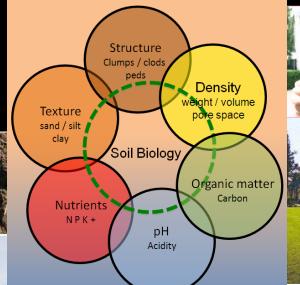
# IPM Benefits of Healthy Soils:

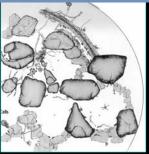
## Soil Science and Maintenance Practices for Sustainable Landscapes

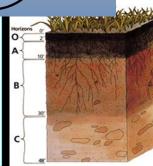
Healthy Soils parts 1+2 - short for WSU ReCert class 12-4-2019.pptx, and City of Seattle IPM Seminar 9-30-2019

David McDonald Seattle Public Utilities david.mcdonald@seattle.gov

With slides from
James Urban, FASLA, ISA
Urban Tree + Soils









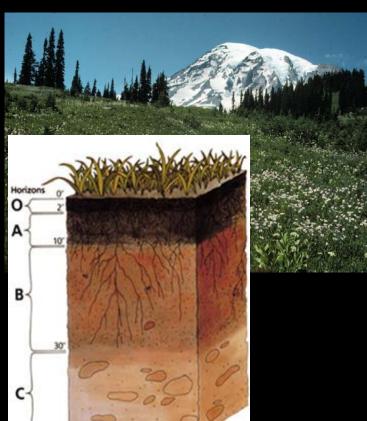
Based on Healthy Soils Part 1 and Healthy Soils Part 2 by James Urban and David McDonald from ASLA conference Phoenix 9/6/2012, and Soil Improvement for Stormwater, Erosion, & Landscape Success by

David McDonald for WSU Low Impact Development. Updated 2/27/2019

www.SoilsforSalmon.org www.BuildingSoil.org

# Natural soils vs.

- Uniform across site
- Natural horizons
- Adequate OM, nutrients, structure for native plants



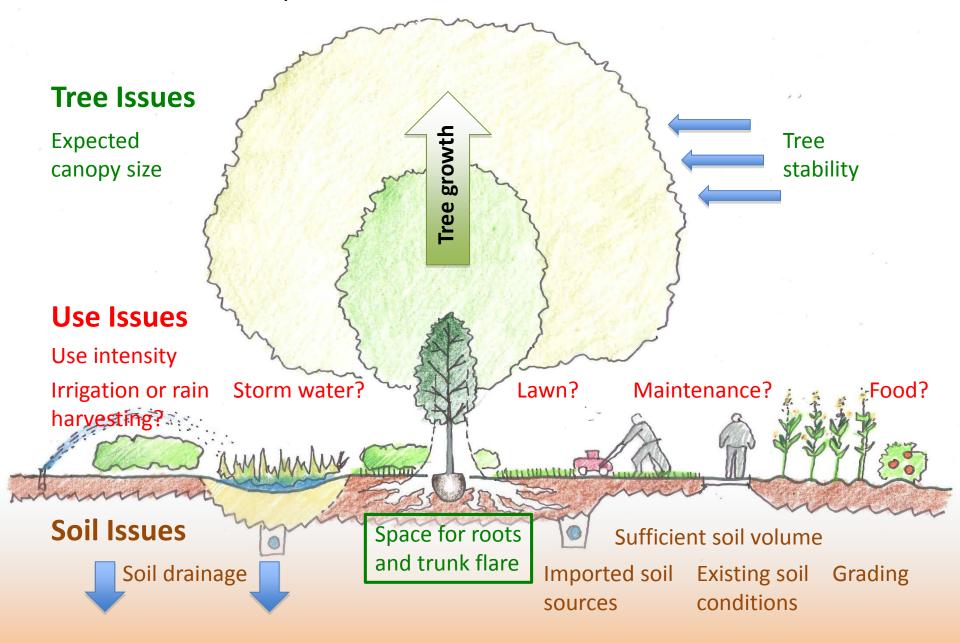
## Disturbed urban soils

- Vary across site
- Topsoil layer removed
- Compaction, low OM
- Subsoil (or worse) fill layers

Debris, toxins?



#### Soil Goals and Requirements



# Air and water movement / Soil Profile

# Sub-Soils in the Puget Sound Basin: Leftovers from glaciers & volcanoes



glacial till: unsorted, unstratified mixtures of clay, silt, sand, gravel, and boulders; deposited under ice, or in moraines

hardpan: till compacted under glacier

outwash soils: layers sorted by particle
 size by water - sand / gravel / rocks -

lake/marine bed soils: clay or silt that settled out in lakes & estuaries

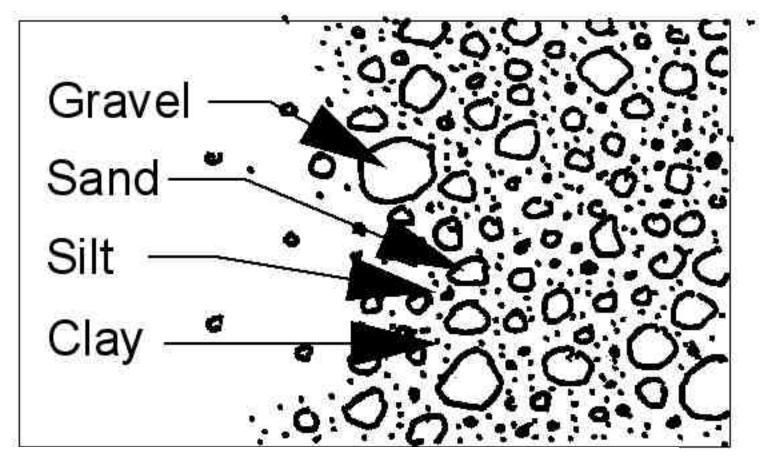




volcanic ash: light, fertile, holds moisture mostly blown east of Cascades

mudflows: mixed size, compact - like till

Learn about Puget Sound soils at: <a href="https://www.puyallup.wsu.edu/soilmgmt/Soils.html">www.puyallup.wsu.edu/soilmgmt/Soils.html</a>



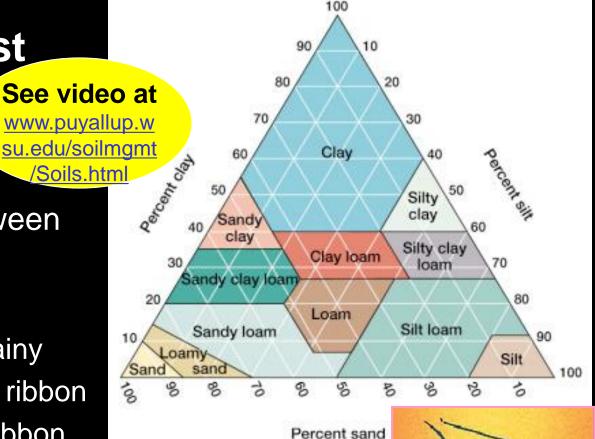
Soil Texture (= particle size)

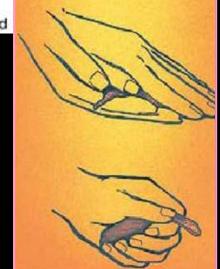
**Soil Texture Test** 

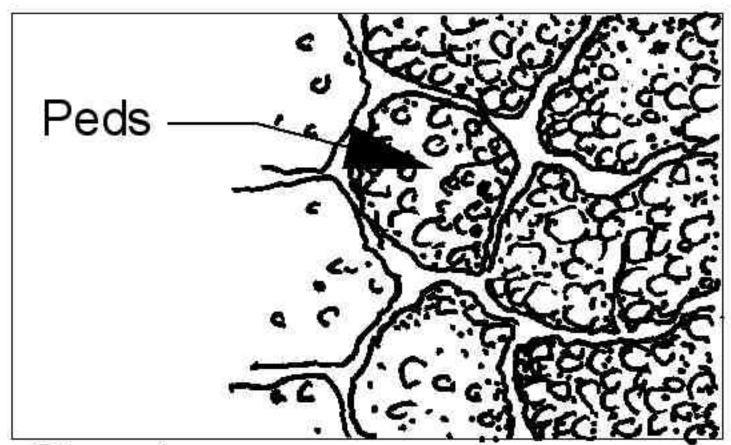
Ribbon+feel test:

Moisten soil, roll between hands, then squeeze out with thumb:

- Sand: no ribbon, grainy
- Sandy loam: ½ inch ribbon
- Loam: thick 1 inch ribbon
- Silt: makes flakes rather than ribbon
- Silty clay loam: thin, breaks easily, has floury feel
- Sandy clay loam: stronger, has grainy feel
- Clay: long (3 inch) ribbon, has smooth feel







# Structure

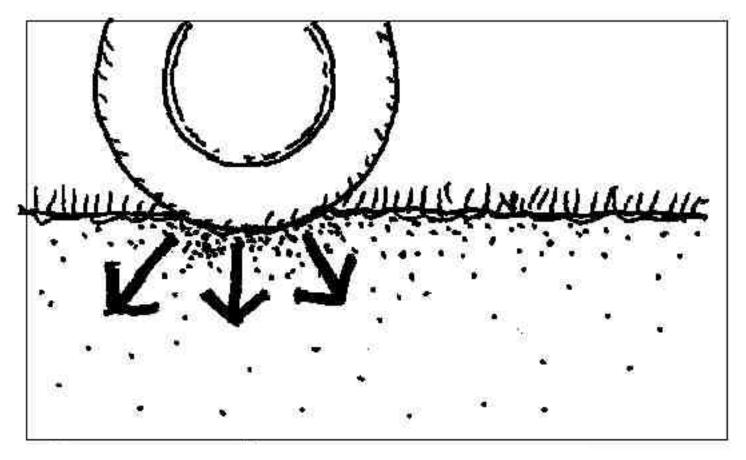
Don't grind up your soil! Mix loosely to preserve the peds.



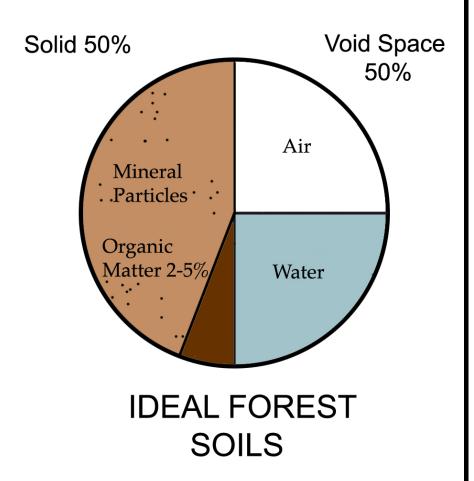
Organic amendments (compost) improve structure in all soil types, through biological activity and bio-chemical modifications.

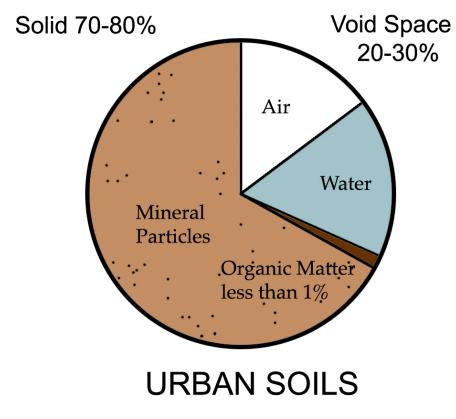




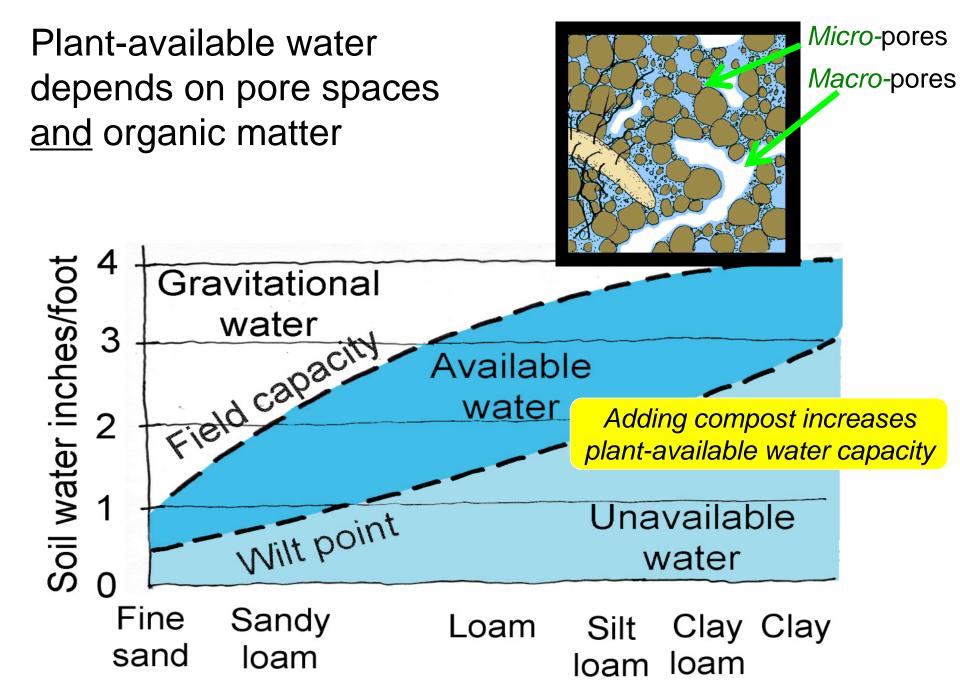


**Density or Compaction** 





As compaction increases, pore space for water and air decreases







Compacted vs. Amended

Examining soil profile with shovel

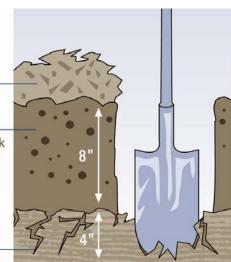
To verify scarification of subsoil and amendment of upper 8" with compost.



#### LOOSE SOIL

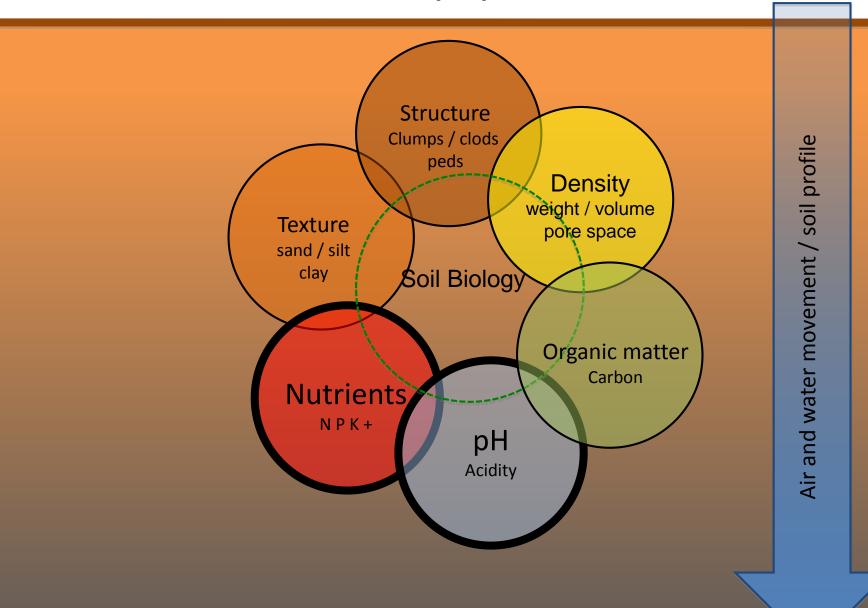
with visible dark organic matter

LOOSE OR FRACTURED SUBSOIL



Test holes should be one foot deep — after first scraping away any mulch, and about one foot square.

#### **Chemical properties of soil**



#### **Elements Required by Plants**

Base elements

**Macronutrients** 

Micronutrients

Oxygen (O) Hydrogen (H)

Carbon (C)

CO<sub>2</sub>, the source of carbon for Photosynthesis, diffuses into leaves from the air through stomata. Nitrogen (N)

Phosphorus (P)

Potassium (K)

Calcium (Ca)

Magnesium (Mg)

Sulfur (S)

Through stomata, leaves expel H2O and

Boron (B)

Chlorine (CI)

Cobalt (Co)

Copper (Cu)

Iron (Fe)

Manganese (Mn)

Molybdenum (Mo)

Zinc (Zn)

Roots take in O₂ and expel CO<sub>2</sub>. The plant uses O2 for cellular respiration but is a net O2 producer.

Adding compost increases nutrient availability to plants!

Roots absorb H₂O and minerals From the soil.

Minerals

image: extension.missouri.edu

#### Sand

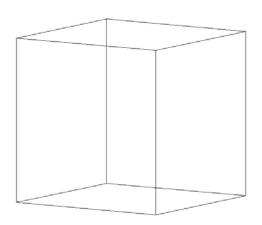
1 Particle Fine **Sand** .2mm 0.24mm<sup>2</sup> Surface Area

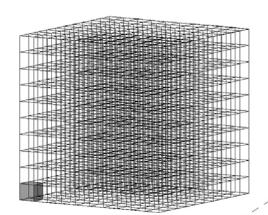
#### Silt

1,000 Particles **Silt** .02mm 2.4 mm<sup>2</sup> Surface Area

#### Clay

1,000,000 Particles **Clay** .002 mm 24 mm<sup>2</sup> Surface Area





The smaller the particle the greater the CEC.

Humus/clay colloids have the most!

Adding organic (mulch & compost) increases CEC and nutrient capacity of all soil types.

Fine sand 0.24mm

Silt 2.4mm

Clay 24mm

Relative surface area

# Cation Exchange Capacity (CEC) for

planting soil mixes

Low fertility soil Less than 5

Medium fertility 5-10

High fertility 10-30

Compost/humus up to 200!

# **USDA pH Classification**

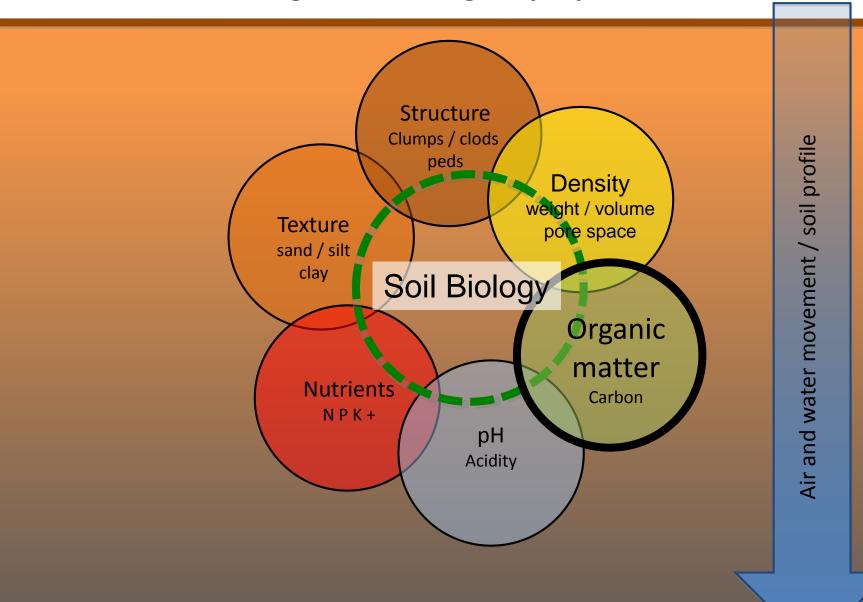
#### pH range

Ultra acid	1.8 - 3.4	Toxic to most plants
Extremely acid	3.5 - 4.4	Restrictive to most plants
Very strong acid	4.5 - 5.0	
Strongly acid	5.1 - 5.5	Acid-tolerant plants
Moderately acid	5.6 - 6.0	
Slightly acid	6.1 - 6.5	Best nutrient availability for most plants
Neutral	6.6 - 7.3	
Slightly alkaline	7.4 - 7.8	Alkaline-tolerant plants
Moderately alkaline	7.9 - 8.4	
Strongly alkaline	8.5 - 9.0	Restrictive to most plants
Very strongly alkaline	9.1 - 11.0	Toxic to most plants

Lower or higher pH decreases availability of different nutrients

Adding humus (compost) buffers soil pH towards 6.3 to 6.8, best for nutrient availability to plants

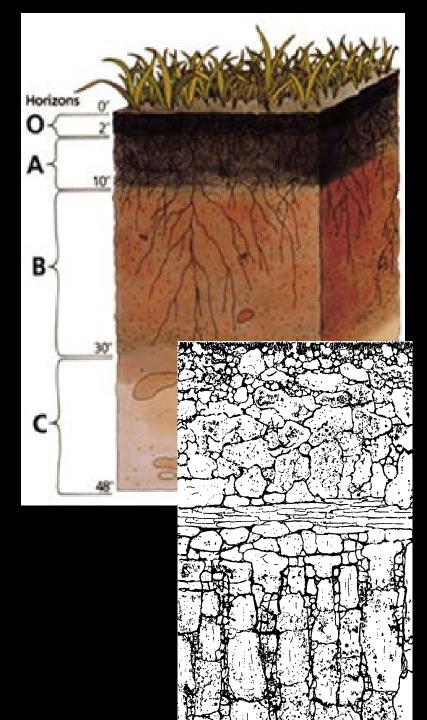
#### **Organic & Biological properties of soil**



# Soil development from parent "dirt" & rock – biology in action!

#### Soil horizons & their evolution

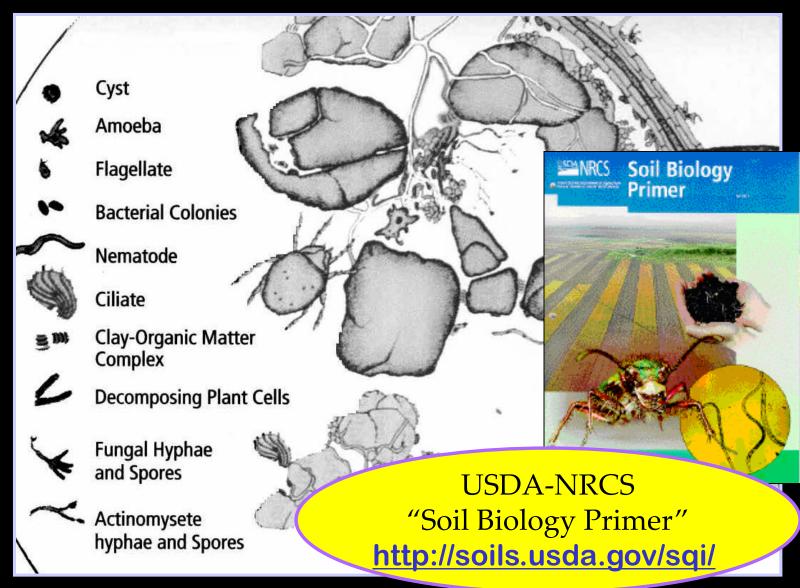
- Substratum (C) or bedrock (R) weathers physically & chemically to subsoil (B)
- Primarily <u>biological</u> processes create topsoil (A) and organic (O) horizons



http://soils.usda.gov

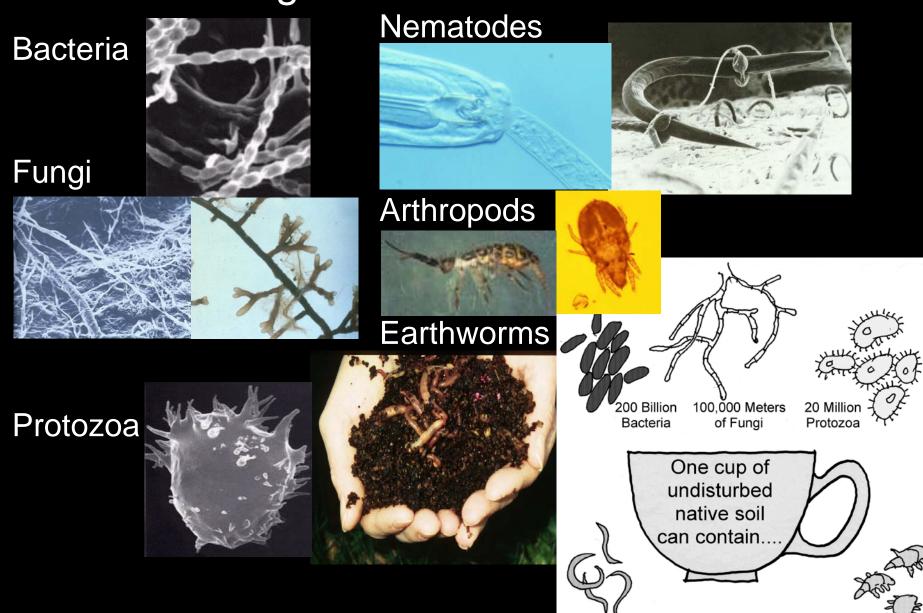
# Understanding Soil <u>Biology</u> Soil life provides essential functions

Soil is alive!



S. Rose & E.T. Elliott

# Common organisms in the soil foodweb



100,000 Nematodes

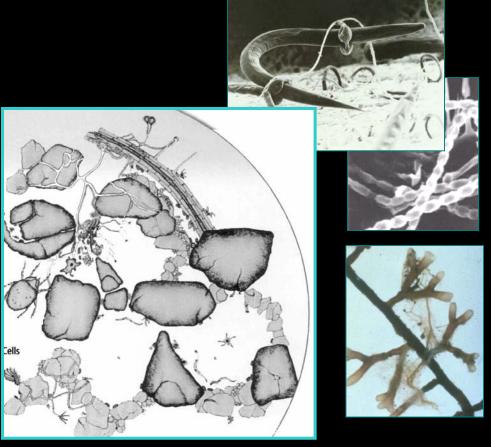
50,000 Arthropods

# Restoring soil life, to restore soil functions

## Soil organisms create:

- soil structure
- fertility = nutrient cycling
- plant disease protection
- Bio-filtration
- erosion control
- stormwater detention & moisture capacity





Compost kickstarts the soil ecosystem! (Provides food and home for organisms)

# How can we enhance & restore soil biodiversity, to improve plant growth, water quality, and reduce runoff?

- Prevent /reduce compaction (keep heavy machinery off)
- Reduce intensive use of pesticides & soluble fertilizers
- Incorporate compost into soil, and mulch regularly, to <u>feed soil</u> <u>life</u>



organic matter + soil organisms + time creates ⇒ soil structure, biofiltration, fertility, & stormwater detention Plants as indicators of soil differences and problems



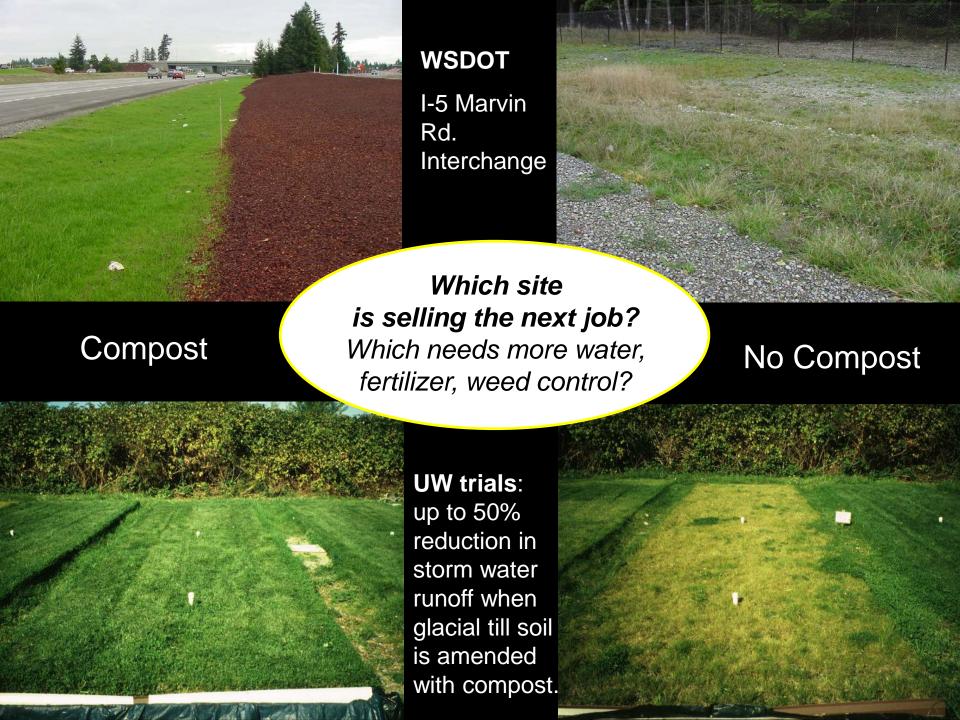














# Regulatory requirements

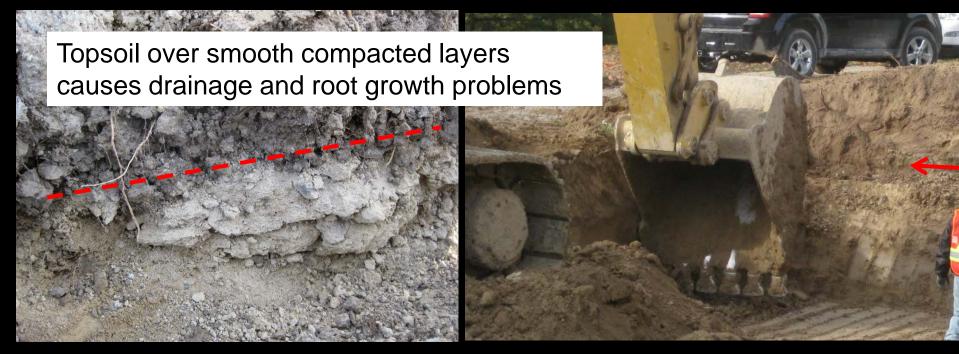
for new construction, in WA Dept. of Ecology's Stormwater Mgmt. Manual for Western WA



## BMP T5.13 "Post-Construction Soil Quality and Depth"

- Retain native soil and duff wherever possible
- All areas cleared and graded require 8 inch soil depth:
  - Organic matter content ≥ 10% dry weight (5% for turf)
  - Use native topsoil, amend existing soil with compost, or import topsoil blend
  - Subsoil scarified 4 inches below 8-inch topsoil layer
  - Protect amended soil from compaction
  - Mulch after planting
  - Maintenance practices to replenish organic content

# Soil Interfaces







# Loss of organic matter

- Plan to preserve existing soil & vegetation where possible
- Minimize grading, cut and fill
- Minimize traffic off road bases
- Even a low-organic subsoil can be substantially restored by amending 10-25% (by volume) with mature, stable compost.



# Chemical changes

- pH (sometimes due to compacted, anaerobic conditions)
- Nutrient deficiencies (loss of topsoil)
- Toxins: oil, metals, chemicals

Compost amendment tends to correct all of these

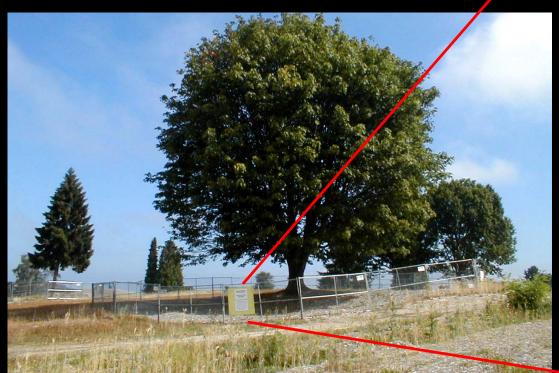
Visually examine and smell, then test for suspected deficiencies, toxins, & pH

Chose well-adapted plants, tolerant of your soil conditions (pH etc.)



# Protect soil & vegetation during construction

- Fence vegetation & soil protection zones
- Inform all contractors & subs: no stockpiles etc.
- If temporary vehicle access required, place steel plates over
   6" coarse wood chip.





# Restoring soil in place

Place sub-drainage if req'd

 Range of equipment for different-sized sites

 If compacted, rip (scarify) to 12-18" depth before or while amending

 2-4" compost mixed into upper 8-12" of soil



Soil harvesting, storage, & re-installation

- Harvest at start of grading
- Store covered with breathable fabric, coarse wood chips, or sterile annual grass to prevent erosion and weeds
- Amend with compost just before re-spreading
- Rip in first lift to avoid sharp soil interfaces (which can limit air and water movement)
- Don't work soil when saturated





# Soil Installation Working with soils with retained peds



Teeth on loader bucket

Constantly loosen soil while installing to avoid buildup of deep compaction. Back drag over loader tracks each time.

Require all equipment to have teeth on bucket to scarify soil

Require low ground pressure equipment (4 psi preferred - 5 psi max)

# Amending soils on site

Place sub-drainage if req'd

 Range of equipment for different-sized sites

 If compacted, rip (scarify) to 12-18" depth before or while amending

2-3" compost mixed into upper 8-12" of soil





# **How to Select Compost**

Know your supplier!



#### Field tests:

- earthy smell not sour, stinky, or ammonia
- brown to black color
- uniform particle range
- stable temperature (does not get very hot if re-wetted)
- not powdery or soaking wet

## Soil/compost lab test info:

- Nutrients
- Salinity
- pH
- % organic content (OM)

## Mfr.-supplied info:

- State permitted composting facility
- Meets US Compost Council (STA)
   "Seal of Testing Assurance"
   TMECC lab test methods, specs:
  - C:N ratio
  - Weed-seed trials
  - Nutrients, salinity, contaminants
  - Size: "screen", % fines

#### **Stability /Maturity:**

- use Solvita test on-site (> 6)
- <u>or</u>
- rely on mfr's TMECC tests: CO<sup>2</sup> evolution and seedling growth <sub>37</sub>

# Compost Based Erosion Control BMPs

- EPA-approved BMPs:
   blankets, berms, and socks
   see www.buildingsoil.org
- "2 for 1" value use compost for erosion control, then till in at end to restore soil:
  - No disposal costs
  - Faster planting, better growth
- Costs: blankets similar to rolled products, but savings on disposal, plus 2 for 1 benefits



More info at www.BuildingSoil.org

# Soil biological additive products

Compost teas – useful in remediation, but just use good compost for soil preparation

Mycorrhizal inoculants – species specific, also in soil from healthy trees

Kelp & other organic additives – match plant nutrient needs – good for micronutrients

Fertilizers – stick with organic sources, match plant needs – compost often supplies most needs for establishment.

Base fertilization on soil test results!





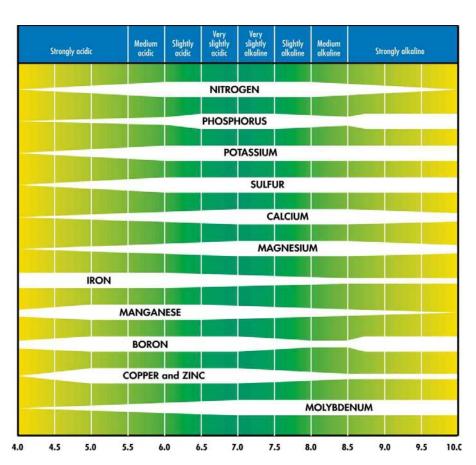




# Soil chemistry & pH modifications

- Match plant selection to site soils, rather than trying to modify chemistry
- Compost buffers pH, acid or alkaline towards optimal 6.3-6.8
- Compost increases cation exchange capacity (CEC) = nutrient storage & avail
- Lime as needed for Ca & Mg plant needs
- Sulfur applications only lower pH temporarily

#### Plant problems? Get a soil test.



# Rationale for less fertilizer for urban trees and landscapes

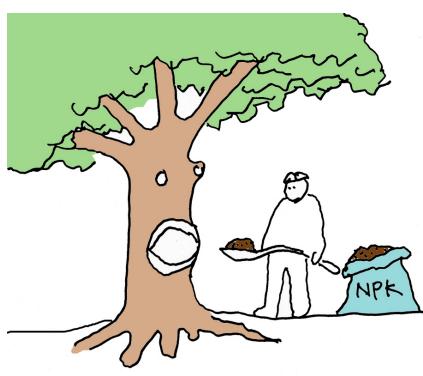
Not crops – Fruit production or crop yields not required

Sufficient required nutrients available to support plant goals

No yearly harvest/removal of biomass

Slower growth may be a desirable trait

Too much N increases sucking insects and foliar diseases, and annual weeds



Feed the soil, not the plant by mulching and leaving fallen leaves.

Plant problems? Get a soil test.

## **Soil Maintenance**

Using mulches after planting and for annual maintenance

#### **BENEFITS:**

Mulches limit weed growth, and make weeds that sprout easier to pull or cultivate.

Mulches conserve water, moderate soil temperature, and reduce erosion.



Mulches replenish soil organic matter, enhancing soil biodiversity, structure, and nutrient cycling = increased plant vigor.

# Mulching

**WHEN** After planting, and once every year or two:

- Spring or fall on trees and shrubs to prevent weeds.

Early summer on gardens.(Let soil warm up.)

- Fall on beds to prevent erosion and compaction.

**WHERE** Whole beds, paths, 3 ft. or larger ring around trees & shrubs in lawns.

**HOW** Remove weeds & grass before spreading mulch. Keep mulch away from plant stems. Use cardboard weed barrier (not fabric) to control aggressive weeds.

43

# Mulching

#### **WHAT**

Woody mulches (arborist wood chips, bark)

for woody plants (trees & shrubs).

Non woody mulches
(compost, leaves, grass clippings, composted manure or biosolids) for non-woody plants
(annuals, perennials, berries, roses).

#### **HOW MUCH**

Compost, leaves, sawdust, fine bark, grass clippings: 1-2" deep.

Wood chips or coarse bark: 2-4" deep.

## Other Soil Maintenance Practices

- Leave plant litter, recycle fall leaves and chipped prunings into mulch on site.
- Mulch-mow lawns (leave the clippings)
- Base all fertilizer applications on soil tests (every 1-3 years on most sites).
   Learn about soil testing at www.puyallup.wsu.edu/soilmgmt/Soils.html

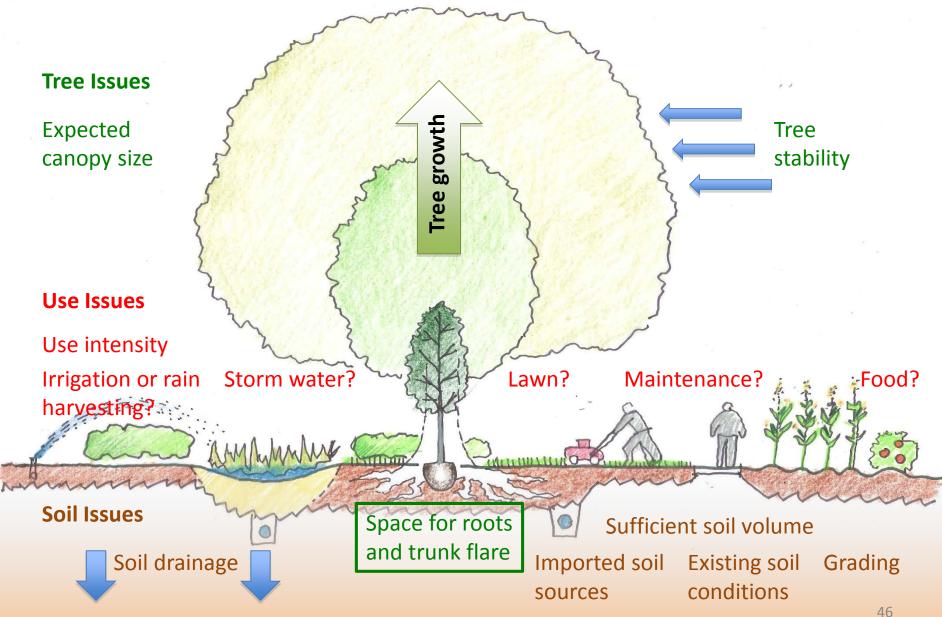
See videos and factsheets on "Collecting a soil sample", ""Determining soil texture by hand", and "Understanding soil test results".

 More urban soil remediation & maintenance strategies in *Up by Roots* by James Urban.





#### Soil Goals and Requirements – Right plant, right place, <u>right</u> soil!



#### Resources to learn more:

WSU Soil Management – testing & more www.puyallup.wsu.edu/soilmgmt/Soils.html





www.sustainablesites.org

Up By Roots: Healthy Soils and Trees in the Built Environment By James Urban, available at Amazon



**Building Soil Manual www.buildingsoil.org** 

Natural Landscaping: Design, Build, Maintain and other resources in English and Spanish at <a href="https://www.seattle.gov/util/landscapeprofessionals">www.seattle.gov/util/landscapeprofessionals</a>

