

P-PATCH Inclusion Training Resource List October 2021

Dimension of Diversity	Resource	Medium
Age	<u>Let's end ageism Ashton Applewhite</u>	Video
	<u>I'm Not Done: It's Time to Talk About Ageism in the Workplace by Patti Temple</u>	Book
	<u>Ageism: Stereotyping and Prejudices Against Older Persons by Todd D. Nelson</u>	Book
	<u>We Are Ageist</u>	Website
	<u>Ageism: The Accepted "ism" in the Workplace</u>	Podcast
	<u>LeadingAge: Ageism Unmasked</u>	Podcast
	<u>Ageism: A "Prevalent and Insidious" Health Threat</u>	Article
	<u>Understanding Today's Multigenerational Workforce AIHR Digital</u>	Article
Race	<u>Uncomfortable Conversations with a Black Man</u>	Video
	<u>The 10 R's of Talking About Race: How to Have Meaningful Conversations</u>	Article
	<u>We Are Meaningful</u>	Podcast
	<u>Code Switch</u>	Podcast
	<u>Greenlining: Moving Our Country Forward</u>	Website
	<u>Talking About Race: National Museum of African American History and Culture</u>	Website
	<u>How to Be An Antiracist by Ibram Kendi</u>	Book
	<u>How the Word is Passed by Clint Smith</u>	Book

	<u>So You Want to Talk About Race</u> by Ijeoma Oluo	Book
Gender	<u>Catalyst: Workplaces That Work for Women</u>	Website
	<u>Why I Choose to Put My Pronouns on My LinkedIn Profile</u>	Article
	<u>If There's Only One Woman In Your Candidate Pool, There's Statistically No Chance She'll be Hired</u>	Article
	<u>Being an Ally: How Men Can Advocate for Women</u>	Podcast
	<u>Everyday Sexism</u>	Video
	<u>Transgender Rights History as Told by Laverne Cox</u>	Video
	<u>The Memo: What Women of Color Need to Know to Secure a Seat at the Table</u> by Minda Harts	Book
	<u>National Center for Transgender Equality</u>	Website
Sexual Orientation	<u>Discrimination Comes in Many Forms</u>	Article
	<u>AIDS Is Going to Lose</u>	Article
	<u>Back Talk</u>	Podcast
	<u>Making Gay History</u>	Podcast
	<u>Human Rights Campaign</u>	Website
	<u>How We Fought for Our Lives</u> by Saeed Jones	Book
	<u>A Living History of the LGBT Movement Since the 1800s</u>	Video
	<u>What You Need to Know About the Gay Rights Movement</u>	Video

Mental Health	Social Work License Map: 60 Digital Resources for Mental Health	Website
	NAMI (National Alliance on Mental Illness)	Website
	The 15 Best Mental Health Books of 2021	Article
	Psychology Today Index of Blogs	Article
	Speak	Video
	Silent Superheroes	Podcast
	The Positive Psychology Podcast	Podcast
Abilities	Center for Disability Rights	Website
	Disability Pride Month	Article
	The Harmful Ableist Language You Unknowingly Use	Article
	The Importance of Disability Employee Resource Groups	Article
	I'm not your inspiration, thank you very much	Video
	The Accessible Stall with Kyle and Emily	Podcast
	Disabilities: The Basics by Tom Shakespeare	Book
Religion/ Values	Accommodating Religion, Belief, and Spirituality in the Workplace	Website
	HBR: Creating Space for Religious Diversity at Work	Article
	Forbes: Six Proven Benefits of Meditation in the Workplace	Article
	Supporting Muslims in the Workplace Through Ramadan and Beyond	Article

	Everyday Example: Religion in the Workplace	Video
	Religion in the Workplace: Pluralism, Spirituality, Leadership by Douglas A. Hicks	Book
	Managers: Are You Prepared to Handle Religion in the Workplace?	Podcast
Parental/ Family Status	American Association of University Women	Website
	25 Must-Follow Parenting Blogs	Article
	Struggles For Working Parents Are Likely To Remain Post-Pandemic	Article
	Big Brothers & Big Sisters Diversity Equity & Inclusion Resource Guide	Video
	Families Like Mine: Children of Gay Parents Tell It Like It Is by Abigail Garner	Book
	Secret Daughter: A Mixed-Race Daughter and the Mother Who Gave Her Away by June Cross	Book
	16 Parenting Podcasts You Shouldn't Miss Out On	Podcast
Appearance	Looks Aren't Everything. Believe Me, I'm a Model.	Video
	The Master Body Positivity Resource List	Website
	NCCJ: Colorism	Website
	The Beauty Bias	Podcast
	Attractive People Get Unfair Advantages at Work. AI Can Help.	Article
	New Research Reveals Why 'Appearance Discrimination' Is Making Workplaces Even More Toxic	Article
	The Harmful Effects of Fat Shaming	Article

Socio-economic Status	American Psychological Association: Ethnic and Racial Minorities & Socioeconomic Status	Website
	This Is Not a Handout	Podcast
	Banker to the Poor: Micro-Lending and the Battle Against World Poverty by Muhammad Yunus	Book
	Blaming the Poor by Susan D. Greenbaum	Book
	5 ways to fight wealth inequality, according to economists	Video
	The costs of inequality: Money = quality health care = longer life	Article
	The New National American Elite	Article
Inclusion/ Equity/ Allyship	Belonging at Work by Rhodes Perry	Book
	Empathy for Change by Amy J Wilson	Book
	Inclusion: Diversity, the New Workplace and the Will To Change by Jennifer Brown	Book
	Better Allies: Everyday Actions to Create Inclusive, Engaging Workplaces by Karen Catlin	Book
	It's Time To Talk About Race at Work by Kelly McDonald	Book
	The Urgency of Intersectionality	Video
	Love Has No Labels	Video
	Inclusion Starts with I	Video