

STUDENT MENTAL HEALTH SUPPORTS NETWORK

INFORMATION SESSION

AUGUST 16, 2023, 3:00-4:00PM



PLAN FOR TODAY

Time	Agenda Item
3 – 3:20	Investment History, Vision, Proposal Overview
3:20 – 3:55	Discussion & Q&A
3:55 – 4:00	Closing & Next Steps

Today's Objectives

- Share **history** of pilot and Learning Community
- Outline **vision** for Student Mental Health Supports Network
- Review **proposal** process and **answer questions**

MENTAL HEALTH INVESTMENTS: COUNCIL BUDGET ACTIONS

SY22-23: \$500K → Student Mental Health Supports (SMHS) Pilot

SY23-24/SY24-25: \$4M → Pilot expands to Student Mental Health Supports Network (SMHSN)

Five SMHS Pilot Schools

Aki Kurose MS → Rainier Beach HS

Denny MS → Chief Sealth HS

Ingraham HS

Students

- Listening Sessions at pilot schools
- Meetings with Seattle Student Union
- Student Expertise Sub-Committee convenings

Learning Community

- Convenings with school leaders, staff, students, & CBO partners
- Surveys & worksheets
- Spring site visits

PHSKC & SPS

- MH experts embedded in Learning Community
- Identifying student mental health needs, measurable outcomes, & source data
- Needs assessment criteria development

STAKEHOLDER ENGAGEMENT

CULTURALLY-SPECIFIC RESPONSIVE (CSR) FOCUS

There's a **critical gap** in providing CSR, healing-centered mental health services for BIPOC students.

“We want more counselors and therapists **with similar lived experiences as the youth they serve**. Students need someone they can count on and relate to.”
- *FEEST student organizer*

“We want you to allocate funding to (...)schools for Behavioral and Mental Health for students and increase access to social & emotional support, mental health counseling, and emergency supports for youth impacted by gun violence incidents. We, the students want to inform what this looks like in our school.” Rainier Beach HS Student Townhall .

Mental health supports exist on a continuum with key points identified as:

**Direct Clinical
Care**

**Mental and
Emotional Health
Screenings and
Referrals**

**Social & Emotional
Learning**



Seattle Department of
Education & Early Learning

FROM PILOT TO NETWORK

KEY PILOT LEARNINGS

CSR Focus

Pilot Throughlines

Implementation Successes &
Challenges

Student Expertise

LEARNING COMMUNITY INFLUENCE

Investment Framework

Landscape analysis

Needs Assessment criteria

NEEDS ASSESSMENT CRITERIA

Data sources: Healthy Youth Survey, SPS Administrative Data, School Climate Survey, OSPI Report Card, SPD crime map

Score Categories (Composite)	Indicators & Data Source
Mental Health Outcome	Suicidal ideation, Depression, Anxiety (HYS)
Risk Factors	Adverse Experiences (HYS; OSPI)
	Behavior (HYS; SPS Admin)
	Community-level Violent Crime Rates (SPD Crime Map)
Protective Factors	Social-emotional Well-being (HYS)
	School Climate (SPS School Climate Survey)
	Community; Trusted Adults (SPS School Climate; HYS)
Demographic Priority	ELL, BIPOC

NEEDS ASSESSMENT ANALYSIS

Filters:

- Include comprehensive ([non-option](#)) high schools

Benchmarks:

- Schools with a decile score of 4.0 or higher on student demographics composite
- Schools with a decile score of 4.0 or higher on mental health need composite

NEEDS ASSESSMENT ANALYSIS

School	Total Student Count (2022-23 school year)	Mental Health Need Composite Score	Mental Health Composite Decile (4 items)	Risk Factors Composite Decile (9 items)	Protective Factors Composite Decile - Reversed (5 items)	Student Demographics Composite Decile (2 items)
Ingraham High School	1454	7.0	8.0	5.7	7.2	5.0
Chief Sealth High School	1292	6.4	5.3	6.2	7.8	7.5
Nathan Hale High School	1100	4.9	4.0	5.0	5.8	4.5
Garfield High School	1628	4.8	4.8	5.0	4.6	5.0
Rainier Beach High School	819	4.5	2.3	5.6	5.6	9.5
Cleveland High School	902	4.2	4.0	4.1	4.6	6.5
Franklin High School	1177	4.0	3.3	4.4	4.4	8.5

Student Mental Health Supports Network (SMHSN) Goals

Page 3 in the RFI Overview Document

- **Goal 1:** Leverage the expertise of **trusted community-based partners** to offer CSR mental health supports across the continuum by providers who **share BIPOC students' identities** and who have similar lived experiences, inclusive of family engagement centered on CSR family supports that are multilingual, asset-based, and welcoming.
- **Goal 2:** Identify and address **root causes and indicators** of student mental health issues (risk factors), including substance abuse, disconnection from school and ongoing truancy and absenteeism, and unhealthy relationships, while providing **experiences and environments** that can sustain and improve student mental health (protective factors), including delivering professional development that promotes adult learning to support students and creating opportunities for student-led decision-making by authentically sharing power and investment resources with youth.
- **Goal 3:** Embed and implement **culturally-responsive healthcare and hiring practices** within clinical care supports and SBHCs to increase language access, referral for services, trauma-informed approaches, and person-centered healthcare.

FROM PILOT TO NETWORK

Page 2 of RFI Overview Document

The **purpose of the Network** is to -

- **Strengthen coordination** among partners (schools; community-based partners; students and families),
- Leverage **participant expertise** to provide more coordinated and streamlined care to students and families,
- Foster opportunity for **community learning to inform systemic approaches** to CSR student mental health supports throughout the continuum.

PROPOSAL GUIDANCE

Page 3 of RFI Overview Document

- **Due:** Friday, September 15, 2023, by 11:59pm
- **Funding amount:** \$113,843 - \$227,687
 - This funding is multi-year and the same funding thresholds per school will apply in SY 2024-25.
- **Recommended page limit:** 2 pages, 12-point font, double-spaced, for each section
- **Submit proposals** via email to Vik Cheema and Amelia Moore with the subject line – School Name/2023-24 MH Proposal
 - [Vik Cheema:Vik.Cheema@seattle.gov](mailto:Vik.Cheema@seattle.gov)
 - [Amelia Moore:Amelia.Moore@seattle.gov](mailto:Amelia.Moore@seattle.gov)

PROPOSAL SECTIONS & SCORING CRITERIA

For full criteria see page 12 of RFI Overview

Section	Score
1. Proposed Interventions (pg. 5)	20
2. Culturally Specific & Responsive (pg. 6)	20
3. Progress Monitoring (pg. 6)	20
4. Readiness (pg. 7)	40
5. Budget (pg. 7)	Mandatory, not scored
Total Points	100

CONSULTATIONS & TIMELINE

Schedule a 1:1 consultant session during the open proposal period between DEEL and your team to support proposal development.

Wed August 16th Info Session

Th August 17th – Th September 14th – 1:1s available

Fri September 15th – Submission due

Fri October 20th – Award Notifications