

Medgar Evers Pool Fall Lessons

November 1 - December 18 2021



206-684-4766

***No Lessons On: 11/11 & 11/25**



Class	Session	Day	Times	Dates	Classes	Cost	Barcode
Parent & Little Dipper 6 month - 3 yrs	1	Monday	5-5:30pm	11/1-12/13	7	\$56.00	44602
		Thursday*	5-5:30pm	11/4-12-16	5	\$40.00	44584
		Saturday	10:30-11am	11/6-12/18	7	\$56.00	44665
Parent & Big Dipper 3 yrs - 6 yrs	1	Tuesday	5-5:30pm	11/2-12/14	7	\$56.00	44667
		Wednesday	5-5:30pm	11/3-12/15	7	\$40.00	44668
		Saturday	10:30-11am	11/6-12/18	7	\$56.00	44669
Water Explorer 6 yrs -16 yrs	1	Monday	5:30-6pm	11/1-12/13	7	\$56.00	44718
		Tuesday	5:30-6pm	11/2-12/14	7	\$56.00	44719
		Wednesday	5:30-6pm	11/3-12/15	7	\$56.00	44720
		Thursday*	5:30-6pm	11/4-12/16	5	\$40.00	44721
		Saturday	11-11:30am	11/6-12/18	7	\$56.00	44722
Water Discovery 6 yrs - 16 yrs	1	Monday	5:30-6pm	11/1-12/13	7	\$56.00	44723
		Tuesday	5:30-6pm	11/2-12/14	7	\$56.00	44724
		Wednesday	5:30-6pm	11/3-12/15	7	\$56.00	44725
		Thursday*	5:30-6pm	11/4-12/16	5	\$40.00	44726
		Saturday	11-11:30am	11/6-12/18	7	\$56.00	44727
Advanced Swimmer 6 yrs - 16 yrs	1	Monday	5:30-6pm	11/1-12/13	7	\$56.00	44728
		Tuesday	5:30-6pm	11/2-12/14	7	\$56.00	44729
		Wednesday	5:30-6pm	11/3-12/15	7	\$56.00	44730
		Thursday*	5:30-6pm	11/4-12/16	5	\$40.00	44731
		Saturday	11-11:30am	11/6-12/18	7	\$56.00	44732
Adults	1	Saturday	11:30-12pm	11/6-12/18	7	\$56.00	44733
Swim Team Prep	1	Saturday	11:30-12pm	11/6-12/18	7	\$56.00	44734

YOU CAN BE A SUPER HERO TOO!

Can you make a donation? To make your donation to the Seattle Parks and Recreation swim lesson scholarship fund, visit any Seattle Parks and Recreation swimming pool, or donate online to www.arcseattle.org/get-involved/. For more information, call your local pool. Be a hero and help every child become a super swimmer!

Do you know a child who needs a scholarship? To learn more about applying, or to receive an income based Scholarship, please contact your neighborhood pool, or apply online at <http://www.seattle.gov/parks/find/scholarships-and-financial-aid>. Funding is limited. Approved scholarships can be used for Parent w/Little Dippers, Parents w/Big Dipper, Water Explorer, Water Discover, Advanced Swimmer, Swim Team Prep and adult.

Medgar Evers Pool- Fall 2021 Swim Lessons

500 23rd Ave 206-684-4766

Fall 2021 Registration Begins Tuesday October 19 at 12.

Welcome Back to Swim Lessons with Seattle Parks and Recreation

Lessons begin, Monday, November 1 and will end Sunday, December 19, 2021

Due to COVID safety measures lessons will look different and have different names. All lessons will be taught by an instructor leading from the pool deck. In some cases parents or a responsible adult are asked to be in the water with the learning child.

If you need to have your child pretested, please contact Medgar Evers Pool and we will have a swim instructor assess your child's swimming.

Cancellations can occur if activities don't meet course minimum number of students.

There is a 10% fee for processing all transfers and withdrawals.

Sorry, we cannot give credits or make-ups for missed classes.

Parents with Little Dippers, Ages 6 months - 3 years old

Parent and child in the water working on beginning water adjustment skills and appropriate water safety. Songs, water games, and plenty of playtime included.

Parents with Big Dippers, Ages 3 years old - 6 years old

For non-swimmers using parent or responsible adult to assist child in the water. Basic water skills are taught with the help of adults for safety and support.

Water Explorer, Ages 6 years old - 16 years old

This class is for children who are considered "beginners" because they don't know how to do crawl stroke, but they can or will attempt to put their face in the water and float or kick on their own.

Water Discovery, Ages 6 - 16 years old

Children have the basic swimming skills of floating, gliding, kicking, and rolling from front to back for at least 15 yards.

Advanced Swimmer, Ages 6 - 16 years old

Prerequisite: Students must feel comfortable in deep water and able to swim at least 15 yards without stopping while demonstrating front crawl stroke with bilateral breathing, and proper whip kick on their back. Children not ready will be moved to Water Discovery if there is room in a different activity.

Swimmers who have received a card indicating they have mastered "Water Discovery" may sign up for "Advanced Swimmer" activities. Instructors will introduce and guide swimmers through other strokes while continuing to teach safety, fitness, and skill proficiency.

Learning new strokes: Elementary Backstroke, Backstroke, Breaststroke, and Butterfly, plus continued practice swimming crawl stroke.

Swim Team Prep, Ages 6 - 16 years old

Experience the challenge of competitive swimming! This class is for students who have successfully participated in at least 2 quarters of Advanced Swimmer. Instruction will focus on improving stroke technique, flip turns, racing starts, learning about sets and send-offs and an overall improvement of endurance and speed. Swimmer who are not ready for Swim Team Prep will be moved to an appropriate class.

Adults, 16 year +

All ability levels welcome! Small groups with similar goals are arranged so instruction can focus on the basics all the way to learning a variety of strokes and water safety. Enjoy exploring the possibilities while developing lifelong and lifesaving skills.