

# 2009 Spring Skills Training



## Seattle Office of Emergency Management

**March 7:**

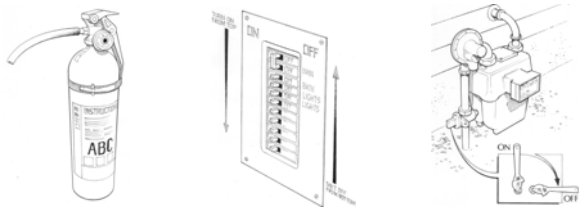
***Fire Extinguisher & Utility Control***  
***9:00-11:00 a.m. or 12:00-2:00 p.m.***

**April 4:**

***Disaster First Aid—8:30 a.m.-5:00 p.m.***

**May 30:**

***Search & Rescue—8:30 a.m.-3:00 p.m.***



**NEW THIS YEAR: No class fees!**  
**Pre-registration required.**

### Course Descriptions

**Fire Extinguisher & Utility Control:** Live fire training using small, portable fire extinguishers. Two-hour class also teaches participants how and when to control utilities such as natural gas, water and electricity.

**Disaster First Aid:** Eight-hour class includes standard First Aid/CPR certification valid for two years. Participants also learn how to care for and deal with multiple injuries after a major disaster when 9-1-1 is overwhelmed and unavailable.

**Search and Rescue:** Hands-on class provides instruction on safe, effective simple search and rescue methods. Learn basic rescuer safety, five stages of rescue, search methods and markings, basic construction practices, utility safety and control, safe lifting of heavy objects. Bring hard hat, leather gloves, flashlight. Wear comfortable clothing and sturdy shoes to practice on the floor.



- ◆ Enhance your ability to personally respond during disasters.
- ◆ Excellent training for organized community groups—neighbors, friends, co-workers.
- ◆ Learn essential life-saving skills.

**All classes are held on Saturdays at this location:**

Warren G Magnuson Park  
7400 Sand Point Way NE  
(the old naval station)

Space is limited. Register early!

**To register, please call**  
**206-233-7123**  
**Or e-mail: [snap@seattle.gov](mailto:snap@seattle.gov)**



**Include your name, e-mail, phone, course(s) interested.**

*You will receive confirmation with additional details two weeks prior to class.*