medical plan and the **prescription** drug plan.

The maximum out-of-pocket limit is the most you will pay per year in copayments, payment percentage and deductible, if any, for covered services. This plan may have an individual and family maximum out-of-pocket limit.

For purposes of the following maximum out-of-pocket limit provisions:

- The individual **maximum out-of-pocket limit** applies to a person enrolled for self-only coverage with no dependent coverage
- The family maximum out-of-pocket limit applies to a person enrolled with one or more dependents
- The family **maximum out-of-pocket limit** is met by a combination of family members or by any single individual within the family

Individual prescription drug maximum out-of-pocket limit

Once the amount of the cost share you have paid during the year for **covered services** meets the individual **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered services** that apply toward the limit for you for the remainder of the year.

Family prescription drug maximum out-of-pocket limit

After the amount of the cost share you and your covered dependent pay for **covered services** during the year meets the family **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charges for **covered services** that apply toward the limit for the rest of the year for all covered family members.

This plan has an individual and family prescription drug maximum out-of-pocket limit

To satisfy this family **maximum out-of-pocket limit** for the rest of the year, the following must happen:

 The family maximum out-of-pocket limit is a cumulative maximum out-of-pocket limit for all family members. The family prescription drug maximum out-of-pocket limit is met by a combination of family members with no single person in the family contributing more than the individual maximum out-ofpocket limit in a year.

When this happens, the individual maximum out-of-pocket limit is also met for the rest of the year.

The maximum out-of-pocket limit may not apply to certain covered services. If the maximum out-of-pocket limit does not apply to a covered service, your cost share for that service will not count toward satisfying the maximum out-of-pocket limit.

Certain costs that you have do not apply toward the **maximum out-of-pocket limit**. These include:

All costs for non-covered services

Covered services

Acupuncture

Description	In-network	Out-of-network
	\$15 then the plan pays 100% per visit, no deductible applies	60% per visit after deductible

Visit limit per year	20	20
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Ambulance services

Description	In-network	Out-of-network
Emergency services	90% per trip after deductible	Paid same as in-network
Description	In-network	Out-of-network
Non-emergency services	90% per trip after deductible	90% per trip after deductible

Applied behavior analysis

Description	In-network	Out-of-network
Applied behavior analysis	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Autism spectrum disorder

Description	In-network	Out-of-network
Diagnosis and testing	Covered based on type of service and where it is received	Covered based on type of service and where it is received
Treatment	Covered based on type of service and where it is received	Covered based on type of service and where it is received
Occupational (OT), physical (PT) and speech (ST) therapy for autism spectrum disorder	Covered based on type of service and where it is received	Covered based on type of service and where it is received

Behavioral health

Mental health treatment

Coverage provided is the same as for any other illness

Description	In-network	Out-of-network
Inpatient services-room and board including	\$200 then the plan pays 90% per admission, no deductible applies	\$200 then the plan pays 60% per admission no deductible applies
residential treatment facility		

Description	In-network	Out-of-network
Outpatient office visit to	\$15 then the plan pays 100% per visit,	60% per visit after deductible
a physician or	no deductible applies	
behavioral health		
provider		
Physician or behavioral	\$15 then the plan pays 100% per visit,	60% per visit after deductible
health provider	no deductible applies	
telemedicine		
consultation		
Outpatient mental	Covered based on type of service and	Covered based on type of service and
health disorders	provider from which it is received	provider from which it is received
telemedicine cognitive		
therapy consultations by		
a physician or		
behavioral health		
provider		

Description	In-network	Out-of-network
Other outpatient services including:	100% per visit, no deductible applies	60% per visit after deductible
The cost share doesn't apply to in-network peer counseling support services		

Description	In-network	Out-of-network
Telemedicine provider	Covered based on type of service and	Not covered
mental health disorders	provider from which it is received	
consultation		

Substance related disorders treatment

Includes detoxification, rehabilitation and residential treatment facility

Coverage provided is the same as for any other illness

Description	In-network	Out-of-network
Inpatient services-room	\$200 then the plan pays 90% per	\$200 then the plan pays 60% per
and board during a	admission, no deductible applies	admission no deductible applies
hospital stay		

Description	In-network	Out-of-network
Outpatient office visit to	\$15 then the plan pays 100% per visit,	60% per visit after deductible
a physician or	no deductible applies	
behavioral health		
provider		
Physician or behavioral	\$15 then the plan pays 100% per visit,	60% per visit after deductible
health provider	no deductible applies	
telemedicine		
consultation		
Outpatient telemedicine	Covered based on type of service and	Covered based on type of service and
cognitive therapy	provider from which it is received	provider from which it is received
consultations by a		
physician or behavioral		
health provider		

Description	In-network	Out-of-network
Other outpatient services including:	100% per visit, no deductible applies	60% per visit after deductible
The cost share doesn't apply to in-network peer counseling support services		

Description	In-network	Out-of-network
Telemedicine provider	Covered based on type of service and	Not covered
substance related	provider from which it is received	
disorders consultation		

Clinical trials

Description	In-network	Out-of-network
Experimental or	Covered based on type of service and	Covered based on type of service and
investigational	where it is received	where it is received
therapies		
Routine patient costs	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Durable medical equipment (DME)

Description	In-network	Out-of-network
DME	90% per item after deductible	60% per item after deductible

Emergency services

Description	In-network	Out-of-network
Emergency room	\$150 then the plan pays 90% per visit, no deductible applies	Paid same as in-network
Non-emergency care in a hospital emergency room	\$150 then the plan pays 60% per visit, no deductible applies	\$150 then the plan pays 60% per visit, no deductible applies

Emergency services important note: Out-of-network providers do not have a contract with us. However, for out of network emergencies the federal No Surprises Act applies. If the provider bills you for an amount above your cost share, you are not responsible for payment of that amount. You should send the bill to the address on your ID card and we will resolve any payment issue with the provider. Make sure the member ID is on the bill. If you are admitted to the hospital for an inpatient stay right after you visit the emergency room, you will not pay your emergency room cost share if you have one. You will pay the inpatient hospital cost share, if any.

Foot orthotic devices

Description	In-network	Out-of-network
Orthotic devices	100% per item, no deductible applies	60% per item after deductible
Lifetime maximum limit	\$500	\$500

Habilitation therapy services

Physical (PT), occupational (OT) therapies

Description	In-network	Out-of-network
PT, OT therapies	100% per visit, no deductible applies	60% per item after deductible
Speech therapy (ST)		
Description	In-network	Out-of-network
ST	100% per visit, no deductible applies	60% per item after deductible

Hearing aids

Description	In-network	Out-of-network
Hearing aids	90% per item , no deductible applies	90% per item no deductible applies

Limit	One per ear every 36 months	One per ear every 36 months
Limit	\$1,500	\$1,500

Hearing exams

Description	In-network	Out-of-network
Hearing exams	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received
Visit limit	1 visit every 12 months	1 visit every 12 months

Home health care

A visit is a period of 4 hours or less

Description	In-network	Out-of-network
Home health care	90% per visit after deductible	60% per visit after deductible
Visit limit per year	130	130

Home health care important note:

Intermittent visits are periodic and recurring visits that skilled nurses make to ensure your proper care. The intermittent requirement may be waived to allow for coverage for up to 12 hours with a daily maximum of 3 visits.

Hospice care

Description	In-network	Out-of-network
Inpatient services -	90% after deductible	Not covered
room and board		

Description	In-network	Out-of-network
Outpatient services	90% per visit after deductible	Not covered

Limit per lifetime	unlimited	Not covered

Hospice important note:

This includes part-time or infrequent nursing care by an R.N. or L.P.N. to care for you up to 8 hours a day. It also includes part-time or infrequent home health aide services to care for you up to 8 hours a day.

Hospital care

Description	In-network	Out-of-network
Inpatient services –	\$200 then the plan pays 90% per	\$200 then the plan pays 60% per
room and board	admission, no deductible applies	admission no deductible applies
Visit limit per year	120	120

Infertility services

Basic infertility

Description	In-network	Out-of-network
Treatment of basic	Covered based on type of service and	Covered based on type of service and
infertility	where it is received	where it is received

Comprehensive infertility services

Description	In-network	Out-of-network
	90% per visit after deductible	60% per visit after deductible

Advanced reproductive technology (ART)

Description	In-network	Out-of-network
	90% per visit after deductible	60% per visit after deductible

Limits

Description	In-network	Out-of-network
Limit per lifetime ART	\$20,000	\$20,000
and Comprehensive		
services combined	Combined for in-network and out-of-	Combined for in-network and out-of-
	network benefits	network benefits

Jaw joint disorder

Includes TMJ

Description	In-network	Out-of-network
Jaw joint disorder	Covered based on type of service and	Covered based on type of service and
treatment	where it is received	where it is received
Limit per lifetime	\$5,000	\$5,000

Maternity and related newborn care

Includes complications

Description	In-network	Out-of-network
Inpatient services –	\$200 then the plan pays 90% per	\$200 then the plan pays 60% per
room and board	admission, no deductible applies	admission no deductible applies
The per admission copay amount for newborns will be waived		
Services performed in	90% per visit after deductible	60% per visit after deductible
physician or specialist		
office or a facility		
Other services and supplies	90% after deductible	60% after deductible

Maternity and related newborn care important note:

Any cost share collected applies only to the delivery and postpartum care services provided by an OB, GYN or OB/GYN. Review the *Maternity* section of the booklet. It will give you more information about coverage for maternity care under this plan.

Oral and maxillofacial treatment (mouth, jaws and teeth)

Description	In-network	Out-of-network
Orthodontic treatment directly related to an orthognathic surgical procedure	90% (of the negotiated charge) per visit after deductible	90% (of the recognized charge) per visit after deductible
Orthodontic treatment directly related to an orthognathic surgical procedure Lifetime Maximum	\$10,000	\$10,000
All other Oral and maxillofacial treatment (mouth, jaws and teeth)	Covered based on type of service and where it is received	Covered based on type of service and where it is received

Institutes of Quality – Bariatric Surgery

Description	In network (IOQ Facility)	In network (Non-IOQ Facility)	Out-of-network
Inpatient	\$200 then the plan pays 90% per admission no deductible applies	Not covered	Not covered
Outpatient	90% per visit after deductible	Not covered	Not covered
Precertification may be	required		
Physician services including office visits	Covered according to the type of benefit and the place where the service is received.	Not covered	Not covered

Outpatient prescription drugs

Generic prescription drugs

Description	In-network	Out-of-network
31 day supply at a retail	\$10 or 30% whichever is greater but no	Not covered
pharmacy	more than \$100, no deductible applies	
90 day supply at a mail	\$20 or 30% whichever is greater but no	Not covered
order pharmacy	more than \$200, no deductible applies	

Brand-name prescription drugs

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Description In-network		Out-of-network	
31 day supply at a retail	\$10 or 40% whichever is greater but no	Not covered	
pharmacy	more than \$100, no deductible applies		
90 day supply at a mail	\$20 or 40% whichever is greater but no	Not covered	
order pharmacy	more than \$200, no deductible applies		

Generic prescription drugs for smoking cessation, asthma and antihyperlipidemic (including specialty drugs)		
Per prescription cop	payment/payment percentage	
For each fill up to a 31 day supply filled at a retail pharmacy	\$5 or 10% whichever is greater, but no more than \$100 per supply, no deductible applies	Not covered
90 day supply at a mail order pharmacy	\$10 or 20% whichever is greater, but no more than \$200 per supply, no deductible applies	Not covered
Lifetime Maximum for Smoking Cessation Aids or Drugs	One 180 day supply	Not covered

Brand-name prescription drugs for smoking cessation, asthma and antihyperlipidemic (including specialty drugs)		
Per prescription copayment/payment percentage		
For each fill up to a 31 day supply filled at a retail pharmacy	\$10 or 20% whichever is greater, but no more than \$100 per supply, no deductible applies	Not covered
90 day supply at a mail order pharmacy	\$20 or 40% whichever is greater, but no more than \$200 per supply, no deductible applies	Not covered

Proton Pump Inhibitors and Non-Sedating Antihistamines			
Monthly Maximum Benefit paid by plan (applies to covered prescription strength and over-the-counter equivalent versions. See your Booklet for details.	\$20	Not covered	

Anti-cancer drugs taken by mouth

Description	In-network	Out-of-network
30 day supply	\$0, no deductible applies	Not covered

Generic Diabetic supplies, drugs and insulin

Description	In-network	Out-of-network
31 day supply at a retail pharmacy	\$5, no deductible applies	Not covered
90 day supply at a mail order pharmacy	\$10, no deductible applies	Not covered

Brand Name Diabetic supplies, drugs and insulin

Description	In-network	Out-of-network
31 day supply at a retail	\$15, no deductible applies	Not covered
pharmacy		
90 day supply at a mail	\$30, no deductible applies	Not covered
order pharmacy		

Outpatient surgery

Description	In-network	Out-of-network
At hospital outpatient	90% per visit after deductible	60% per visit after deductible
department		
At facility that is not a	90% per visit after deductible	60% per visit after deductible
hospital		
At the physician office	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Physician and specialist services

Physician services-general or family practitioner

Description	In-network	Out-of-network
Physician office hours (not-surgical, not preventive)	\$15 then the plan pays 100% per visit, no deductible applies	60% per visit after deductible
Physician surgical services	\$15 then the plan pays 100% per visit, no deductible applies	60% per visit after deductible

Description	In-network	Out-of-network
Physician telemedicine	\$15 then the plan pays 100% per visit,	60% per visit after deductible
consultation	no deductible applies	

Description	In-network	Out-of-network
Telemedicine provider consultation	Covered based on type of service and provider from which it is received	Not covered
Basic medical services		

Description	In-network	Out-of-network
Physician visit during	90% per visit after deductible	60% per visit after deductible
inpatient stay		

Specialist

Description	In-network	Out-of-network
Specialist office hours	\$15 then the plan pays 100% per visit,	60% per visit after deductible
(not-surgical, not preventive)	no deductible applies	
Specialist surgical	\$15 then the plan pays 100% per visit,	60% per visit after deductible
services	no deductible applies	

Description	In-network	Out-of-network
Specialist telemedicine	\$15 then the plan pays 100% per visit,	60% per visit after deductible
consultation	no deductible applies	

Description	In-network	Out-of-network
Telemedicine provider	Covered based on type of service and	Not covered
consultation	provider from which it is received	
Specialist services		

All other services not shown above

Description	In-network	Out-of-network
All other services	90% per visit after deductible	60% per visit after deductible

Preventive care

Description	In-network	Out-of-network
Breast pump,	Electric pump: 1 every 1 year	Covered as part of durable medical
accessories and supplies		equipment when medically necessary
limit	Manual pump: 1 per pregnancy	
	Pump supplies and accessories: 1	
	purchase per pregnancy if not eligible to	
	purchase a new pump	
Breast pump waiting	Electric pump: 1 year to replace an	Covered as part of durable medical
period	existing electric pump	equipment when medically necessary
Counseling for alcohol or	100% per visit, no deductible applies	Not covered
drug misuse		
Counseling for alcohol or	5 visits/per year	Not covered
drug misuse visit limit		
Counseling for obesity,	100% per visit, no deductible applies	Not covered
healthy diet		
Counseling for obesity,	Age 22 and older: 26 visits per year, of	Not covered
healthy diet visit limit	which up to 10 visits may be used for	
Constitution for the state of t	healthy diet counseling.	Notes
Counseling for sexually	100% per visit, no deductible applies	Not covered
transmitted infection	2 :: 1. /	Notes
Counseling for sexually	2 visits/per year	Not covered
transmitted infection		
visit limit	1000/ namicit na daductible annice	Net covered
Counseling for tobacco cessation	100% per visit, no deductible applies	Not covered
	O visita/nanvaan	Net covered
Counseling for tobacco cessation visit limit	8 visits/per year	Not covered
	\$15 than the plan page 1000/ par visit	600/ nor visit often deductible
Family planning services (female contraception	\$15 then the plan pays 100% per visit, no deductible applies	60% per visit after deductible
counseling)	no deductible applies	
Abortion	90% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Outpatient	after deductible	after deductible
Outpatient	arter deductible	arter deductible

Immunizations	100%, no deductible applies	Not covered
Immunizations limit	Subject to any age limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	Not covered
Pouting physical ovam	For details, contact your physician	Not covered
Routine physical exam Routine physical exam limits	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration for children and adolescents Under age 6 years: maximum visits unlimited per year;	Not covered Not covered
	From age 6 years to age 12 years: maximum visits: 2 visits per year; From age 12 years and older maximum: 1 visit per year. High risk Human Papillomavirus (HPV) DNA testing for woman age 30 and older limited to 1 every 36 months	
Well woman GYN exam	100% per visit, no deductible applies	60% per visit after deductible
Well woman GYN exam limit	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration

Private duty nursing

Up to 8 hours equals one shift

Description	In-network	Out-of-network
Outpatient services	90% per visit after deductible	60% per visit after deductible

Prosthetic Devices

Description	In-network	Out-of-network
Prosthetic devices	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Reconstructive surgery and supplies

Including breast surgery

Description	In-network	Out-of-network
Surgery and supplies	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Routine cancer screenings

Description	In-network	Out-of-network
Colonoscopy	100% per visit, no deductible applies	60% per visit after deductible
Digital rectal examination (DRE)	100% per visit, no deductible applies	Not covered
Double contrast barium enemas (DCBE)	100% per visit, no deductible applies	Not covered
Fecal occult blood test (FOBT)	100% per visit, no deductible applies	Not covered
Mammogram	100% per visit, no deductible applies	60% per visit after deductible
Prostate specific antigen (PSA) test	100% per visit, no deductible applies	Not covered
Sigmoidoscopy	100% per visit, no deductible applies	Not covered
Cancer screening limits	Subject to any age, family history and frequency guidelines as set forth in the most current: Evidence-based items that have a rating of A or B in the current recommendations of the USPSTF The comprehensive guidelines supported by the Health Resources and Services Administration	Subject to any age, family history and frequency guidelines as set forth in the most current: Evidence-based items that have a rating of A or B in the current recommendations of the USPSTF The comprehensive guidelines supported by the Health Resources and Services Administration
	For more information contact your physician or see the <i>Contact us</i> section	For more information contact your physician or see the <i>Contact us</i> section
Lung cancer screening	Not covered	Not covered
Limit	Not covered	Not covered

Short-term rehabilitation services

A visit is equal to no more than 1 hour of therapy.

Cognitive rehabilitation

Description	In-network	Out-of-network
Cognitive rehabilitation	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Physical, massage, occupational, cardiac and pulmonary therapies

Description	In-network	Out-of-network
	\$15 then the plan pays 100% per visit,	60% per visit after deductible
	no deductible applies	

Speech therapy (ST)

	\$15 then the plan pays 100% per visit,	60% per visit after deductible
	no deductible applies	

Physical, massage, occupational, cardiac and pulmonary therapies

Description	In-network	Out-of-network
Visit limit per year	25	25
All therapies combined In-network and out-of- network combined		

Spinal manipulation

Description	In-network	Out-of-network
	\$15 then the plan pays 100% per visit, no deductible applies	60% per visit after deductible

Visit limit per year	20	20
In-network and out-of-		
network combined		

Skilled nursing facility

Description	In-network	Out-of-network
Inpatient services -	\$200 then the plan pays 90% per	\$200 then the plan pays 60% per
room and board	admission, no deductible applies	admission, no deductible applies
Other inpatient services	90% per admission, no deductible	60% per admission, no deductible
and supplies	applies	applies

Tests, images and labs – outpatient

Diagnostic complex imaging services

Description	In-network	Out-of-network
	90% per visit after deductible	60% per visit after deductible

Diagnostic lab work

Description	In-network	Out-of-network
	90% per visit after deductible	60% per visit after deductible

Diagnostic x-ray and other radiological services

Description	In-network	Out-of-network
	90% per visit after deductible	60% per visit after deductible

Therapies

Chemotherapy

Description	In-network	Out-of-network
Chemotherapy services	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Gene-based, cellular and other innovative therapies (GCIT)

Description	In-network (GCIT-designated	Out-of-network
	facility/provider)	(Including providers who are otherwise part of Aetna's network but are not GCIT-designated facilities/ providers)
Services and supplies	Covered based on type of service and where it is received	Not covered
Gene therapy products, prescription drugs	90% per visit after deductible	Not covered

Infusion therapy

Outpatient services

Description	In-network	Out-of-network
In physician office	\$15 then the plan pays 100% per visit, no deductible applies	60% per visit after deductible
At an infusion location	Covered based on type of service and where it is received	Covered based on type of service and where it is received
In the home	90% per visit after deductible	60% per visit after deductible
At hospital outpatient department	90% per visit after deductible	60% per visit after deductible
At facility that is not a hospital	90% per visit after deductible	60% per visit after deductible

Radiation therapy

Description	In-network	Out-of-network
Radiation therapy	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Respiratory therapy

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Description	In-network	Out-of-network
Respiratory therapy	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Transplant services

Description	In-network (IOE facility)	Out-of-network (Includes providers who are otherwise
		part of Aetna's network but are non-IOE providers)
Inpatient services and	\$200 then the plan pays 90% per	\$200 then the plan pays 60% per
supplies	transplant, no deductible applies	transplant no deductible applies
Physician services	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

Urgent care services

At a freestanding facility or **provider** that is not a **hospital**

A separate urgent care cost share will apply for each visit to an urgent care facility or provider

Description	In-network	Out-of- network
Urgent care facility	\$15 then the plan pays 100% per visit,	60% per visit after deductible
	no deductible applies	

Walk-in clinic

Description	In-network	Out-of-network
Non-emergency services	\$15 then the plan pays 100% per visit,	60% per visit after deductible
	no deductible applies	
Preventive	100% per visit, no deductible applies	Not covered
immunizations		
Immunization limits	Subject to any age and frequency limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	Not covered
	For details, contact your physician	